

# HOPE Round Up

November 2021

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities

HAPPY  
THANKSGIVING



Congratulations to our staff recognized for their anniversary milestones they hit in 2020.

Thank you for your hard work and dedication!!

From left:

Kathy Bishop– 30 years

Blake Stambaugh-10 years

Jody Farber– 5 years

Stephanie Jones-5 years



## HOPE News

The office will be closed on November 25th and 26th due to the Thanksgiving holiday.

The next Board Meeting will be held on Wednesday, November 17th at 4:00pm in the activity center at HOPE Services.

### Self advocacy

Steve Mentrek and Pat Stephens will be presenting on November 18th at 5:30pm to 8:00PM. They will be talking about Human Trafficking and internet safety. More information will be available soon. Watch for flyer in the mail and on Facebook.

We will also have an opportunity to Volunteer at the Symphony of Trees. More info will be up coming.

Contact Tiffany Swihart at 419 599-2892 ext.250



Synergy 2021, learned some things and made many memories and new friendships!

## November Birthdays:

1st: Chris Scarberry  
 2nd: Johnathon Ickes  
 3rd: Carrie Fuller  
 5th: Vanessa Lanzer  
 8th: Abbie Hinkleman  
 8th: Vincent Smith  
 8th: Jessica Harmon  
 9th: LaNae Thompson  
 9th: Kenny VanPelt  
 10th: Jacob Heath  
 12th: Jeramiah Ditch  
 21st: Cody Steen  
 22nd: Andrew Hoagland  
 26th: Robin Sinn  
 30th: Edwin Baser  
 30th: Christian Parker



## November Anniversary

Chris Parker– 1 year at Napoleon PO/Creative Management  
 Gabrielle Heckler– 2 years at Walmart In Napoleon  
 Liberty Kern– 3 years at American Diner  
 Ryan Moore– 5 years at Burger King  
 Heather Obermyer- 13 years at HOPE Services  
 Sue Hartsworm– 27 years at HOPE Services  
 Jason Kiser– 29 years at Chief



### Henry County Special Olympics & Young Athletes

@HenryCountyCougarsSpecialOlympics · Community

If you haven't liked the Henry County Special Olympics and Young Athletes Facebook page, please do it now! We keep it updated with practice information, game times, health tips, and the latest information for our county.

# Early Intervention

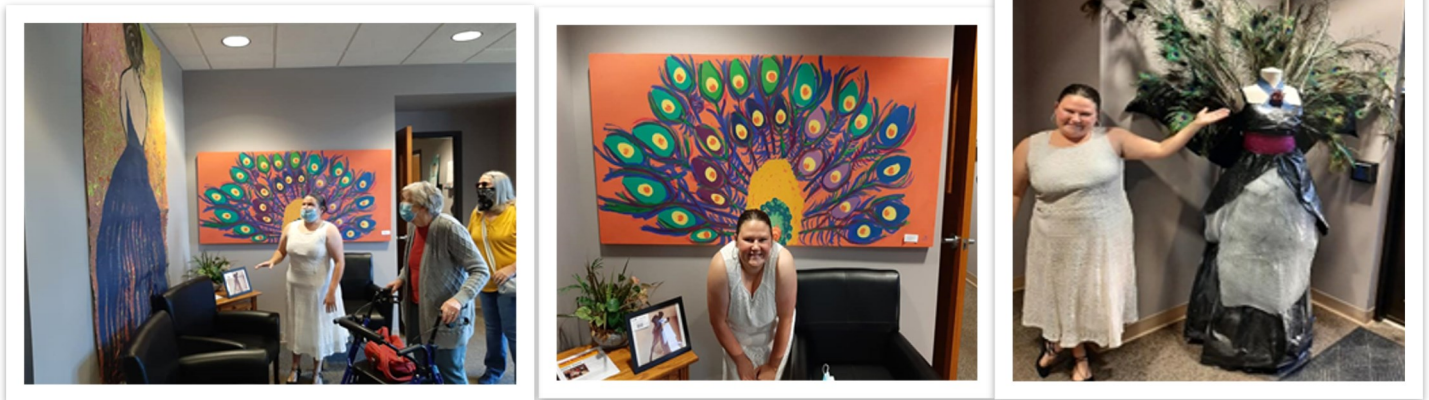


Oaklee is the son of Hanna and Josh Rabe. He will be 11 months old on 10/7. He has been with EI since February 2020, with our audiologist as his family's Primary Service Provider. Oaklee has bilateral hearing loss and does not let it slow him down at all! He loves music, running around in his walker, going for walks with his family, and petting the family cat.



## Congratulations Jessica

Jessica held her opening reception for her artwork on Monday, October 18th at HOPE Services. She had a successful evening. If you missed the opening night and would like to see her work, stop by HOPE Services anytime Monday-Friday 8:00am-4:00pm.



### Did you know....

Down syndrome is named after John Langdon Down, a British physician who was the first to classify the condition in 1866. John Langdon Down began his career as chief physician of Earlswood, an institution for people with intellectual and developmental disabilities. Prior to Earlswood, John Down had no experience caring for people with these types of disabilities. But something about them interested him. He saw their value and their humanity in a time when others didn't. He genuinely enjoyed being around them, and he became infuriated by the way they were treated. Corporal punishment was common, there was poor hygiene, high mortality rates, and nothing enjoyable or worthwhile for the patients to do. John Langdon Down insisted on change. He hired all new staff, demanded proper care and hygiene, prohibited punishment's, and offered crafts and hobbies to his patients. He took beautiful portraits of his patients dressing them in their nicest gowns and suits, and posing them in flattering ways. He used this portrait collection of over 200 photos to support his clinical description of Down syndrome, pointing out the physical features he noticed as well as the other clinical observations he made.

In 1868, he bought a large mansion as a home for people with Down syndrome, rather than an "institution". He ensured that the mansion met the highest standards of comfort and hygiene. All people who were brought to the mansion were privately educated. They were taught to ride horses, garden, and craft. Creative outlets were provided and he had a small theater built as an addition to the mansion. The mansion was called Normansfield, and is still around today in the UK. Now, it is named The Langdon Down Center and Normansfield Theater.

So "Down" has nothing to do with delays, or disposition, or prognosis of the syndrome. Its just named after a really, really cool person.



### Special Olympics

Basketball season has begun! Practices began the week of October 11th. This year we will have 4 teams, Women’s Team, Men’s Team 1 & 2, and a Youth team. If you are still interested in joining the basketball team, please contact Zach right away. Most of the teams practice two times a week, we can get you the dates and times. All practices are at the Filling Home Gym.

### Bowling news

We had a group participate in the Heartland Collegiate Athletic Bowling Conference Unified Bowling tournament in Indianapolis, IN. Our athletes had extra practices with their partners from Defiance College. This was such a great experience, and we cannot wait until next year. Thanks to Defiance College for this memorable opportunity!



## SUPPORT SPECIAL OLYMPICS

Starting November 2<sup>nd</sup>, we will be holding a fundraiser for basketball season. Just in time for the upcoming holidays, you can order a wide selection of bags for yourself or gifts for others from Thirty-one. Our Thirty-One Consultant will have a display of bags available to see at the bowling alley on November 2 from 3:30-5:30. You can get catalogs and flyers from both Zach and Renita at any practice, and there will be an online ordering option through our Facebook page. The sale will run from November 2 – 19. Please contact Renita with questions. You can call/text 419-601-2372.



Jacob Heath was chosen to lead the athletes in saying the Special Olympics oath at the start of the competition.



On October 9, 2021 Lydia Kuehner earned Champion in the EWD Walk/Trot/Jog Showmanship at the All American Quarter Horse Congress in Columbus, Ohio. All American Quarter Horse Congress is considered the largest single breed horse show in the world. Also, that weekend, she placed 17<sup>th</sup> in EWD Western Pleasure, and 15<sup>th</sup> AQHA/14<sup>th</sup> NSBA in EWD Pleasure.

Lydia has been taking riding lessons since she was three years old and has been taking lessons with Stacey Creps from Dusty Boots for the last eight years.

Lydia has a love of all animals, but especially horses and dogs. She is currently a sophomore and wants to start studying Equine Massage therapy and Canine Massage Therapy within the next two years. Some day she wants to start her own business working with dogs and horses. She has been learning how to ride English style the last three years and has a goal of learning how to jump horses also.



Listen to WNDH 103.1  
every Thursday at 12:20  
p.m. for more  
information about  
HOPE Services.



# JESUS BUILDS

JESUS BUILDS began in 2015 as a joint mission festival of seven ELCA congregations in southern Henry county. The funds raised through the annual JESUS BUILDS services have been used to assist individuals or families with home improvement/home necessity projects that may not have the financial means to do so themselves. This may include building ramps and renovating houses to improve habitability and accessibility. Many of the families associated with HOPE Services have benefited from this ongoing project. The only real stipulation is that individuals own their homes (no rentals). There is no extensive paperwork or “proof of need” necessary. JESUS BUILDS is a true asset to the citizens of Henry county.



# New Board Member

Nicky Tripp is our newest board member and she is pictured with Kent Beilharz, Board President.

Nicky lives in rural Miller City area with her husband and son.

Nicky was asked a few questions regarding her board appointment:



## 1. What is your favorite part of serving on the board?

Being a new board member, I am excited to be given the opportunity to serve my community.

## 2. Why do you want to serve on the board?

I want to help HOPE Services continue to provide supports and resources for the individuals and families it serves, and to do my part to help increase and continually better such supports and services.

## 3. What is your other occupation?

I am a preschool intervention specialist for the Northwest Ohio Educational Service Center within the Ayersville Local School District. I am also the owner of Sing, Giggle, & Grin Preschool & Childcare Center in Deshler, Bright Blessings Preschool & Childcare Center Miller City, and Star Tumbling Gymnastics, Deshler.

## 4. Do you have any goals for the Board or HOPE?

To explore additional services and supports that could be provided to the individuals and families Hope Services serves. I am particularly interested in promoting Applied Behavior Analysis Therapy.

# Let's get c o o k i n g

Cook Night Sponsored by HARC Inc.





# Buddy Walk 2021



Ace had 157 registered walkers with him and raised \$3,000 for Down Syndrome Association of Great Toledo.

Way to go, Ace!!

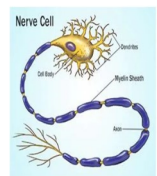




The professionals of HOPE Services raised \$3,137.00 to contribute to the United Way campaign. Several agencies serving Henry County residents will be provided funds.

**Thank you HOPE Services for your generous giving!**

I thought that I would take the opportunity to write about Charcot-Marie-Tooth disease, after I recently read that Alan Jackson, one of my favorite country singers, was diagnosed with the disease and I wanted to spread awareness of it. I received my information about it from the Cleveland Clinic website and found out that is a common neurological disease and is hereditary, which surprised me, because even though it was discovered in 1886 by 3 doctors, two from France and one from England, I had never heard of it before. The disease affects peripheral nerves, which are located outside of the brain and spinal cord. The function of these nerves is to supply the muscles and sensory organs in the limbs. A nerve cell communicates information to distant targets by sending electrical signals down a long, thin part of the cell called the Axon. In order to increase the speed at which cells travel, the Axon is insulated by the myelin. Myelin twists around the Axon like a jelly roll cake and prevents the loss of electrical signals. Without the Axon and insulator coating, or myelin sheath, nerve cells are unable to activate muscles or relay sensory information from the brain to the limbs and vice versa.



#### CMT Symptoms and Causes:

- \*affects both motor and sensory nerves
- \*weakness of the foot and lower leg muscles the lower leg may take on the appearance of a champagne Bottle, due to the loss of muscle bulk
- \*Later in the disease, weakness of the hands may occur, resulting in the difficulty of fine motor skills
- \*Caused by mutations in genes that produce proteins involved in the structure and function of either the Axon or the insulator coating, which is the myelin sheath. Consequently, these nerves break down slowly, losing the ability to communicate with their distant targets, resulting in not only muscle weakness of the arms, legs, and feet, but also the ability to feel heat, cold and pain.

-Submitted by Stephanie Jones

# November

## Special Olympics

# 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Horseback 5-9 School Age 3:30-4:30	Bowling 4-5:30 Team 1 6-7:30 Women 7-8:30	No practice	No Practice		
7	8	9	10	11	12	13
	School Age 3:30-4:30	Bowling 4-5:30 Team 1 6-7:30 Women 7-8:30	School Age 3:30-4:30 Women 4:30-6	Team 1 4-5:30 Team 2 5:30-6:30		
14	15	16	17	18	19	20
	Horseback 5-9 School Age 3:30-4:30	Bowling 4-5:30 Team 1 6-7:30 Women 7-8:30	School Age 3:30-4:30 Women 4:30-6	Team 1 4-5:30 Team 2 5:30-6:30		
21	22	23	24	25	26	27
	School Age 3:30-4:30	Bowling 4-5:30 Team 1 6-7:30 Women 7-8:30	No practice	No practice		
28	29	30				
	Horseback 5-9 School Age 3:30-4:30	Bowling 4-5:30 Team 1 6-7:30 Women 7-8:30				

## Contact Us

[www.henrydd.org](http://www.henrydd.org)

Administration Office	419-599-2892
Early Intervention and Employment Services	
Family Support Services	
Volunteer Opportunities	
Transportation	419-592-8726
Special Olympics	419-599-2892 ext. 232
HARC Recreation	419-591-6798



## Our Mission

*HOPE Services is*

*committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.*

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.