

HOPE Round Up

April 2022

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities



HOPE Services staff "Rocked their Socks" for World Down Syndrome Day on March 21st

WHAT IS WORLD DOWN SYNDROME DAY?

World Down Syndrome Day (WSD), March 21st, is a global awareness day which has been officially observed by the United Nations since 2012. Down syndrome is also known as trisomy 21 because people with Down syndrome have a third copy of their 21st chromosome, hence the celebration on March 21st or 3/21. And something that is fast becoming a tradition on March 21st is the wearing of unique, brightly colored socks. Since the chromosomes look like socks when viewed on a karyotype, you can "rock your socks" by wearing unique, mismatched, and colorful socks on March 21st to support and create awareness.



HOPE News

The HOPE Services office will be closing at 12:00 on April 15th In Observance of Good Friday.

The next HCBDD Board Meeting is 4-20-22 at 4:00 in the Activity Center at HOPE.

VOICES of **HOPE**
SELF – ADVOCACY



The Advocacy group met on March 22nd and held reelections for officer positions. A HUGE thank you to everyone that showed interest and ran for offices. Congratulations to Christina Clark, President, Shelby Meyer, Vice-President, Lydia Kuehner, Secretary, and LaNae Thompson, Treasurer. Our next meeting will be April 29th with Jeff Mires as our guest speaker to talk about his days in Secret Service work.

We Are Celebrating

April Birthdays

1st Christopher Hanson
7th Justin McGlothin
10th Jennifer Godeke
15th Samantha Philips
19th Christopher Elder
22nd David Shuey
24th Victoria Michael
25th Nola Hoskins
25th Debra Thome



April Anniversaries

Jennifer Cordes at Northwest State Community College-25 years
Terri Jo Stover at TPI -12 years
John Stout at Walmart Napoleon - 12 years
Blake Stambaugh at HOPE - 12 years
Jennifer Jenkins at Sanoh - 4 years
Cody Steen at Walmart Napoleon - 1 year

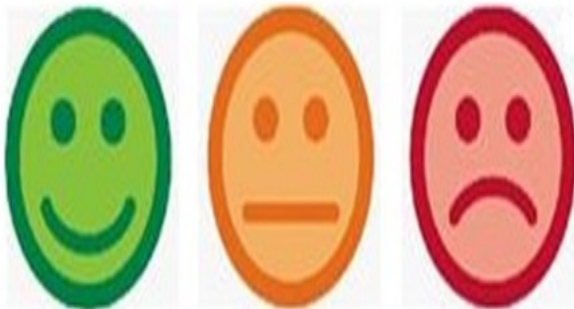
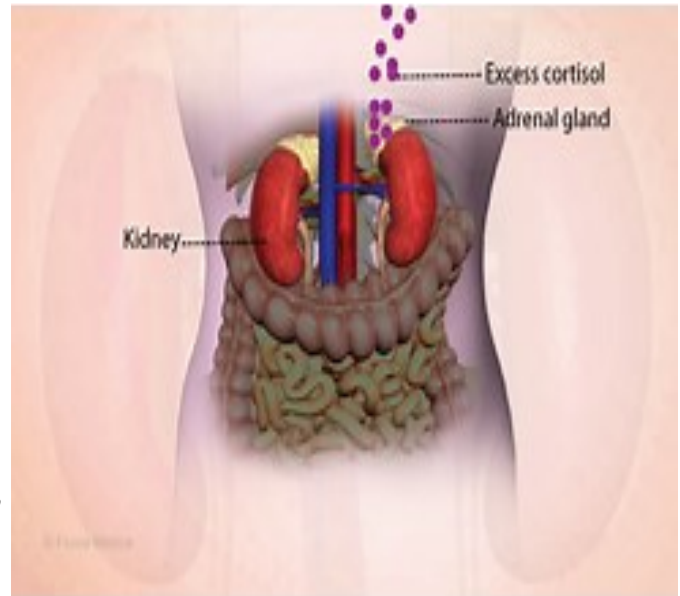


Listen to WNDH 103.1
every Thursday at 12:20 p.m. for more
information about
HOPE Services.

Cushing's Disease

For the month of April, I have decided to write about Cushing's Disease, which is caused by non-cancerous tumors, known as ACTH secreting pituitary adenoma. This serious endocrinopathy is a subset of Cushing's syndrome, which refers to high levels of cortisol, which is a stress hormone. This results from tumors in the pituitary, adrenal glands or from tumors in the body. The tumor removal is done through the nose and can cause some serious side effects, including weight gain in the face, neck and back, skin changes, and high levels of cortisol can also cause fatigue, muscle wasting and weakness.

submitted by Stephanie Jones



**YOUR FEEDBACK
MATTERS**

If you recently received an Employment Satisfaction Survey, it is not too late to submit them. Your feedback helps determine areas that we need to improve upon. If you need assistance with completing the survey or have misplaced it and need another one, contact Melinda Camp at 419-599-2892 Ext. 240

Early Intervention

Hadlee is 18 months old. She enjoys bouncing and rocking to music. Hadlee also enjoys looking at books and patting on the pages with her parents, Zach and Michala, as well as playing with farm animals. Hadlee has been enrolled in HOPE Services Early Intervention Program for more than a year. She is now saying the words "mama," "more," "bath" and "up" as well as making variations in her sounds. Hadlee is able to finger feed herself and will sign "more" when she wants more to eat. She loves to eat anything crunchy! Hadlee is now transitioning from sitting into the crawling position independently and she enjoys standing at children's furniture to play with her toys.



Youth Services



Meet Brandon

Brandon has been spending time thinking about his future and goals he would like to meet. He is currently attending Napoleon High School and expressed interest in obtaining a job. With assistance from his SSA, Mel Dachenhaus he recently started an after-school job cleaning the HOPE Services office. Brandon receives supports from Triangular Processing's Supported Employment. Brandon is excited about this opportunity and states he loves his job. Keep reaching those goals Brandon!

Let's get COOKING

Cook Night Sponsored by HARC Inc.



This month's menu consisted of Easy Sheppard's Pie, Rolls and Banana Pie Pudding. The meal was prepared by Derrick, Brayden, Kateena, LaNae and Linda. We added the new recipes to our cookbooks and discussed ideas for future meals. Hope to see everyone next month!

Special Olympic News

On March 5, we participated in Special Olympics Ohio Indoor Winter State Games at BGSU. This year we took athletes in all three sports offered, swimming, basketball, and competitive cheer. We had a day full of activity!



Our swimmers, Lydia Knepper and Katy Kuehner both brought home medals. Lydia Knepper earned a gold in 25 m Freestyle and Silver in 50 m Freestyle. Katy Kuehner earned a Gold in 25 m backstroke and Bronze in 50 m backstroke.

Next our Lady Cougars Basketball team competed in Division 2 basketball. They lost their first game, but not without a fight. In the end they placed 3rd in Division 2.



Our cheerleading squad led by Coach Amanda Barnes earned 1st place in Non-mount tumble division.

April is here and Spring Sports have begun.

This year we will be offering several options for our athletes:

Track/Field * Cycling * Volleyball *
Tennis * Bocce * Horseback *
Golf * Competitive Cheer

Special Olympic News



We want to thank everyone who made Good Luck cards for our athletes. We handed them out before events. These were a hit and your wishes brought lots of smiles to faces!

During our short break between seasons, we did continue bowling. But our school age bowlers had the opportunity to participate in the Four County Business Professionals of America Special Olympics Bowling Tournament. This was a morning of fun, laughter, and cheers. The students of the Four County Career Center came to River City Bowl a Way along with athletes from Henry, Defiance, and Fulton Counties.



It's going to be an exciting spring season, with a few surprises thrown in for our athletes. If you haven't signed up for Spring Sports yet, contact Zach or Renita. We really have a lot of activities to choose from!

We will also be introducing a new sport soon. This new sport will draw Henry County into a new realm of competition. It's exciting and challenging. Curious? Well, make sure to follow our Facebook page – Henry County Special Olympics & Young Athletes. There will be a big reveal soon!

Coach Zach

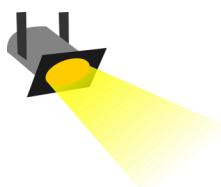
Coach Renita



A is for Abby



Abby has a love for art and a creative mind. With assistance from her SSA, Melissa Beman she recently began working at the Soaring Arts Studio through the Filling Home. She is now creating one-of-a-kind art pieces that are available for purchase. Abby enjoys her time at Soaring Arts and was delighted when she received her first paycheck. Keep creating Abby we love what you do!



Employee Spot Light



Kelsey works at Clubhouse Pizza in Holgate as a dishwasher on Wednesday nights. She has worked there for almost due to covid and just recently went back. Kim, the manager, always has positive feedback for Kelsey and is happy to have her back. Kelsey overcame the obstacles of learning how to clock in and out on the new system. Her coworkers were all excited for her to come back. The next time you are at Clubhouse Pizza in Holgate stop and say hi to Kelsey.



Students from Napoleon High School recently toured programs offered by COREe. They were able to see a residential home, the World of Work (WOW) program, A-Team/Senior program, Mya's Sweet Treats, and Top Dog. Students spent time at each location to learn about the program and services offered. They were able to ask questions and talk to individuals that currently participate in the programs. It was a long day, but very informational. Thank you Amanda Brachman for taking the time to show us around!



April is Autism Awareness Month

AUTISM AWARENESS



About Autism

Autism spectrum disorder (ASD) is a developmental disability that is estimated to affect about 1 in 44 children and approximately 2.21% of adults. Autism affects the way a person experiences the world and can result in significant challenges in social communication and interaction, as well as repetitive behaviors and unusual or intense interests.

People on the autism spectrum often have a strong preference for routines and predictability, and some are challenged in adapting to change. Many people on the autism spectrum experience sensory differences, including high or low sensitivity to sounds, light, textures, tastes, and physical touch. Some have accompanying language and/or intellectual disabilities, and some may be intellectually gifted or possess other unique abilities, talents, or strengths.

ASD can be diagnosed at any age, but differences generally appear in the first two years of life. ASD is known as a "spectrum" condition because it encompasses a wide variation in the type, combination, and severity of disabilities, as well as a range of unique abilities and strengths, many of which can change over the course of a person's lifespan. The type and intensity of supports and services that a child or adult on the autism spectrum may require, ranging from minimal to intensive, will vary depending on their unique needs.

With appropriate supports and an environment that promotes inclusion, acceptance, and empowerment, people on the autism spectrum can fully participate in community life and achieve their full potential.



HARC Recreation Events

March/April 2022

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up **ONE WEEK prior to the event**

DATE	EVENT	TIME	COST	Sign up required	LOCATION
Thursday, March 3, 2022	Game Night	6-8:00pm	\$5.00	yes	HOPE Activity Center
Friday, March 4, 2022	BGSU vs. Toledo	5:00-10:00pm	\$24.00	yes	BGSU
Friday, March 11, 2022	Craft Night	6-8:00pm	\$5.00	yes	HOPE Activity Center
Friday, March 18, 2022	Movie Night (Ghostbusters, new)	6:00-8:30pm	\$5.00	yes	Filling Home Community Center
Saturday, March 19, 2022	Monster Jam	11:30am-4:00pm	\$35.00	yes	Huntington Center
Monday, March 21, 2022	Cook Night	5-7:00pm	\$5.00	yes	HOPE Activity Center
Wednesday, March 23, 2022	BINGO	6-8:00pm	\$5.00	yes	HOPE Activity Center
Friday, March 25, 2022	HOPE Homecoming game and dance	4:30-9:30pm		yes	St. Paul's Gym
Friday, April 1, 2022	April Fools Day BINGO	6-8:00pm	\$5.00	yes	HOPE Activity Center
Saturday, April 2, 2022	Walleye game	4:00-9:00pm	\$21.00	yes	Huntington Center
Friday, April 8, 2022	Craft Night	6:00-8:00pm	\$5.00	yes	HOPE Activity Center
Thursday, April 21, 2022	OSU Stadium Tour	7:30am-4:00pm	\$20.00	yes	Columbus, OH OSU
Friday, April 22, 2022	Art Night	6-8:00pm	\$5.00	yes	HOPE Activity Center
Monday, April 25, 2022	Cook Night	5-7:00pm	\$5.00	yes	HOPE Activity Center
Saturday, April 30, 2022	Imagination Station Fun	9:00am-2:00pm	\$20.00	yes	Imagination Station, Toledo

Contact Us

www.henrydd.org

Administration Office	419-599-2892
Superintendent	419-599-2892
Early Intervention and	
Employment Services	419-599-2892
Family Support Services	419-599-2892
Transportation	419-592-8726
Special Olympics	419-591-6798
HARC Recreation	419-591-6798
Volunteer Opportunities	419-599-2892

Seeing Potential – Inspiring Opportunities



Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

