

HOPE SERVICES

July 2020

Seeing Potential ~ Inspiring Opportunities

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Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

Listen to WNDH 103.1 every Thursday at 12:30 p.m. for more information about HOPE Services.

135 E. Maumee

Napoleon, OH 43545

419-599-2892

or

2254 North Scott St., Unit 2

Napoleon, OH 43545

419-592-0126

www.henrydd.org



VOICES
of HOPE



BOARD MEMBER APPLICANTS

The Henry County Board of Developmental Disabilities is seeking Board Member Applicants. This volunteer position is open to people receiving board services and immediate family members of those served.

Applicants must live in Henry County. Commitment to the HCBDD includes, but is not limited to, attending a board meeting one time per month and obtaining 4 continued credit hours of training per year.

Letter of interest and resumes can be sent to:



Stephen E. Tucker
Superintendent
135 East Maumee Avenue
Napoleon, OH 43545

Upcoming Board Meetings

August 19

September 16

4:00 PM

HOPE Services
Activity Center

(virtual meetings will be announced via Facebook while social distancing is still in affect.

FROM THE DESK OF *Stephanie*



Christina Clark- 7/8/2020

Kelly Verbeke- 7/16/2020

Sue Hartsworm-7/24/2020

HAPPY WORK ANNIVERSARY

Melissa Tiell - 5 YEAR

Thank you, Melissa for your 5 years of service to HOPE and all that you do!

CORONAVIRUS UPDATE

HOPE Services is here for you!

Our office hours are 8 am to 4 pm Monday through Friday.

Some staff are still working remotely, please call prior to coming to the office. 419-599-2892 Administrative office or 419-592-0126 Early Intervention office.

Please wear a mask when visiting us.

All visitors must take their temperature and complete the visitor monitoring log upon entering the building.

CAN YOU FIND THE COUGAR?

Each Newsletter edition will have the Special Olympics Cougar logo hidden within, can you find it?



A Day of Caring and a GREAT group of volunteers resulted in a landscape cleanup for a local Veteran who is battling cancer.

Members of the Voices of HOPE Self-Advocacy group came together with the United Way of Henry County with the help of community volunteers, HOPE Services staff, tools, truck and trailer and donated mulch. The project came together in just two afternoons of hard work and dedication by all who were there. "It is incredible how good it looks and how hard all of the volunteers worked" - Tom Mack.

With many people not back to work yet we were lucky to get some members of the "Blue Crew" from CLASS and others who were itching to get out of the house. A big THANK YOU goes out to Amy Panning for the use of her truck and trailer, this would not have been near as successful without it! Thank you Barb and Don Barkley for allowing us to use their land for the brush, Randy Barnes, Tom Mack and Tina Parsons for tools.

This was a great *COMMUNITY* Service Project!





PRETEND PLAY



Pretend play is an important part of a child's development. Play can help enhance a child's thinking skills, language skills, motor skills, regulation skills, and help build relationships. Children need to have a variety of play skills to improve their development in all areas of life. When you play with your child limit other distractions by putting your phone in another room and turning off the television. Have your child be the center of your focus. When you play with your child have fun and find joy in your interactions together.

Different Pretend Play Ideas:

- Pretend to feed dolls, animals, or action figures. You can pretend to pour drinks, wipe up a mess, cook different food, cut up food, give a drink, give a bite of food, clean up the mess, wash the dishes, and put away the food. Get any doll, animal, or action figure, dishes, and a wash rag that you have in your house.
- Pretend to be a Barber or Beautician. Get a doll, animal, or action figure and wash its hair with shampoo, then put in conditioner, wash it out, then dry it with a towel or hair dryer. You can then give the doll a haircut using pretend scissors. Then you can pretend to style their hair using gel or hairspray.
- Play bath time. Get an animal or action figure and give it a bath. Get a bowl or Tupperware container. You can add water or just pretend to add water. Pretend to put in bubbles and get some soap and a wash cloth to wash different body parts. Give your child directions on what body part to wash next ("You have to wash baby's toes next") or you can tell your child what body part you are washing ("I am washing behind baby's ears.") You can also pretend to brush its teeth.
- After bath time put your baby, animal, or action figure to bed. Get a bottle or cup of "milk" and a blanket to feed the baby. Then sing a bedtime song and read the baby a book. Make sure to tuck the baby in with a blanket. Kiss the baby good night and say, "night night."
- Pretend to clean the house. Use a paper towel or cloth to wipe down furniture. Get your broom or mop out and sweep and mop with your child pretending to clean up a mess you made.
- Pretend with cars or trucks to drive them to different made up places like the park, school, grocery store, library, gas station, police station, home, or church. Ask your child a question about where he would like to go next. You could say something like "Do you want to drive to the park or the school?" You can talk about driving fast or slow and going straight or making a turn.
- Drive tractors to the field or barn and talk about what kind of crops you are planting or harvesting (corn, beans, wheat). You can pretend to fill up wagons and drop your harvest off at the field mill.
- Have your farm animals eat grass or hay, run around the pasture, or go to sleep.
- Play Doctor. Have someone one pretend to get hurt. Talk about what body part hurts. Get band aids and/or pretend medicine to put on the injuries. Have the "doctor" ask what hurts and have the "patient" describe how he is feeling. Switch up who is the patient and who is the doctor so that you can model different roles for your child.
- Play grocery store. Make a grocery list and pick up different items from around your house. Then make sure to check out at the cash register to pay for your items. You can talk about what items you need from the store, where they are at in the store, have your child help you find different items you name, and talk about how much the grocery's cost.

During each activity talk about what you are doing describing each step as you play together with your child. Also pair simple sounds with the actions you make. For example say "pssshhhh" when you are pouring a drink or "la la la" when you rock a baby. These are just some ideas to get you started with pretend playing with your child. The possibilities of play are endless. The most important part is having fun and playing with your child. Enjoy!

Kristi Smith, SLP



CareerOneStop COVID-19 Employment Recovery Page

The CareerOneStop website now features a "COVID-19 Employment Recovery" page. CareerOneStop is the career, training, and job search website sponsored by the U.S. Department of Labor. The employment recovery page provides information on filing for unemployment insurance, finding a job during the pandemic, getting help with resume writing, interviewing, and training, and more. Visit <https://www.careeronestop.org/employmentrecovery/> for more information.



Looking for Stories

Do you have success stories or promising practices to share related to competitive, integrated employment or community integration? If so, please contact Tina Parsons at tparsons@henrydd.org or Melinda Camp at mcamp@henrydd.org.

Things we would like to highlight:

- 1. Community employment
- 2. Use of technical assistance
- 3. Creative supports and services for people with medical or personal care needs
- 4. Stories about community membership





Brooke is now working for Creative Management Technologies Inc. and is providing custodial services for the Napoleon Post Office. She is receiving support services from Triangular Processing's Supported Employment. Congratulations Brooke!



Youth Summer Programs

We regret to inform you that HOPE Services Youth Summer Programs have been canceled this year due to the current COVID19 situation.

Vocational skills

Five Household Chores That Can Increase Vocational Skills

Chores at home can lead to greater success in vocational settings, especially with regard to taking responsibility and learning to respect authority.

Here's five chores that can be worked into your child's daily (or weekly) routine to help them with some vocational experience:

1. **Laundry** - Laundry can become an opportunity to incorporate speech and language goals and teach skills for a future.

For example, doing laundry can improve:

- Categorization (separating whites from colors)
- Following directions
- Literacy (reading the words on the care tags, washer & dryer, detergent, etc.)
- Math skills (measuring the detergent)
- Problem-solving (what happens when you add too much soap, etc.)
- Sequencing (timing loads and establishing a process)

Experience with the task of laundry can help lead to jobs such as working in a laundromat, fitness center, etc.

2. **Filing** - Like any household, there is always filing to do! If your child cannot read yet, work on filing categorized by color or first letter. Another option is placing a picture on the file folder tab with the word to help the individual recognize the folder name.

This activity can help teach an individual:

- Categorization
- Literacy
- Following directions
- Expanding vocabulary
- Sequencing

Experience with filing can be beneficial if your child is interested in working in an office in the future.

3. **Preparing Food** - There are many speech and language goals that can be targeted during food preparation. Skills include:

- Sequencing
- Literacy
- Expanding Vocabulary
- Articulation
- Describing and Commenting
- Actions
- Answering "Wh" Questions
- Problem Solving
- Turn Taking
- Recalling Information

Experience with these tasks can lead to a job in a restaurant or catering business.

4. **Recycling** - Recycling is an ideal opportunity to have your child categorize the different items of plastic, paper, metal, etc.

How are they the same? How are they different? Discuss why it's important to recycle and what the process is with regards to recycling.

If a child gets used to doing this chore at home, future jobs involving the supervision of recycling can be an easier transition such as working at a supermarket, café, etc.

5. **Setting the Table** – Setting the table can be another opportunity to work on:

- Following directions
- Problem-solving (e.g. will you need spoons for the meal?)
- Sequencing (e.g. put the plates down, then the napkins, etc.)

Setting the table at home can be a chore at home but can be beneficial to working in a restaurant in the future.



VOICES
of HOPE

Upcoming Events

3:00 Daily Chat on ZOOM

July 14 @ 4:00 Virtual Card Games

July 23 @ 4:00 Virtual BINGO

July 28 OSDA Regional Tiffin Training

To get the links for events, please TEXT **ZOOM ME** to 419-467-5198 or email tparsons@henrydd.org.

We are looking for summer projects in the community! If you or an organization you know of needs an extra hand with a project, please email tparsons@henrydd.org or message us on Facebook.



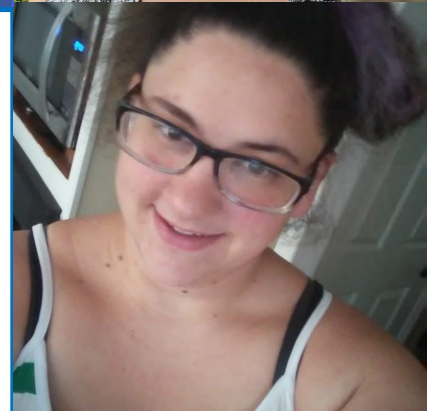
NEWS!

Attention GAMERS! Weekly Gaming at NAH will be starting back up in August. Watch our Facebook page for information. Seating will be limited - healthy guidelines will be put in place. Text your name and SIGN UP to 419-467-5198 to play!

Like Us On
Facebook!



Meet our VOH Facebook facilitators, Christina and Tyra! Follow our page at [@advocacyhenrycounty](https://www.facebook.com/advocacyhenrycounty) and get links to virtual events, meeting and activity info and Advocacy news.



HARC RECREATION BACK TO REC

Back to Recreation will be done in a 3 month increment.

Month 1: July We will do a July Calendar with 3-4 events planned and will limit signup to the first 8. If demand is great, we will repeat the same event at a different time and date. All events will happen outdoors or at the HOPE Activity Center.

Month 2: August We will do an August Calendar with 5-6 events planned and will limit signup to the first 10. If demand is great, we will repeat the same event at a different time and date. All events will happen outdoors or at the HOPE Activity Center, with the possibility of using FH Community Center once it is open.

Month 3: September We will do a September Calendar with 6-7 events planned and will limit signup to the first 12. If demand is great, we will repeat the same event at a different time and date. In September we will be looking at the possibility of doing an event at a location different than HOPE.

IMPORTANT GUIDELINES

A Waiver must be signed by each participant.

A Covid 19 Daily Self Checklist will be gone through with each individual.

Any snacks that will be provided or included will be individually wrapped or dispensed in cans or bottles.

We are teaming up with HARC, Inc. to resume a support group for parents with a child or children with special needs. This group is open to the community and will be a time for you to share concerns, questions and problem solving techniques with other parents.

Join us July 14th on our first ZOOM support meet

Interested in this Parent Support Group? Please email tparsons@henrydd.org or call 419-599-2892. You can also email Caryn Tanner at cnr79@yahoo.com.



Special Olympics Henry County Return to Play

Henry County Special Olympics will be returning to Live Play. We will return on the dates indicated below:

2020 JULY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	6 EQUESTRIAN	7 SOFTBALL	8 EQUESTRIAN SOCCER	9	10	11
12	13	14	15 TENNIS	16	17 GOLF	18
19	20	21	22	23 CHEER	24	25
26	27	28	29	30	31	

© BlankCalendarPages.com

Sign up now for these events

I _____ would like to sign up for the following sports:

___ Equestrian

___ Softball

___ Soccer

___ Golf

___ Tennis

___ Cheer

Return to:
Randy Barnes
135 E. Maumee St.
Napoleon, OH 43545

Kent's Korner July 2020

This is how COVID-19 is affecting the world of sports

- The COVID-19 pandemic has upended all areas of life - and sports is no exception.
- Social distancing measures, brought in to limit the spread of coronavirus, have had a significant effect on sporting fixtures.

Not surprisingly, COVID-19 has also upended the sporting calendar, with professional leagues everywhere suspending their activities to limit the spread of the virus. Even the Summer Olympics, typically one of the world's most-watched sporting broadcasts, has been canceled.

History of the Torch Run

LETR began in 1981 when Wichita, Kansas Police Chief Richard LaMunyon created the Torch Run. He thought the Torch Run would help law enforcement be active in the community and support Special Olympics Kansas. In 1983, Chief LaMunyon presented the program to the International Association of Chiefs of Police (IACP). They decided to endorse Torch Run and became the "Founding Law Enforcement Organization." With the IACP's support, LETR became the movement's largest public awareness and fundraising group for Special Olympics.



Special Olympics History questions

1. What year did Special Olympics Summer Games begin?
 - A. 1920
 - B. 1968
 - C. 1999
 - D. 2010
2. When did Special Olympics have first winter games?
 - A. 1977
 - B. 2008
 - C. 1988
 - D. 1998
3. What year did Muhammad Ali become Special Olympics supporter?
 - A. 1989
 - B. 1887
 - C. 1979
 - D. 1997
4. What year did Special Olympics start Torch Run?
 - A. 1998
 - B. 1977
 - C. 2002
 - D. 1981
5. What year did Special Olympics Start being on tv?
 - A. 1899
 - B. 2005
 - C. 1987
 - D. 1996

If you have any Special Olympic news and or pictures that you would like to see included in the newsletter please contact me at: kspiess@henrydd.org

Special Olympics Ohio Return to Play Guidelines

After reviewing the current guidelines recommended by the World Health Organization, Centers for Disease Control and Prevention, Governor of the State of Ohio, and the Ohio Department of Health, Special Olympics Ohio has made the difficult decision to continue the suspension of all State and Regional competition events through the end of 2020. The fall sporting events include Softball, Golf, Equestrian, Soccer, Beginning on July 6, 2020, Special Olympics sports programming at the local level may resume with the return to play restrictions outlined in the phased approach below. We will continually assess and consider what facility, equipment, and event modifications will be made to create a medically safe environment for our athletes to practice, train, and compete. Special Olympics Ohio's primary concern is the health, safety, and well-being of our athletes, coaches, families, and volunteers.

During the first 3 months of the return to play timeline, we will only be endorsing competition on a practice and head-to-head competition level. We will not be hosting any regional or state-level competitions. Any local program that wishes to participate in competition and training should adhere to the guidelines described in the resources below.

These resources will provide athletes, coaches, agencies, and organizations involved with Special Olympics Ohio information to assist them in a return to training and play within the context of COVID-19. As this guideline is meant to be used for a variety of sports and activities in a number of settings, this document cannot be prescriptive; rather it should be used as a basis for local programs forming a unique return to play plan, which matches their specific situation and environment. In addition to logistical challenges of returning to play following the COVID-19 crisis, there are also ethical and societal considerations that are beyond the scope of this document. Please follow your local health department, county board of developmental disabilities or school district restrictions on public gatherings or sport activities if they impose guidelines that are more restrictive than what we have outlined.

Please make sure to read the Special Olympics Ohio Return to Play Plan prior to returning to any practices or training session <https://www.soooh.org>





Henry County Health Department

There are many places to reach out for support no matter how you are feeling today. Text HOME to 741741 to connect with a Crisis Counselor or call 800-273-TALK (8255).



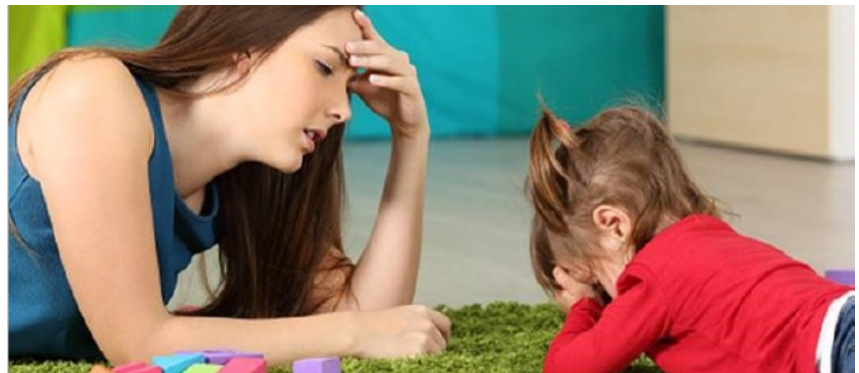
The Filling Home is hiring!

NOW HIRING!
 Napoleon Wauseon Archbold Bryan West Unity Defiance
Filling Homes
The Grass is Greener at Home!
TEXT 419-591-6219

Now hiring DSPs for Supported Living, the Group Homes in Bryan and West Unity and here at the Base, ALL shifts!

Call or text Emily at 419-591-6219 or apply on-line at fillinghome.org, click on "Employment." OR call

Lori Adams, Director of Human Resources at 419-592-6451 Ext. 1246



JOIN US EVERY THURSDAY FOR "Parent Chat" at 2:00 or 7:00 pm



July Topics:

- July 2: Ways to Increase your Child's Self-Help Skills
- July 9: The Secret to Helping Your Child Calm Down
- July 16: Recharging Your Mental Batteries
- July 23: Help your Child Manage BIG Feelings
- July 30: How Daily Routines Can Help Reduce Behaviors

Use the link below to join:

<https://zoom.us/j/92853560981>



If you have never used Zoom before you may be prompted to download the free app to your computer, tablet or smart phone before being able to join the chat.



Triangular Processing
Supported
Employment

Job Coaches Needed

Contact Tiffany Swihart
tiffanyswihart@fultoncountyoh.com
419-592-0126

A job coach is an individual who is employed to help people with disabilities learn, accommodate, and perform their work duties. In addition a job coach also helps with interpersonal skills necessary in the workplace.

Children's Resource Center
 1045 Klotz Rd., PO Box 738
 Bowling Green, OH 43402
 419-352-7588/FAX 419-354-4977/www.crcwoodcounty.org

Kids' Summer Meal Program

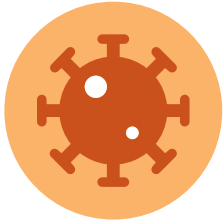
If you or someone you know has children in need of meals this summer, and you live in the **Napoleon Area school district**, we, the Napoleon community, want to help!

All you need to do is to text "Help" 419-379-1964 to let us know, and someone will reach out to you with more details!

This program aims to help provide meals for at least 5 days per week for each child in need!

"For even the Son of Man came not to be served but to serve, and to give his life as a ransom for many." Mark 10:45

WEEKLY DRIVE THROUGH COVID-19 TESTING SCHEDULED THROUGH AUGUST



Community Health Services (CHS) will provide FREE drive through COVID-19 testing at four of their Ohio locations beginning June 29, 2020 and continuing through the month of August.



THE WEEKLY TESTING SCHEDULE IS AS FOLLOWS:

- **Community Health Service Fremont Main Office**
2221 Hayes Avenue
Fremont, Ohio
Mondays, beginning June 29
- **Community Health Services Stony Ridge Office**
5735 Fremont Pike
Stony Ridge, Ohio 43463
Tuesdays, beginning June 30
- **Community Health Services Fostoria Office**
502 Van Buren St.
Fostoria, Ohio 44830
Wednesdays, beginning July 1
- **Community Health Services Napoleon Office**
407 Independence Drive
Napoleon, Ohio 43545
Thursdays, beginning July 2



Testing is open to everyone who would like to be tested, and does not require any specific criteria to qualify.

Individuals who would like to be tested must schedule an appointment. To register for COVID-19 testing, please call (419) 334-9220 Monday through Friday, between 9am and 4pm.

CHS

COMMUNITY HEALTH SERVICES

WE CARE.

Contact Us

www.henrydd.org

Administration Office	419-599-2892
Superintendent	419-599-2892
Early Intervention and Employment Services	419-592-0126
Family Support Services	419-599-2892
Transportation	419-592-8726
Special Olympics	419-591-6798
HARC Recreation	419-591-6798
Volunteer Opportunities	419-599-2892

Board Members

President: Kent Beilharz, **Vice President:** Monica Atkinson, **Secretary:** Jake Freppel
Thomas Manahan, Caleb Shanks, Nelda Irving

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age. Send news stories and items of interest to Tina Parsons or Kent Spiess.

135 E. Maumee
Napoleon, OH 43545

