

# HOPE SERVICES

MAY  
2017

Seeing Potential ~ Inspiring Opportunities

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## CHILD ABUSE PREVENTION MONTH



**Thank you to the professionals of HOPE who participated in wearing blue in April in support of Child Abuse Prevention Month!**

April has been a time to acknowledge the importance of families and communities working together to prevent child abuse. The majority of child abuse cases stemmed from situations and conditions that can be preventable when community programs and systems are engaged and supportive. A community that cares about early childhood development, parental support, and maternal mental health, for instance, is more likely to foster nurturing families and healthy children.



*HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.*

Listen to WNDH 103.1 every Thursday at 12:30 p.m. for more information about HOPE Services.

HOPE Services website:  
[www.henrydd.org](http://www.henrydd.org)

## UPCOMING BOARD MEETINGS

**ALL HCBDD BOARD MEETINGS BEGIN AT 4:00 P.M. IN THE HOPE SERVICES ACTIVITY CENTER**

May 16, 2017  
June 20, 2017  
July 18, 2017

Henry County Special Olympics  
29<sup>th</sup> Annual Awards Banquet

Thursday, May 18, 2017  
6:00 p.m.

- potluck • bring a dish to pass • drinks supplied

Come enjoy an evening of fun, memories and awards.





# HARC CELEBRITY BASKETBALL CHALLENGE

The HARC Celebrity Basketball Challenge was held April 8 at the Napoleon High School Grand Canyon. This basketball game was a fund raiser for HARC. The teams were coached by legendary coaches Paul Wayne and Greg Merrill. Special Olympics athletes played with the likes of Joe Good (NHS Basketball Coach), Kevin Garringer (Henry County Auditor), Steve Tucker (HOPE Superintendent), Brad Booth (Henry County Transportation Network), Jeff Liechty (Special Olympic Coach), Kelsey Tietje (Heartland Collegiate Athletic Conference Player of the Year), Kent Tietje (former Defiance College Basketball Player), Kaitlyn Helberg, Lindsey Murray and Cameron Caryer. There was a 50/50 drawing and a silent auction. Over \$1,000 was raised. The final score was Wayne's Warriors 49 and Merrill's Marvels 45. A great time was had by all!



# EASTER EGG HUNT!

The Early Intervention children and their families enjoyed an Easter Egg Hunt in April at the HOPE Services office. There were tons of activities for all to enjoy.



# VOICES OF HOPE

Join us for the **VOICES OF HOPE Self-Advocacy Group Meeting** Friday, May 12, at 4:30 p.m. at HOPE Services. Guest speaker talking about "Knowing Who To Trust". Thrivent members interested in helping us fund an Action Team Project for Self-Advocacy, please contact Tina Parsons at 419-599-2892, ext. 222.



# HOPE'S HOT DOG & BRATWURST BASH

**FRIDAY,  
JUNE 9, 2017  
11:00 A.M. TO 1:00 P.M.**

**FREE WILL  
DONATION**

## **PROCEEDS TO BENEFIT CASA**

(Court Appointed Special Advocate)  
an agency who provides volunteers  
who are trained and appointed by  
the court to help represent the  
best interest of children

*HOPE Services*

*135 E. Maumee, Napoleon*

*• eat in, drive through or carry out •*

FINANCIAL ASSISTANCE  
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# SUPPORTED EMPLOYMENT SERVICES



This month we would like to recognize Johnathon Ickes. Johnathon has been employed at Clubhouse Pizza in Hamler for a little over a year. He is assigned several tasks to complete on the job. He fills sauce cups, makes boxes, washes dishes, makes French fries and remos as well as fills the pizza line and pop cooler. At times he even gets to assist with making pizzas for customers! Johnathon's favorite part of his job is just coming to work. He enjoys working in the community. His favorite item to eat is the Chicken, Bacon, and Ranch Pizza! YUMMY! Johnathon is well liked by all his coworkers and Julia (coworker) states that he is a very hard worker and always seeks extra tasks. Johnathon is at Clubhouse in the evenings on Thursdays and Saturdays, so stop by and order yourself a pizza and remos and don't forget to say hello to Johnathon!

## In The Spotlight



# J O B C L U B



This month at Job Club we discussed the importance of living a healthy lifestyle and how it can affect your behavior, energy level and so much more while at work. We began with talking about eating a well-balanced meal for breakfast, lunch and dinner. The individuals were shown food and drink labels to indicate the serving size as well as the amounts of sugars and fats in the product. Now a lot of people drink pop, it tastes so good. Have you ever measured out how much sugar is in a 20 oz. pop? Well, we did! In the pictures you will be able to see

the approximate amount of sugar that a 20 oz. pop contains. The individuals were in awe! We then discussed exercise. Exercise is another big aspect to staying healthy. Just taking a walk or dancing around the living room is considered exercise.

The reason for this topic today was that we have so many individuals that work in or around the fast food environment and we are all guilty of frequently eating unhealthy. Sometimes we just need reminders to get back in to healthy habits so we can be on top of our game at work and in life. Eating healthy and exercising regularly will help boost our energy and become an overall happier person to be around. It can be quite hard to make it through the work day at times, but eating healthy will assist with making it happen.



## SUPPORTED EMPLOYMENT SERVICES

### DON'T TOSS 'EM, RECYCLE THEM!

Do you have an Epson printer that no longer works or is not needed? Supported Employment Services is the collection site for used ink cartridges and **NOW** Epson printers.

This project is an ongoing fund raiser to benefit individuals receiving SES services.

Thank you for participation!



Congratulations to Elizabeth Helberg on obtaining her driver's license! Elizabeth met with a Job Coach from the Supported Employment Department on a weekly basis, to assist her with learning the basics of driving.

Once Elizabeth felt comfortable with all the information she obtained her permit, practiced driving, took her driving test and **PASSED!!** We are all so excited for you! Drive Safe!

## JOB DEVELOPMENT

SES has been very busy assisting individuals in securing community employment. The past two months we have had over 12 interviews, took individuals to a Job Fair at Northwest State Community College, participated in career explorations with two individuals, started two new hires in the community, and have another individual that has a job start pending. We also continue to work on interviewing skills and first impressions. Interviewing can be the hardest hurdle in the job search. Being prepared and knowing how to dress, smile and introduce ourselves is critical. We have been fortunate in the ability to work with OOD (Opportunity for Ohioans with Disabilities). OOD can provide additional supports for individuals seeking community employment. They have assisted with phones, clothing, assessments and transportation that have allowed individuals to become successful in their new jobs or have helped them with the job search process.

SES is always looking for businesses that need employees; we enjoy making new business contacts and reaching out to the community for any leads or opportunities. If you are looking for employees or would like to know more about the services SES can provide, please contact us at 419-592-0126.

## CONGRATULATIONS

SES would like to congratulate the following individuals on their employment anniversaries:

Chad Fritz—16 years at Chief's  
 Bethany Mathers—11 years at Chief's  
 Chris Scarberry—5 years at McDonald's  
 Rebecca Plummer—4 years at McDonald's  
 Matt Flory—5 years at Meijer's

Jody Farber—2 years at HOPE Services  
 Bob Rosebrock—13 years at Big G's  
 Zach Kania—4 years at Walmart  
 Stephanie Jones—2 years at HOPE Services  
 Beau Beech—1 year at KK Collision



**HOPE Services will be closed  
Monday, May 29, 2017,  
in observance of Memorial Day.**

**The offices will also be closed on  
Tuesday, July 4, 2017, in  
observance of Independence Day.**



## HAPPY ANNIVERSARY

HOPE Services appreciates the hard work and dedication of each of its employees which contribute to the overall success of the agency. As such, we would like to recognize the years of service given by the following employees:

Cheryl Smith	29 years
Theresa Myles	14 years
Stephanie Jones	2 years
Jody Farber	2 years

During the next few months, the Ohio County Boards of Developmental Disabilities will be celebrating 50 years! To join in this celebration we will be sharing some history and old newspaper articles.

# ALWAYS THERE

50 YEARS OHIO COUNTY BOARDS OF DEVELOPMENTAL DISABILITIES

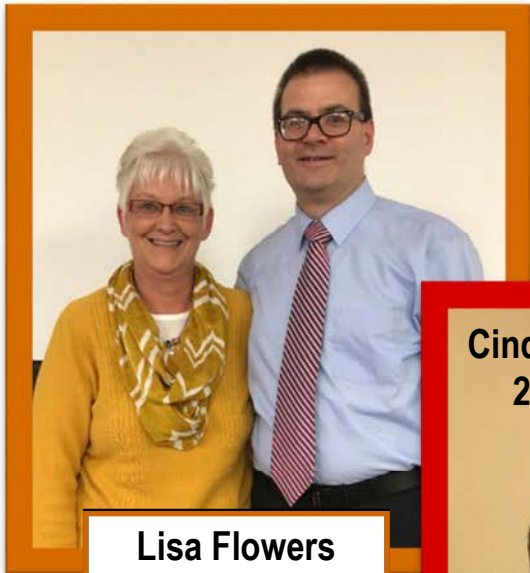
The Henry County Board of Developmental Disabilities saw its origin develop in the early 1950's with a grass-roots effort by the Henry County parents of children with developmental disabilities who had a dream. At that time, laws did not require children with developmental disabilities to be educated in the public schools. Other than family support, services that fostered independence were not provided within their own county. Most children with developmental disabilities were referred to state institutions by local medical professionals, where the children could remain for the rest of their lives.

For a handful of Henry County families, this was an unacceptable option. Together with parents from Fulton County, they started a "special" class in a Mennonite Church in Wauseon to insure their children received an education in a local setting. The parents hired a teacher for this



small group of students and formed car pools to get their children back and forth from school. Later, this class moved from the Mennonite Church on Shoop Avenue to a local Methodist Church, and then to the local Legion Hall. In 1955, the Henry County Welfare Department, under the direction of Gladys Flagg, along with the Fulton County Welfare Department, and the Fulton County Association for Retarded Children entered into a joint contract and hired Mrs. Barnes, a certified teacher. On July 21, 1960, ground was broken for the Happi-Time School located on North Shoop Avenue. Their dream continued with that small school for several years. From that classroom, the parents' dreams to help people with developmental disabilities continued to grow.

The professionals of HOPE Services recently held their Annual All-Staff Health and Safety Training. The topics discussed included Trauma Informed Care, Blood borne Pathogens and Universal Precautions, HIPAA and MUI Rule along with Confidentiality and Individual Rights. The Good Life team shared an activity and reviewed several Good Life concepts. Our superintendent, Steve Tucker, shared department updates and led the employee recognition. Several professionals were recognized for their many years of service to HOPE.



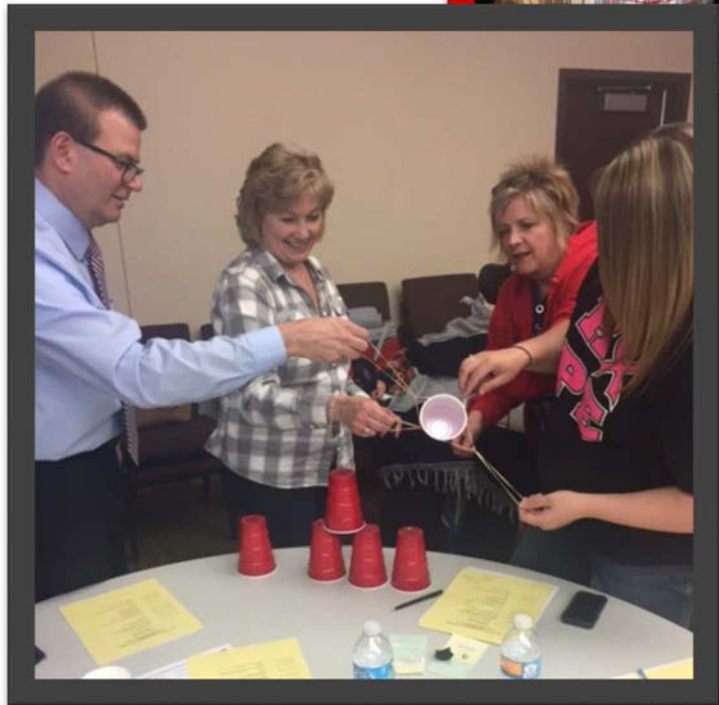
**Lisa Flowers**  
30 years



**Cinda Helberg**  
20 years



**Kelly Verbeke**  
25 years



# TEAM BUILDING

Shown at left are Steve Tucker, Cheryl Smith, Kathy Bishop and JoAnn Dennie as they participate in a team building activity.



# Kent's Korner

## May 2017

### Homecoming 2017

On April 1st the Women's teams played the first game of the night. They struggled but eventually got the game down to a two point difference. But it quickly turned to a 6 point deficit and they lost the game 14-4. My MVP of the game was Virginia Michaels. The second game of the night was team 1 and they started the game strong with 10-0 lead. They won the game 16-14 and my MVP of the game was Perry Davis. The third game of the night was the School Age. The yellow team beat the red team 6-2 and my MVP was Luke Chambers. The fourth game of night was team 2. It was a physical game. It consisted of Henry County players on both teams. The blue team beat the white team 12-6. My MVP was Matt Hines.



Chris Scarberry said team 1 played the hardest. Trent Murphy played the hardest in the second game. Jessica Clapp said Fulton County played the best. Lydia played the best of the ladies game. Job said that the girls team played the hardest. He feels Tyra gave the most effort.



**Matt Hines scored 4 points in the fourth game. He said his most memorable moment of the night was playing with friends .**



## Upcoming events

May 2nd Volleyball at Hancock County at 6:00pm to 7:30pm  
 May 2nd Cycling practice at Henry County Fairgrounds From 4:30pm to 5:30pm  
 May 4th Cycling practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 4th Volleyball at Fulton County at 6:00pm to 7:30pm  
 May 6th Cycling practice at Henry County Fairgrounds 4:30pm to 5:30pm  
 May 6th Special Olympics Spring Games at Southview High School from 9:00am to 4:00pm  
 May 8th Cycling practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 9th Volleyball at Wood County vs Wood at 6:30pm to 8:30pm  
 May 11th Cycling Practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 11th Volleyball practice at Filling Home from 6:00pm to 7:30pm  
 May 16th Volleyball at Filling Home vs Wood County from 6:00pm to 7:30pm  
 May 16th Cycling practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 18th Special Olympics Sports Banquet at Filling Home from 6:00pm to 9:00pm  
 May 18th Cycling practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 23rd Volleyball at Filling Home vs Fremont from 6:00pm to 7:30pm  
 May 23rd Cycling practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 25th Cycling practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 25th Volleyball at Fremont vs Fremont from 6:00pm to 7:30pm  
 May 30th Cycling practice at Henry County Fairgrounds from 4:30pm to 5:30pm  
 May 30th Volleyball at Filling Home vs Hancock County 6:00pm to 7:30pm

**If you have any Special Olympic news and or pictures that you would like to see included in the newsletter please contact me at:**  
**[Kentdawg51@yahoo.com](mailto:Kentdawg51@yahoo.com) or**  
**[kspiess@henrydd.org](mailto:kspiess@henrydd.org).**

# Bowling Tournament

On April 2nd, three teams of bowlers traveled to Indianapolis to compete in the 3rd annual Heartland Collegiate Athletic Conference's (HCAC) unified bowling championship. This is a very special event where Defiance College and Special Olympics athletes combine to make up unified teams to compete against other teams from 9 HACA schools. The teams bowled 3 games. Practices prior to the event consisted of traveling to Defiance to bowl and then Defiance traveling to Napoleon to bowl. We took 3 four-person teams.

Overall, Defiance College took 8th place in the conference. The team of Kelsey Tietje, Bob Rosebrock, Cody Wilson and Jacob Heath took 6th place in their division. The team of Shannon Allen, Morgan

Conner, Bishop Nieto and Erica Smay took 6th place in their division. Jenny Hartford, Liz Martin, TJ Stover and Kristina Astian took 7th place in their division.

## Bryan Times All Star Game 2017

The girls played the first game, East verses West. East won 69-54. The second game was the boys East verses West. The East again was victorious, winning 103-85. Both teams played with lots of effort and excitement. Entertainment between games was a girls and boys three point contest and boys slam dunk contest. Halftime of the boys game featured Special Olympic Athletes.





## HOPE'S Helping Hands

HOPE Services is available to help at your community event. If you need an extra set of hands, just give Tina a call at HOPE Services at 419-599-2892.



A big thank you to Jody Farber and Barb VanPelt for helping out the Hamler Fire Department Auxiliary by stuffing plastic Easter eggs for Hamler's Annual Easter Egg Hunt which was held on April 15.



A group of ladies from the Henry County Senior Center performed many of their line dances for the participants in the SASS program.





# Apps & Technology



## Should We Use Apps at Home?

The American Academy of Pediatrics makes the following recommendations:

- 0 — 18 Months: Discourage screen media other than video-chatting (ex. Skype, FaceTime)
- 18 — 24 Months: Begin introducing high-quality apps and programs  
Use apps and watch programs together because this is how young children learn best
- 2 — 5 Years: Limit total screen use to one hour per day of high-quality apps and programs  
Use apps and watch programs together because this is how young children learn best

## Using Technology Together

Young children learn best through hands-on exploration and by interacting with their parents or caregivers. Using technology with a parent or caregiver is the best way to introduce technology to young children.

- Talk with children while using technology: ask them questions, explain vocabulary, talk about things they like or dislike
- Connect screen experiences with things children have experienced in real life or to prepare children for new experiences
- Plan additional activities that connect with the theme of the app or program (ex. reading books, drawing pictures)
- Use technology to create things together (ex. stories, drawings, videos)

## Creating a Family Media Plan

A media plan can help families find balance between screen time and other activities.

- Establish "screen-free zones" (ex. dinner table, bedroom)
- Establish "screen-free times" (ex. one hour before bed, mealtimes)
- Establish device curfews and charge devices outside of the bedroom
- Make rules about what children are and are not allowed to do during screen time (ex. choose approved apps or programs, ask permission before downloading a new app or visiting a new website)
- Create a list of alternative activities children can choose instead of screen time (ex. playing outside, reading books)

# Upcoming Events

- **Voices of HOPE** will be held on Friday, May 12, from 4:30 p.m. to 6:00 p.m.
- **Henry County Board of DD Board Meeting**—The Board meeting will be held Monday, May 16, at 8:15 a.m. in the Activity Center.
- **Special Olympics Awards Banquet** will be held on Thursday, May 18, beginning at 6:00 p.m.
- **HOPE Services** will be closed on Monday, May 29, in observance of Memorial Day.
- **HOPE Services Hot Dog and Bratwurst Bash** will be held on Friday, June 9.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age. Send news stories and items of interest to Kathy Bishop or Kent Spiess.

ALWAYS THERE

135 E. Maumee  
Napoleon, OH 43545

