

HOPE Round Up

October 2021

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities

HOPE News



Upcoming Events for HOPE Services.

The office will be closed on October 11th to observe Columbus Day.

The next Board Meeting will be held on October 20th at 4:00 p.m. in the activity center.

There will be a Self-Advocacy meeting on October 5th from 5pm to 6:30pm. The Health Department will be here to talk about healthy eating. Hope to see you all there!

Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.

HOPE Foundation Pulled Pork BBQ Fundraiser was held September 24th. The HOPE Services Foundation helps improve the lives of individuals with disabilities in Henry County by covering expenses that Medicaid or insurance won't pay for. If you'd like more information about the HOPE Foundation and if they can assist you, contact Steve Tucker at 419-599-2892 Ext. 224. A huge thank you to everyone that sold tickets, bought tickets, and volunteered to make the night run smoothly. It was a successful event for a great cause.

October Birthdays:

2nd: Sydney Fein

4th: Amber Lee

6th: Matthew Flory

17th: Nick Wainscott

19th: Brandon Gomez

22nd: Juan Delgado, Jr.

25th: Morris Gerken

26th: Nathan Vogelsong

28th: Zachary Wendt

29th: Robert Rosebrock

30th: Holly Helberg



October Anniversaries:

Holly Helberg at Marco's Pizza - 3 years

Zach Meister at HOPE Services- 3 years

Keegan Schroeder at Napoleon Walmart- 2 years

Elizabeth Helberg at Wacha and Justen- 1 year



Happy belated birthday to Jennifer Cordes who celebrated her birthday on September 9th!!



Caught Doing

Great Things In Our Community

What do you see in our community? Do you see someone working, volunteering, increasing skills? Or maybe playing sports, enjoying a recreation activity, making friends? This month we found Brandon working on filling out an application to obtain a job in the community. Check back next month to see who we might find.....

Let's get cooking



Cook Night Sponsored by HARC Inc



This month's menu chosen by LaNae was Baked BBQ Chicken Breasts, Au Gratin Potatoes (homemade), Cream Corn, Rolls and Three Ingredient Brownies. The meal was prepared by Brayden, Heather, Kateena, Derrick, LaNae and Linda. It was DELICIOUS!! We added the new recipes to our cookbooks. Hope to see everyone next month!

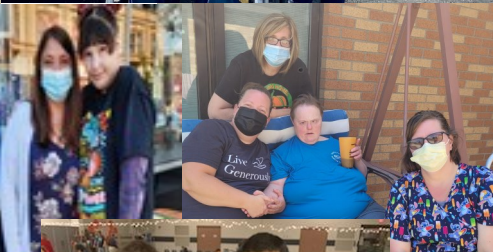
October is National Disability Employment Awareness Month



Victoria works at the Comfort Inn and Suits in Napoleon, Ohio. She works in the laundry department doing the tasks of sorting, folding, washing, drying, and making bedding bundles. Victoria started working at the Comfort Inn on August 31st, 2021. Victoria loves her job and she has made several new friends, she loves to fold the laundry. Misty, general manager, stated "I enjoy working with Victoria because she is dependable and gets the job done with a great attitude." If you ever go to the Comfort Inn in Napoleon. Say hi to Victoria!



September 12-18 was DSP week. We want to give a huge shout out to all the wonderful Direct Support Professionals out there. Some of the DSP's were drawn for a ticket for the HOPE Foundation BBQ thanks to a generous donation from Deb Hench.



Early Intervention



Eve is the daughter of Auston and Megan Bockelman. She is 18 months old and has been receiving services with Henry County Early Intervention since June of 2020. Recently Eve was selected as one of twelve children to represent the Down Syndrome Association of Greater Toledo in their 2022 calendar. The mission of DSAGT is to empower all individuals with Down Syndrome to achieve their goals and reach their fullest potential by providing support, education, and advocacy not only for the individual, but also their families and communities. The 2022 calendars will soon be available for purchase on their website: www.dsagt.org under the merchandise tab.



A Little Something Extra
2021 Calendar



Down Syndrome Association of Greater Toledo
PO Box 298 Sylvania, OH 43560
information@dsagt.org
567-742-4004



Special Olympic News

It has been a very busy August/September for Henry County Special Olympics. We were finishing out equestrian, soccer, and softball seasons. September is now the time for Fall State Games. This is when athletes in soccer, softball, and the equestrian teams get to compete at the state level.

The last weekend in August, we had a team go to the 2021 Fall Games Equestrian Show in Columbus. This turned into a 1-day show. Even in the heat, our team did awesome!

2021 Fall Games Equestrian Show Results

Bobby Rosebrock - 2nd in Showmanship, 3rd in Barrels
 Samantha Dorrington - 3rd in Showmanship, 1st in Western Equitation
 Marcy Olhouse - 1st in Showmanship, 2nd in Western Equitation
 Jaycie Kinn - 1st in Showmanship, 1st in Western Equitation
 Lydia Kuehner - 2nd in Showmanship, 2nd in Western Equitation
 Suzanne Deweese - 2nd in Western Equitation, 2nd in Western Trail
 Rockne Saunders - 3rd in Western Trail, 2nd in Western Equitation
 Aaron Baker - 1st in Western Trail, 1st in Barrel Racing

It was a very hot softball and soccer season. Unfortunately, we missed several practices and games due to the heat. But we were able to get in a few. Everyone had fun and learned some new skills, so our seasons were still a success.

2021 Softball Season – Games

8/9 - Sandusky Raptors (A) 15(Raptors)-8(Cougars)

8/23 - Fulton Jaguars (A) 15(Cougars)-9(Jaguars)

8/31 - Sandusky Raptors (H) 16(Raptors)-5(Cougars)

9/11-9/12 - State Games Results

The Cougars had a loss to the Stark County DD team.



On Sunday 9/12, we played out consolation game against the Lorain – Murray Ridge Cougars. Henry County Cougars won that game 18-5. That allowed us to place 3rd in Division 3 – Blue.

If you haven't signed up for bowling or basketball, do it now! Bowling starts on September 21. Basketball practices will start the week of October 11. If you have questions, please contact us.

Special Olympic News

2021 Soccer Season

9/2 - Sandusky Raptors (A) The game was a loss for the Cougars, but we had a great time and had some wonderful examples of sportsmanship. We had three honorary Cougars that evening when three of the Raptors joined our team. Way to go Cougars and Raptors.

9/14 - Sandusky Raptors (A). We had a great time with our last soccer game of the short season. The team worked great together and enjoyed seeing their Raptor friends. We did have a loss, but like true Cougars fought hard!



On 9/12 we had several equestrians compete at The Special Horseman Connection Ponies and Pancakes show. Here are the results:

Elizabeth Helberg placed 2nd in Walk only showmanship

Sam Dorrington placed 2nd in Equitation Trot Independent and 4th in Walk Showmanship

Bob Rosebrock placed 6th in Walk Showmanship and 4th in Rail-trot Assist.

Lydia Kuehner placed 2nd in Rail-Canter and 5th In Equitation-Canter

Carrie Fuller placed 2nd in Equitation-trot Assist and 3rd in Rail-Trot assist

Chris Scarberry placed 3rd in English equitation-canter independent and 3rd in Rail-trot independent.

We are very excited to announce we will be holding a Clothing Sale fundraiser in the month of October. Watch for the order forms to be passed out at the bowling alley on October 5th but we will also have links on our social media page. The sale will run for three weeks, and items must be paid at time of the order. All orders will need to be turned in by the specified dates. No late orders will be accepted. Please drop all orders off at HOPE Services addressed to Special Olympics. If you have any questions, contact Zach or Renita.

October

2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	Horseback – 5-9	Bowling- 4-6	6	7	8	9
10	School Age- 3:30-4:30 Horseback 5-9	Bowling- 4-6 Team 1-6-7:30 Women – 7-8:30	13	14	15	16
17	School Age- 3:30-4:30 Horseback 5-9	Bowling- 4-6 Team 1-6-7:30 Women – 7-8:30	20	21	22	23
24	School Age- 3:30-4:30 Horseback 5-9	Bowling- 4-6 No Basketball	27	28	29	30
31						

Lymphoma Facts

I have chosen to write about lymphoma after I had become curious about it when my grandfather passed away from it several years ago.

Lymphoma occurs when white blood cells of the immune system grow out of control. According to www.cancerhealth.com/basics/health-basic/lymphoma, it can involve B cells, T cells, or natural killer cells, 3 types of lymphocytes. There are two main types: Hodgkin's lymphoma and non-Hodgkin's lymphoma.

Lymphoma begins in the lymphatic system— a network of lymph vessels and organs that play a role in the immune function and waste removal—but can be spread throughout the body, a process known as metastasis. It may arise in the lymph nodes, bone marrow (the spongy tissue inside bones that produce blood cells), the tonsils (immune organs at the back of the throat), the thymus (an organ in the chest where T cells develop), the spleen (an organ near the stomach that stores and recycles blood cells) or lymph tissue in the stomach and intestines

Hodgkin Lymphoma

*large abnormal B cells called Reed Sternberg cells build up in the lymph nodes

Non Hodgkin Lymphoma

*usually involve B cells but T cells may also be infected

NHL may either be either be aggressive (fast growing)
or indolent (slow growing)

Risk factors for lymphoma:

- *family history
- *exposure to radiation
- *exposure to some drugs or chemicals

Symptoms may include:

- *swollen lymph nodes
- *fever, chills and night sweats
- *frequent infections
- *cognitive changes
- *skin rash

Submitted by Stephanie Jones

Contact Us

www.henrydd.org

Administration Office
419-599-2892

Transportation
419-592-8726

Special Olympics
419-599-2892 Ext. 232

HARC Recreation
419-591-6798

BOARD MEMBER APPLICANTS

The Henry County Board of Developmental Disabilities is seeking Board Member Applicants. This volunteer position should have professional training and experience in business management, finance, law, health care practices, personnel administration or government services.

Applicants must live in Henry County. Commitment to the HCBDD includes, but is not limited to, attending a board meeting one time per month and obtaining 4 continued credit hours of training per year.

Letter of interest and resumes can be sent to:



Stephen E. Tucker
Superintendent
135 East Maumee Avenue
Napoleon, OH 43545

Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.



Napoleon, OH 43545

135 E. Maumee