

# HOPE Round Up

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities

August 2022



HENRY COUNTY FARM BUREAU  
PRESENTS

*Shine  
IN THE  
Show Ring*

A LIVESTOCK SHOWMANSHIP OPPORTUNITY FOR  
INDIVIDUALS WITH SPECIAL NEEDS.

Henry County Farm Bureau is sponsoring a new livestock show planned for youth and adults with developmental disabilities. The objective is to give these individuals a chance to work with Jr. Fair exhibitors and their animals in an alternative livestock show to share what they have learned. The animal options that have been chosen are calves, sheep, goats, rabbits and pigs. Mentors, who are required to be in at least 5th grade with at least two years experience of showing a livestock animal, will work alongside their partner to show them how to care for the animal as well as how to safely and properly show the animal at the fair.

The public is invited to come support and encourage our participants during the show to provide them with a positive and memorable experience that benefits all involved.

Come on out to the Henry County Fair and support your friends at the Shine in the Show Ring on August 16<sup>th</sup> at 6 p.m.



For those athletes/  
families that would like to  
walk in the Henry County  
Fair parade, please  
contact Tiffany Swihart  
for further information.  
The parade will be held on  
Sunday, August 14  
starting at 6 pm.

## LADIES SPA DAY

WHEN: SATURDAY, AUGUST 20

TIME: 2 - 6 PM

WHERE: HOPE ACTIVITY CENTER

COME AND GET YOUR FEET/HANDS/HAIR

PAMPERED WITH FRIENDS.

SNACKS/DRINKS PROVIDED.

COST: \$10.00 PER PERSON

LIMITED SPACES.....

CONTACT RANDY TO SIGN UP - 419-591-6798



# We Are Celebrating

## August Birthdays:

2nd: JoAnn Dennie

3rd: Dawn McBride

6th: Tony Patterson

6th: Tyler Silveous

8th: John Isaksen

11th: Zachary Kania

14th: Madison Lutts

18th: Chad Fritz

18th: Suzanne Volkman

26th: Jonathon Fisher

26th: Kateena Spence

29th: Kellee Downard

29th: Jose Sifuentes

31st: Todd Rothenberger



## August Anniversaries:

Jennifer Hartford - 28 years at McDonald's

Terri Jo Stover - 17 years at Triangular Processing

Ryan Johnson - 10 years at Walmart in Napoleon

Nick Wainscott - 8 years at Triangular Processing

Larry Junge - 5 years at Petro

Christina Clark - 5 years at HOPE Services

Chris Buchhop - 5 years at Keller

Job Knepper - 4 years at Sauder Woodworking

Matt Flory - 4 years at Keller

Renita Kuehner - 1 year at HOPE Services

Dana Hockenberry - 3 years at Cooper Standard Automotive



No Voices of HOPE meetings in August.

No Henry County Board of DD Board Meeting in August .

## Meet Lydia

Lydia use to make soap as a hobby; she now makes soaps, wax melts, candles, hand sanitizers, and bath bombs. This hobby turned into a job for Lydia which is perfect for her because of her medical issues. She is now able to work when she is able. Lydia started off her business with creating a Facebook page which is, Angel Wings, where she sells her items. She has now expanded to selling her things at M&N Kettle Corn & Nuts where she rents a space to display her products. Lydia can make custom orders and she also does gift baskets. Lydia says, "If you want to start a business, keep trying and trying and trying. There's always something new to learn. Don't ever think you can't do it!"



## Triangular Processing Inc.

Tracy R continues to strengthen his employment skills, earning money, and building his resume this summer with assistance from staff at Triangular Processing Inc. (TPI). He has experienced a variety of job tasks such as recycling, deconstructing car seats, shredding, and general cleaning, among others. This experience helps him discover his skills, interests and values which will be beneficial when considering a career path.



## Arch Development and Shoes



Jodi Warnimont, PT

Recently during our Early Intervention meetings, we have noticed an increase in the number of parents and caregivers asking about their child's feet and arch development. Is it best for children to go barefoot? When should my child begin wearing shoes? What kind of shoes are best? Generally, we advise that it is best for babies and toddlers to go barefoot around the house. Going barefoot helps to promote strengthening of the small muscles around the ankle and helps to develop the arches of the feet. It also allows the child's foot to react to different surfaces and helps to improve the child's stability and balance. As babies, children are learning how to use their feet and toes to scoot themselves along the floor, and as toddlers, children are learning how to use their feet, toes and ankles to balance themselves for walking, climbing and running. Babies and toddlers naturally have flat feet because their bones and joints are still flexible. Research varies, but generally, arches begin to develop at around age 2-3 and are typically developed by age 6-7. When looking at shoes for your child, you want to make sure they have adequate arch support. You can check this by running your finger along the inside edge of the shoe. You should feel a slight bump up where the arch of the foot would rest. Limit wearing shoes that are completely flat on the inside or are very rigid and don't flex with your child's feet as they walk. Shoes that bend or flex at the ball of the foot allow for a more natural walking pattern and stability when walking and running.



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## In Need of Clothing?

Salvation Army of Napoleon can help! Salvation Army has adult and children clothing available at no cost. Located in the basement of St. Paul United Methodist Church at 232 W. Washington Street, Napoleon, Ohio 43545 (beside the Post Office). They are open on Monday, Tuesday, and Wednesdays 1:00 pm to 3:00 pm. Please use the door on the Post Office side of the building when visiting the store. Everyone is welcome!

# August 2022

## Henry County Early Intervention Playgroups



Open to anyone enrolled in Henry County Early Intervention and their immediate family members.

For the month of August, we will have two playgroups:

**Wednesday, August 10<sup>th</sup> @ 10:30 am (Water Play)**

**Wednesday, August 24<sup>th</sup> @ 10:30 am (Dog Day)**

We will be meeting at East Riverdowns Park in Napoleon (formerly Goosetown Park)

If there is rain or other inclement weather, we will be at Christ United Methodist Church (1255 Glenwood Avenue Napoleon, OH 43545)

## “Paraplegia”

Paraplegia is the result of damage to the brain, spinal cord or both. In most cases, spinal cord injuries to the 12 vertebrae levels, located in the middle of the spine, between the cervical and lumbar vertebrae are to blame. When these injuries occur, signals cannot travel to and from the lower regions of the body, and therefore it is prevented from sending signals back up the spinal cord to the brain.

Paraplegia is a paralysis of the legs.

Quadriplegia is the paralysis of the legs and arms.

Both conditions are typically the result of injuries affecting the spinal cord. In these cases, damage to the cervical spine (neck bones) is more likely to result in quadriplegia than injuries lower down on the spine

The leading causes of spinal cord injuries include:

- \*Car and motorcycle accidents (38.3%)
- \*Falls (31.6%)
- \*Gunshot wounds (13.8%)
- \*Sports and recreational activities, with diving accidents leading the way (8.2%)
- \*Medical or surgical injuries (4.6%)
- \*Other (3.5%)

A few other causes of paraplegia include:

- stroke
- oxygen deprivation due to choking
- spinal cord disorders or infections of the brain or spinal cord
- tumors



This information was found at [www.spinalcord.com/paraplegia](http://www.spinalcord.com/paraplegia)

-submitted by Stephanie Jones



# ROBOTS



Soaring Arts and HOPE Services created robots together. This is a small part of the robot army. Watch for a large robot exhibit this fall hosted by Soaring Arts.

# Youth Services



## COREe's World of Work

(WOW Program)

The WOW Program focuses on teaching new skills to prepare individuals to work in the community. Both volunteer and paid work experiences are offered in this setting. Shown above are Breckin M., Beth H. and Logan P. participating in some activities.



# Special Olympic News

## Special Olympics August 2022 Newsletter

The Cougars ended their Spring/Summer Sports season with a roar at Summer Games in Columbus, Ohio on June 24 – 26, 2022 in Columbus, Ohio.

The Cougars Traditional Volleyball team took 1<sup>st</sup> in their Division.

The track team Earned these placings:

Shelby Meyer – 1<sup>st</sup> in 100 m and 2<sup>nd</sup> in 200 m

Victoria Michael – 2<sup>nd</sup> in 100 m and 2<sup>nd</sup> in Shot put

Virginia Michael – 1<sup>st</sup> in Softball throw and 2<sup>nd</sup> in 50 m

Kathy Michael – 1<sup>st</sup> in Shot put and 1<sup>st</sup> in Mini Javelin

Our Bocce team – Josh Babcock and Brayden Kuehner earned 3<sup>rd</sup> in their Division.

Linda Baser earned Gold in her bowling division.

On July 16<sup>th</sup> the Northwest Region Special Olympics State Horse Show Qualifier was held at Dusty Boots in Weston. We had several athletes compete in this show. They did a wonderful job. Our Equestrian team will be headed to the State Horse Show. Our Fall Sports practices are now underway. We have started softball and soccer to our busy lineup. There is still time to join if you would like to play. Please contact Coach Zach. Softball practice is on Tuesdays/Wednesdays 5-6:30 at Oakwood Park, and Soccer practice is Tuesdays/Wednesdays 7-8 pm at the soccer fields by Napoleon Elementary School.

There are openings for anyone interested in joining the Cougars eSports team. The Cougars eSports team is more than just playing video games. Our athletes are competing with individuals outside of Special Olympics from all over the United States. They are learning team building and strategy skills each week as they work together as a team in competition. If you are interested in joining, please contact us.

August 12 – 14 in London, Ohio. Good Luck to our Cougars!!

# Special Olympic News

Our Competition Cheer team has been hard at work preparing for their upcoming summer shows. This year they will be showcasing at Napoleon High School, competing at the Wood County Fair, Liberty Center Cheer Fest, and Henry County Fair.

For those athletes/families that would like to walk in the Henry County Fair parade, please contact Tiffany Swihart for further information. The parade will be held on Sunday, August 14 starting at 6 pm.

On August 21, we will be holding our 2021-2022 Athlete Awards Banquet. All athletes and families are welcome to attend. It will be held on Sunday, August 21 from 5 – 8 pm. Location is at the Filling Home Gym. Please bring a dish to share. Any athlete who has participated in sports will be recognized for the 2021-2022 season. Please RSVP to Zach or Renita. \*\*Remember that masks are required in the hallways/restrooms, but not in the gym. \*\*

At the start of summer, Henry County Special Olympics started a Walking Group. Our HC Cougar Walking Group meets every Monday. We meet at Oakwood Park at the first parking lot from 5-6:30 pm. The community is welcome to walk with us. We look forward to meeting new people and making new friends while being more fit.

As always, you can keep up with all the latest feats and events for our Henry County Cougars by following our official Facebook page – Henry County Special Olympics & Young Athletes. @HenryCountySOCougars #HenryCountySOCougars

Hope to see everyone at one of our many upcoming events!

Stay Cool and Keep Living Your Best Life!

Coach Zach

Coach Renita



CALLING ALL ATHLETES AND FAMILIES!

YOU'RE INVITED TO THE  
ATHLETE AWARDS BANQUET

WHEN: SUNDAY AUGUST 21  
TIME: 5-8 PM  
WHERE: FILLING HOME GYM  
BRING A DISH TO SHARE

RSVP TO ZACH OR RENITA



# Special Olympics News



Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.

# Special Olympic News



A BIG Thank-you to Mac, from **Mac's Martial Arts Ohio**, for coming to our Voices of HOPE meeting and showing us some self-defense moves.





## HARC Recreation Events

### August, September, October 2022

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up and **Pay ONE WEEK prior to the event**

DATE	EVENT	TIME	COST	Sign up required	
August 1 - 3, 2022	Kids Camp (at Camp Palmer)	leave 8:00am	\$150.00	yes	Camp Palmer, Fayette, OH
August 4-7, 2022	Adult Camp (at Camp Palmer)	Leave 8:00am	\$150.00	yes	Camp Palmer, Fayette, OH
Saturday, August 13, 2022	Garden Club	1-3 pm	\$5.00	yes	HOPE Activity Center
Saturday, August 20, 2022	Ladies Spa Day	2-6 pm	\$10.00	yes Limited space	HOPE Activity Center
Friday, August 26, 2022	Craft Night	6-8 pm	\$5.00	yes	HOPE Activity Center
Saturday, August 27, 2022	Garden Club	1-3 pm	\$5.00	yes	HOPE Activity Center
Tuesday, August 30, 2022	Girl Named Tom	6:30 pm	\$49.00	yes	Huntington Center
Monday, September 5, 2022	Labor Day Bridge Walk	8:00am-2:00pm	\$20.00	yes	Morenci, Michigan
Saturday, September 10, 2022	Garden Club	1-3 pm	\$5.00	yes	HOPE Activity Center
Sunday, September 11, 2022	Kelly's Island Excursion	9:00am-7:00pm	\$25.00	yes	Kelly's Island, OH Lake
Friday, September 16, 2022	Art Night	6-8pm	\$5.00	yes	HOPE Activity Center
Saturday, September 24, 2022	Garden Club	1-3 pm	\$5.00	yes	HOPE Activity Center
Sunday, September 25, 2022	Mud Hens vs. Columbus	11:30-5:00pm	\$20.00	yes	Fifth Third Field, Toledo
Friday, September 30, 2022	Craft Night	6-8pm	\$5.00	yes	HOPE Activity Center
Saturday, October 1, 2022	Garden Club	1-3pm	\$5.00	yes	HOPE Activity Center
<u>Sunday, October 2, 2022</u>	Cleveland vs. K.C. Royals	11:00-6:30pm	\$54 +food \$	yes	Progressive Fields, Cleveland
Saturday, October 8, 2022	Blood Prison (Very Scary!)	11:00-8:30pm	\$25+food \$	yes	Mansfield Correction Center
Wednesday, October 12, 2022	Mystery BINGO	6:00-8:00pm	\$5.00	yes	HOPE Activity Center
Friday, October 14, 2022	Craft Night	6:00-8:00pm	\$5.00	yes	Mansfield Correction Center
Friday, October 21, 2022	WWE Smackdown	6:00-10:30pm	\$55.00	yes	Huntington Center
Sunday, October 30, 2022	Halloween Party and Dance	6:00-9:30pm	\$5.00	yes	Filling Home Community Center

# ROBERT SPRAGUE

## Ohio Treasurer



### **Empowerment, Independence, and Stability through STABLE Account**

*By Ohio Treasurer Robert Sprague*

August is ABLÉ to Save Month, and there is no better time to raise awareness about the life-changing impact ABLÉ accounts can make for people living with disabilities.

With costs rising on nearly everything we buy and ongoing economic challenges nationwide, Ohio families are feeling the squeeze. And, as many know all too well, disability-related expenses can pose additional financial strains.

However, in the Treasurer's office, we have a powerful tool to help alleviate some of those financial pressures, unlock each person's potential, and make our communities and economy stronger. Through STABLE Account – Ohio's ABLÉ program – the Treasurer's office plays a key role in the effort to enhance financial independence and stability for people living with disabilities and their families.

Before STABLE accounts, people living with disabilities could only save \$2,000 before losing means-tested benefits such as Medicaid or Supplemental Security Income (SSI). These old rules discouraged saving and investing, and asset limits often kept individuals living in the financial margins.

STABLE accountholders can save up to \$16,000 each year without jeopardizing federal assistance. If the account holder is employed, they can save an additional \$12,880 each year. Earnings on STABLE accounts grow tax-free, as long as funds are spent on qualified expenses, such as education, transportation, health care, assistive technology, personal support services, and many others.

For individuals living with disabilities and their families, a STABLE account can be life-changing as it provides a secure and sound way to manage funds and navigate various disability-related expenses. Additionally, for those wishing to enter the workforce, opening an account can help build the foundation for independence throughout adulthood. We've heard many stories of accountholders buying cars, paying rent, and even putting down payments on their first homes. This financial stability is powerful and can provide the peace of mind that comes with a plan for the future.

As the nation's first and premier ABLÉ program, STABLE Accounts now serves nearly 30,000 accountholders. In the Buckeye State, we've seen how STABLE accounts improve financial stability, promote independence, and improve quality of life. There's always more work to be done, but during ABLÉ to Save Month, we have plenty to celebrate.

## Contact Us

[www.henrydd.org](http://www.henrydd.org)

Administration Office	419-599-2892
Superintendent	419-599-2892
Early Intervention and	
Employment Services	419-599-2892
Family Support Services	419-599-2892
Transportation	419-592-8726
Special Olympics	419-260-2176
HARC Recreation	419-591-6798
Volunteer Opportunities	419-599-2892

*Seeing Potential – Inspiring Opportunities*



## Our Mission

*HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.*

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

