HOPE SERVICES

August 2020

Seeing Potential ~ Inspiring Opportunities

In This Issue

| Show Us Your Talent | 1 |
|---------------------------|------|
| News from HOPE | 2 |
| Community Service Project | 3 |
| Early Intervention | 3 |
| Employment First | 4 |
| In The Spotlight | 5 |
| Advocacy | 6 |
| HARC Recreation | 7 |
| 2021 Recreation Trip | 8 |
| HARC Rec Calendar | 9 |
| Kent's Korner | 10-1 |
| Community Connection | 13 |
| Contact Information | 14 |

Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

every Thursday at 12:20 p.m. for more information about HOPE Services.

> 135 E. Maumee Napoleon, OH 43545 419-599-2892

2254 North Scott St., Unit 2 Napoleon, OH 43545

419-592-0126

www.henrydd.org



We will be creating an online Talent Showcase with a combination of talent videos submitted by YOU!

SING

Speak Japanese

HOW TO PARTICIPATE!

Choose your TALENT!

Practice performing!

Record your Performance.

(ask your family, friends, staff or SSA to help you record if you need to).

Send your recorded talent to HOPE Services no later than <u>Friday</u>, <u>August 21</u> to be included in the Talent Showcase Video!

Delivery options: Send via Facebook Messenger to HOPE Services; email tparsons@henrydd.org, record to a returnable flash drive and drop off at HOPE or text to 419-467-5198.

JUGGLE

DANCE

painting

MUSIC

sewing

Yodel

BOARD MEMBER APPLICANTS

The Henry County Board of Developmental Disabilities is seeking Board Member Applicants. This volunteer position is open to people receiving board services and immediate family members of those served.

Applicants must live in Henry County. Commitment to the HCBDD includes, but is not limited to, attending a board meeting one time per month and obtaining 4 continued credit hours of training per year.

Letter of interest and resumes can be sent to:



Stephen E. Tucker Superintendent 135 East Maumee Avenue Napoleon, OH 43545 Upcoming

Board Meetings

August 19

September 16

4:00 PM

HOPE Services Activity Center

(virtual meetings will be announced via Facebook while social distancing is still in) affect.



Joann Dennie- 8/2
Dawn McBride- 8/3
Kellee Downard- 8/29





Humorously Created by Stephanie Jones



HOPE Services will be closed Monday, September 7 in Honor of Labor Day. National Institute of Mental Health

Coping with COVID-19

Take breaks from the news

Make time to

unwind





Take care of your body



Connect with others

Set goals and priorities





Focus on the facts







With extra time on our hands waiting for school, work or dayhabs to open we have found more projects to do around the County. Thank you Larry Adams and the American Legion for talking with us about flag etiquette and allowing us to help you!

Serving Henry County's Children and Adults





EARLY INTERVENTION TIPS

With the rise in COVID-19 and the concern for our overall health and safety, here are a few tips. We all know that washing your hands and staying hydrated/drinking plenty of water are two of the main ways to stay healthy (and some even say it can protect you from catching COVID-19). Obviously there is not much factual or scientific backing on drinking water protecting you for two reasons: 1. the virus is thought to spread mainly via airways and 2. the virus is still too new to know much about how it attacks the body. But as always drinking water and staying hydrated is extremely important for everyone before, after, and during being sick.

So how does this affect families with littles? A babies and children of ANY age can and SHOULD wash their hands (with help and assistance) often. This is a great time to teach children of all age's healthy life skills and who doesn't love to play in the water. Babies love to explore and are always putting things (especially hands) in their mouths. Make sure those items and their little hands are clean. It is also a great habit to get into before and after meals/ bottles for our little ones.

Have your child drink lots of fluids. But remember babies under six months should NOT drink water. Babies under six months should stick to breast milk and/or formula ONLY. Once they turn six months

they can have occasional water, but their main fluids should still come from breast milk and/or formula. Everyone is different but getting enough water and other low sugar drinks is important for everyone. Milk/formula and water should always be your child (of all ages) main (or only) source of liquids.

Happy Hydrating, Happy Washing, and Stay Healthy ©

Cassandra Seesholtz -**HOPE Services Developmental Specialist**





Americans with Disabilities Act

The Americans with Disabilities Act (ADA) was signed into law on July 26, 1990. Its overall purpose is to make American Society more accessible to people with disabilities. In 2008, the ADA Amendments Act (ADAAA) was passed. Its purpose is to broaden the definition of disability, which had been narrowed by U.S. Supreme Court decisions.

The ADA is divided into five titles:

- EMPLOYMENT
- PUBLIC SERVICES
- PUBLIC ACCOMMODA-TIONS
- TELECOMMUNICATIONS
- MISCELLANEOUS

The ADA's protection applies primarily, but not exclusively, to individuals who meet the ADA's definition of disability. An Individual has a disability if:

- He or she has a physical or mental impairment that

substantially limits one or more of his/her major life activities;

- He or she has a record of such an impairment; or
- He or she is regarded as having such an impairment.

Other individuals who are protected in certain circumstances include

- 1) those, such as parents, who have an association with an individual known to have a disability, and
- 2) those who are coerced or subjected to retaliation for assisting people with disabilities in asserting their rights under the ADA.

While the employment provisions of the ADA apply to employers of fifteen employees or more, its public accommodations provisions apply to all sizes of business, regardless of number of employees. State and local governments are covered regardless of size.



National Disability Employment Awareness Month 2020

HOPE Services is proud to support National Disability **Employment Awareness** Month (NDEAM). Held each October, NDEAM aims to educate about disability employment issues and celebrate the many and varied contributions of America's workers with disabilities. This year marks the 75th observance of NDEAM and the theme is "Increasing Access and Opportunity." NDEAM is led by the U.S. Department of Labor's Office of Disability Employment Policy, but its true spirit lies in the many observances held at the grassroots level across the nation every year. Learn how you can support NDEAM by visiting the ODEP website: www.dol.gov/ndeam



Looking for Stories

Do you have success stories or promising practices to share related to competitive, integrated employment or community integration? If so, please contact Tina Parsons at tparsons@henrydd.org or Melinda Camp at mcamp@henrydd.org.







Kenny recently began a new position at The Open Door of Delta as a Shed Attendant. He is responsible for processing all of the incoming donated items. Kenny received assistance from OOD as well as Triangular Processing's Supported Employment.

With assistance from OOD and Triangular Processing's Supported Employment for Job Placement, Amber recently accepted a position at the Henry County Hospital as an Admissions Registration Clerk.





Several Individuals are working towards reaching their goal of obtaining a driver's license. They are currently learning traffic laws, signs, signals and pavement markings for the driver's permit test.





(a) selfadvocacyhenrycounty

Serving Henry County's Children and Adults

Register,

Educate,

Vote,



Are you a registered

voter? Click here to find out!

Registration Deadline is October 5, 2020 for the November 3, 2020 General Election.

What are we voting

for? <u>Click here for National</u> candidate information!

Click here to visit the Henry County Board of Election website for local election information!



Upcoming Events

3:00 Daily Chat on ZOOM

Regional STIR hosted by Henry County!

Join the NW Regional STIR ZOOM Meeting Monday, Aug. 3rd at 11am to 12pm (log on as early as 10:30am)

Living Well with Joy Ermie

Tuesday, August 11 @ 6:00 PM on ZOOM. Staying Active during the pandemic.

Advocacy Meeting "All about YOU"

Thursday, August 13 5:00 PM

Dance Party on ZOOM!

Thursday, August 20 6:00 PM

Visit our website/events for links for events OR please TEXT ZOOM ME to 419-467-5198 or email tparsons@henrydd.org.



Attention Gamers! Call or Message Tina @ 419-467-5198 for game club information!

HARC RECREATION

Back to Recreation will be done in a 3 month increment.

Month 1: August we will do an August Calendar with 2-3 events planned and will limit signup to the first 8. If demand is great, we will repeat the same event at a different time and date. All events will happen outdoors or at the HOPE Activity Center.

Month 2: September we will do a September Calendar with 3-4 events planned and will limit signup to the first 10. If demand is great, we will repeat the same event at a different time and date. All events will happen outdoors or at the HOPE Activity Center, with the possibility of using FH Community Center once it is open.

Month 3: October we will do an October Calendar with 4-5 events planned and will limit signup to the first 10. If demand is great, we will repeat the same event at a different time and date. In September we will be looking at the possibility of doing an event at a location different than HOPE.

IMPORANT INFO!

A WAIVER MUST BE SIGNED BY EACH PARTICIPANT.





A COVID-19 SELF CHECKLIST WILL BE GONE THROUGH WITH EACH INDIVIDUAL

ANY SNACKS THAT WILL BE PROVIDED OR INCLUDED WILL BE INDIVIDUALLY WRAPPED OR

DISPENSED IN CANS OR BOTTLES.





HARC Recreation Trip 2021





September 20-24, 21

Leave HOPE:

Sept. 20, 2021 at 8:00am

Return to HOPE:

Sept. 24, 2021 at 7:00pm

Price: \$700.00

SOME OF THE FUN:

Tour and Visit downtown Gatlinburg

Guided tour of the Great Smokey Mountains National Park

Visit the Titanic Museum

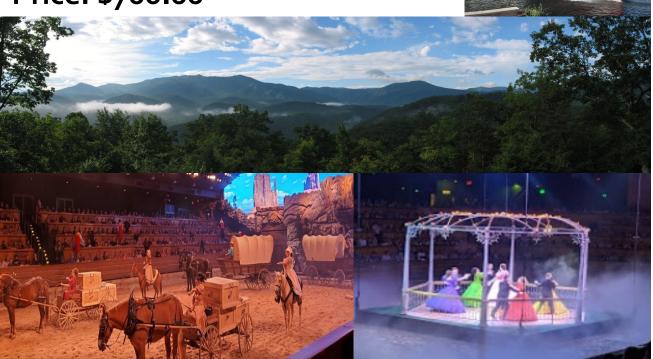
"Soul of Motown" Dinner Show

"Country Tonight" Comedy and music Show

"Wonder of Magic" Show

Dolly Parton's Stampede Dinner







HARC Recreation Events

August, September, October

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up

| DATE | Event | TIME | COST | LOCATION |
|------|-------|------|------|----------|

SIGN UP REQUIRED FOR ALL EVENTS (Limited to the first 8)

If more than 8 sign up, we will do an additional night.

| Friday August 28, 2020 | Bocce | 6:00-8:00pm | none | Activity Center |
|----------------------------|---|-------------|--------|--------------------|
| Friday, September 4, 2020 | Water Play - Water Balloons, Dunk Tank, etc. | 6:00-8:00pm | _ | Activity Center |
| Friday September 11, 2020 | Outdoor Game Night | 6:00-8:00pm | none | Activity Center |
| Friday, September 18, 2020 | Cook Night | 5:00-7:00pm | \$3.00 | Activity Center |
| Friday, September 25, 2020 | Bocce | 6:00-8:00pm | none | Activity Center |
| Friday, October 2, 2020 | Bocce | 6:00-8:00pm | none | Activity Center |
| Wednesday October 7, 2020 | Craft Night | 6:00-8:00pm | \$3.00 | Activity Center |
| Friday, October 16, 2020 | Cook Night | 5:00-7:00pm | \$3.00 | Activity Center |

Kent's Korner August 2020 Zach Meister

Zach has been coaching Special Olympics for almost 2 years. His f avorite sport to coach is Soccer. He was approached about helping with Special Olympics a couple years ago and it sounded like a lot of fun, so decide to give it a try. Zach's favorite part is just interacting with all the athletes and helping everyone to learn new skills. He tries to make every practice and game a fun enjoyable experience for everyone and encourages everyone to try a new sport at least once. He currently coaches Basketball, Soccer, Volleyball and Softball. Zach most memorable coaching moment was at Summer games last year our Volleyball team was runner-up in the state tournament. He would like to see more athletes getting involved in different sports they have never tried. Zach's favorite College football team is The Ohio State Buckeyes. His pick of high school football team is the Liberty Center Tigers. Zach







If you have any Special Olympic news and or pictures that you would like to see included in the newsletter please contact me at:

kspiess@henrydd.org

Upcoming Events

Aug. 10, 12, 17, 19, 24, 26, 31 horse groups. Leave HOPE at 5

Aug. 11, 18, 25, Softball 6:30 at Oakwood Park

Aug. 12, 19, 26 Cheer 6:00 HOPE

Aug. 13, 20, 27 Soccer 6:30 Behind Senior Center

CAN YOU FIND THE COUGAR?

Each Newsletter edition will have the Special Olympics Cougar logo hidden within, can you find it?

Special Olympics Ohio has send out guidelines for RETURN TO PLAY!

As of July 6, local organizations may return to in person practices. Special Olympics Ohio has suspended all Regional and State events until the first part of 2021.

Phase 1: July 6 - August 2 Practice good hygiene, practice physical distancing, wear a mask. No more than 10 people can be in attendance at a practice. No spectators, No games, No group travel.

Phase 2: August 2 - 30 Practice good hygiene, practice physical distancing, wear a mask. No more than 20 people can be in attendance at a practice. One spectator per athlete is allowed, games are now permitted.

Phase 3: September 1 Practice good hygiene, practice physical distancing, wear a mask. No more than 30 people can be in attendance at a practice. Two spectators per athlete is allowed, games are not permitted.

A Waiver must be signed by each athlete and coach. A COVID 19 Daily Self Checklist will be gone through with each player. Each athlete must have their own equipment or if shared it must be sanitized between use. Henry County Special Olympics will supply equipment when needed.

Sports Fun Facts

SPORTS FUN FACTS #22 SPORTS FUN FACTS #23



OFFENSIVE LINEMAN CAN LOSE AS MUCH AS 9
POUNDS OF WATER AS SWEAT IN A SINGLE
FOOTBALL GAME



MICHAEL JORDAN NEVER PLAYED IN A GAME 7 OF THE NBA FINALS, EVEN THOUGH HE WON 6 CHAMPIONSHIPS

Interesting facts

- #10n February 2, 1876, the National League of Professional Baseball Clubs is formed.
- Baseball is mostly played in America.
- The New York Yankees have won 26 world Series titles, that is the most amount of times won.
- Baltimore Orioles shortstop Cal Ripken, Jr. didn't miss a game in 16 years
- In the 1850s there were baseball bats all shapes and sizes. They soon found out that bats with rounded barrels seemed to work the best. A rule was made in 1859 that bats could be no larger than 2.5 inches in diameter.







Special Olympics Updates

This month Special Olympic practices were finally able to start back up again. While we are able to start in person practices again we are taking steps to do so safely.

All athletes have their own equipment to use, so we are not sharing equipment with each other. We are also sanitizing frequently touch surfaces and equipment, using hand sanitizer throughout the practice, social distancing, and wearing masks during practices.

We are doing our part to keep everyone active and safe during this time. With that being said, we had numerous athletes that participated in a local Equestrian show at Dusty Boots this past weekend. We had numerous veteran riders and even a few first timers that were able to participate.

Some of our veteran riders included Sam Dorrington, Liz Helberg, Bob Rosebrock, Caitlin McCafferty, Lydia Kuehner, and Suzanne Dewese. Our newer riders included Kaydence Kunsman and Jessica Clapp.

It was a great show full of many first and second place medals. Everyone did an amazing job! Their hard work every week at practice really showed. We cannot wait for more exciting events to come!





Henry County Health Department

There are many places to reach out for support no matter how you are feeling today. Text HOME to 741741 to connect with a Crisis Counselor or call 800-273-TALK (8255).

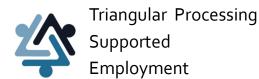




Now hiring DSPs for Supported Living, the Group Homes in Bryan and West Unity and here at the Base, ALL shifts!

Call or text Emily at 419-591-6219 or apply on-line at <u>fillinghome.org</u>, click on "Employment." OR call

Lori Adams, Director of Human Resources at 419-592-6451 Ext. 1246



Job Coaches Needed

Contact Tiffany Swihart <u>tiffanyswihart@fultoncountyoh.com</u> 419-592-0126

A job coach is an individual who is employed to help people with disabilities learn, accommodate, and perform their work duties. In addition a job coach also helps with interpersonal skills necessary in the workplace.



Thank you Henry County Health Department!

Incident Command is a standardized approach to the command, control and coordination of emergency response. The Henry County Health Department served as Incident Command for Henry County, Ohio, when the Coronavirus outbreak began in the second week of March, 2020. Health Commissioner, Mark Adams, and his team did a thorough and comprehensive job of reaching out to and informing those in leadership positions including, but not limited to, five school district superintendents, County and City officials, four long-term care facilities and the local hospital with daily briefings that began a full two weeks before surrounding counties instituted Incident Command. Staff have joined our daily ZOOM calls several times with updates and questions to answers to help keep everyone educated and calm. We are grateful for the leadership and support of the Henry County Health Department and the coordination and collaboration that took place amongst all critical entities. Truly, we are all #InThisTogether! Shared from Focus on Filling.

Contact Us

www.henrydd.org

| Administration Office | 419-599-2892 |
|----------------------------|--------------|
| Superintendent | 419-599-2892 |
| Early Intervention and | |
| Employment Services | 419-592-0126 |
| Family Support Services | 419-599-2892 |
| Transportation | 419-592-8726 |
| Special Olympics | 419-591-6798 |
| HARC Recreation | 419-591-6798 |
| Volunteer Opportunities | 419-599-2892 |



Board Members

President: Kent Beilharz, **Vice President**: Monica Atkinson, **Secretary:** Jake Freppel Thomas Manahan, Caleb Shanks, Nelda Irving

HOPE Services does not discriminate in provision of services or employment because of disability, race,

color, creed, national origin, sex or age. Send news stories and items of interest to Tina Parsons or Kent Spiess.

135 E. Maumee Ho ,ooleon

