December 2022

# HOPE Round Up

**News from HOPE Services** 

**Seeing Potential ~ Inspiring Opportunities** 



# NEW BOARD MEMBER



We would like to welcome Dan Bischoff as our newest Board Member!

Dan states "HOPE Services has a great amount to offer the community, and I would be honored to be a part of an organization that is changing the community I live in".

Dan lives in Napoleon and is the owner of Memory Keepers Antiques. Welcome, Dan! We think you'll be a great addition to our Board!

#### December 2022

The Next Board meeting will be held on

December 21<sup>ST</sup> at 4:00PM at

COREE Residential 824 East Riverview.

The office will be closed on December 23<sup>rd</sup> and the 26<sup>th</sup> of December for Christmas.

We will also be closed on December 30<sup>th</sup> though January 2 2023 for the New Year's holiday the office will reopen on January 3<sup>rd</sup> at 8AM.

The Voices of HOPE will be having a

Christmas party on December 16<sup>Tt</sup> from 5:00p.m to 7:00pm at the

Filling Home Community Center. Everyone is invited to attend.

RSVP Tiffany By December 12



#### HOPE WELCOMES 2 NEW HIRES



Please help us welcome Stacy Jackson to our agency! Stacy was hired as a Service and Support Administrator (SSA).

Stacy and her husband live in Haskins and they have a son, Bennett.

Stacy enjoys binging crime shows, bargain shopping, and gardening.

Welcome, Stacy!

Please help us welcome Tracy Deblin to our agency!

Tracy is our Business/ Medicaid Services Manager.

Tracy lives in Napoleon with her husband Aron and two sons, Shane and Matt.

Tracy enjoys spending time with her family at their lake house.

Welcome, Tracy!!



# VOICES of PE SELF – ADVOCACY

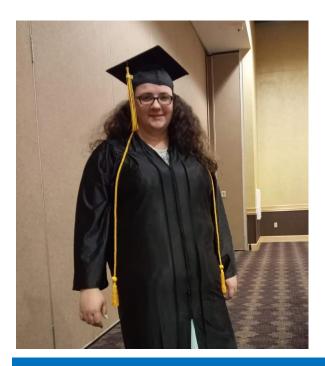


The Voices of HOPE group met on November 18<sup>th</sup>. Ryan Seesholtz, talked to the participants about budgeting and the importance of saving. Everyone participated in a budgeting activity. A huge thank you to Ryan, Cassandra, Adrianna and Jackson Seesholtz, Paul and Liz Fruchey, Melinda Camp, and Kylie Brinkman for your help.







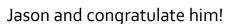


# Congratulations Tyral

Tyra is well on her way of fulfilling her dream of becoming a licensed massage therapist. Recently, Tyra graduated from Orion Institute with a 3.5 grade point average. She is now studying for her state board test. Good luck Tyra, we can't wait to book massages with you!

#### Congratulations on 50 Years

We want to congratulate Jason Kiser. Jason has been working at Chief's in Napoleon for 30 years. He celebrated his anniversary on November 9<sup>th</sup>! Jason has seen many changes in management and customers over the years. If you shop at Chief's, make sure to look for





**DEDICATED ASSOCIATES** 

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#### **HOPE Services Foundation, Inc.**



Look for the BOX

# Turn your Empties into \$\$\$\$\$\$ To Support The HOPE Foundation

We are collecting empty/used ink cartridges with all the profits going toward the HOPE Foundation. Cartridges can be dropped off at HOPE Services or the Liberty Center and Napoleon Libraries. More donation boxes are coming soon. If you have empties, please take a moment to donate them to the Foundation. If you are a business and would like information on how to get a box please contact Tiffany Swihart, Advocacy and Community Support Coordinator at HOPE Services 419-599-2892 Ext. 250





How much did Santa pay for his sleigh?

Nothing - It was on the house

What did the snowman say to the aggressive carrot?

A gingerbre doctor's co

Last Christmas I bought my friend a lie detector as a gift. "Oh... I love it!" she said. "We'll see," I said.

What do you call a blind reindeer?

Still no-eye deer.

What is one of the best Christmas presents that you can give and receive?

A broken drum.

Why?

Because you can't beat it!

What do donkeys send out near Christmas? Mule-tide greetings.

A gingerbread man went to the doctor's complaining of a sore knee.

"A sore knee?" the doctor said.
"Have you tried icing it?"

What do you get if you eat Christmas decorations? Tinsilitis.

Why are mummies such big fans of Christmas?

Because they enjoy wrapping.

I have this incredible ability to predict what's inside a wrapped present. It's a gift.



#### **December Birthdays**

Blake Stambaugh Beau Beech

Christopher Bitzinger Ryan Moore

James Horner Michael Wing

Virginia Michael Jonathon Hench

Tyra Knepper John Hoover

Kathy Bishop Clarence Rohdy

Tiffany Swihart Arlene Cole

Jeremiah Sgro Christopher Barnes

Ricky Adams Samantha Dorrington

Deryck Underwood Chris Schultz

Noela Knepper



#### **December Anniversaries:**

Teresa Baser -9 years at McDonald's

Nathaniel Vogelsong -8 years at Lowe's

Kyle Burditt -3 years at Cloverleaf Cold Storage

Shannon Allen -2 years at Arby's

Logan Cavazos -1 year at Genacross Lutheran Services





# HARC





HARC Recreation Events	December	2022			
Contact Randy Barnes at	To sign up	ONE WEEK prior	the	event	
419-591-6798 or 419-599-2892		to			
DATE	EVENT	TIME	COST	Sign up required	LOCATION
Saturday, December 3, 2022	Miracle on 34th. Street	12:30-6:00pm	\$20.00	yes	Croswell Opera House Adrian, MI
Friday, December 9, 2022	Zoo Lights	5:00-9:30pm	\$20.00	yes	Toledo Zoo
Saturday, December 10, 2022	Craft Day	2:00 - 4:00pm	\$5.00	yes	Nap. Naz. Church
Wednesday, December 14, 2022	MIS Christmas Lights	4:00-10:00pm	\$5.00	yes	Michigan Interna- tional Speedway
Saturday, December 17, 2022	Disney on Ice	1:30-7:00pm	\$46.00	yes	Huntington Center
Wednesday, December 21, 2022	Christmas BINGO	6:00-8:00pm	\$5.00	yes	Filling Home Community Center
Saturday, December 31, 2022	Happy New Year Party	6:00pm-12:00AM	\$5.00	YES	Filling Home Community Center
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#### All Event Fees need to be paid on sign up



#### Ryan's Restaurant Review

Hello, this is Ryan Moore writing another restaurant review. This week I ate at Moncho's in Defiance with my mom and dad, my brother Collin, and a friend.

For our appetizers, we tried the beef and chicken empanadas that were really good. The empanadas were my favorite menu item. The meat fillings were perfectly seasoned and flavorful, and the empanadas came with creamy cilantro sauce. You get 3 big empanadas with

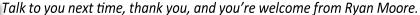
each order, and you could make them a meal. The cilantro sauce was so good, and I recommend adding any extra sauce to the tacos. We also tried the dip trio that came with chips, guacamole, queso, and Pico de Gallo, but I wish it could have been salsa instead of Pico de Gallo. I don't like guacamole, but my mom said it was good, but not great.

For our meals, we all tried tacos, and my dad tried the classic nachos. The menu has a big variety of tacos, I think there were 14 different kinds. I had the bulldog taco with steak, chorizo, onion and cilantro. I also tried the pastor taco with marinated pork, pineapple, onion, and cilantro. The tacos were \$4.25 each. My dad's nachos were a giant mountain.

We decided to try the sopapillas for dessert. That hit the spot too! It included a puffy cinnamon sugar tortilla topped with ice cream, caramel, and chocolate sauces that everyone enjoyed.

Moncho's also has burgers, hotdogs, and flatbread pizzas. The flatbread pizzas are buffalo chicken or chicken Verde. The menu also has specialty dinners with Latin American flavors from Venezuela, Peru, Dominican Republic, Argentina, Cuba, and Colombia. Moncho's is where Shoney's restaurant used to be, close to the Defiance High School. The address is 1880 S. Jefferson Avenue in Defiance. I give this review a perfect five out of five stars, and my family thought it was 4 stars. I recommend eating at this restaurant whenever you get a chance to make it to Moncho's. You'll be 100% satisfied with your meal!

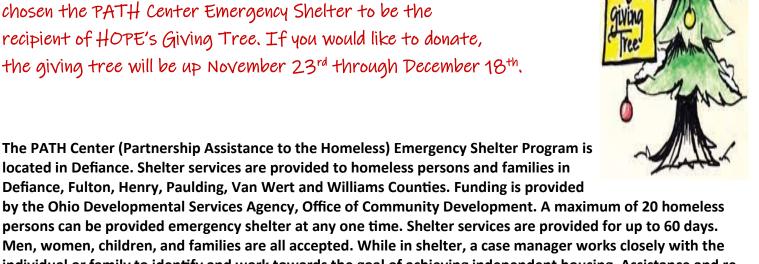






### Giving Tree

Each year staff and friends of HOPE give back to the community through the Giving Tree. This year we have chosen the PATH Center Emergency Shelter to be the recipient of HOPE's Giving Tree. If you would like to donate, the giving tree will be up November 23rd through December 18th.



Defiance, Fulton, Henry, Paulding, Van Wert and Williams Counties. Funding is provided by the Ohio Developmental Services Agency, Office of Community Development. A maximum of 20 homeless persons can be provided emergency shelter at any one time. Shelter services are provided for up to 60 days. Men, women, children, and families are all accepted. While in shelter, a case manager works closely with the individual or family to identify and work towards the goal of achieving independent housing. Assistance and referrals are provided to address issues such as employment, mental health, budgeting, and access to community resources as well as nutrition, health, and transportation.

#### Below is a list of items currently in need at the PATH Center.

Soap, Shampoo, Conditioner, Razors, Toothpaste, Tooth Brushes, Deodorant

Towels **Hand Towels** Wash Clothes **Blankets** 

Sheets (Twin & Full) **Pillows** Pillowcases Trash Bags Paper-Towels

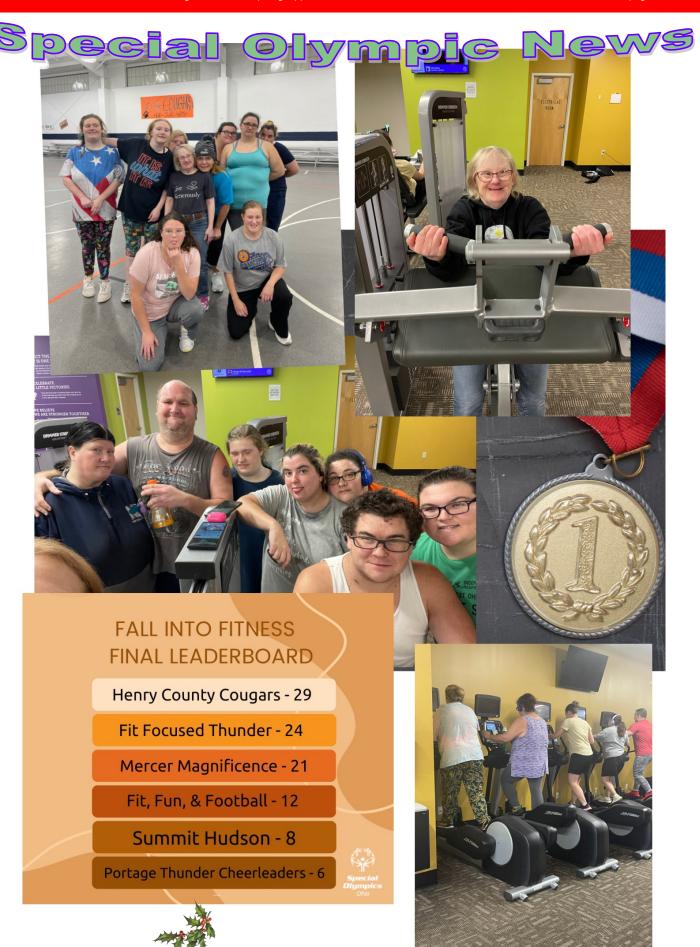
Laundry Detergent Fabric Softener Dishcloths Dishtowels

Window Cleaner Dish Soap Multi-Purpose Cleaner Floor Cleaner

Hand Soap Toilet Bowl Cleaner Mops Brooms Dustpan Toilet Paper

Games **Cash Donations** Toys

Food Items that can be prepared in a microwave



**December 2022 Special Olympics Newsletter** 

We have had a very busy fall. Not only have Winter sports started their practices, but we also had a group of athletes compete in the Special Olympics Ohio Fall into Fitness challenge. We want to give a HUGE congratulations to these athletes. Henry County placed 1<sup>st</sup> in this challenge sponsored by Special Olympics Ohio. This hardworking group of individuals logged 29 workouts between October 3<sup>rd</sup> and November 12<sup>th</sup>. They received some great prizes from the State office for their hard work.

There is certainly no lack of activity with our Cougars. With four basketball teams, there are practices almost every day during the week. This year we have a school-age team, two men's teams, and a Ladies team.

School age Team members are Lyla Wiemken, Caty Kuehner, Alex Eis, Lydia Kuehner, Logan Parker, Kayden Kunsman, Luke Chambers, Jordyn Beilharz, David Rose, Adrienne Gerken, Levi Wallace

Lady Cougars – Tyra Knepper, Victoria Michael, Virginia Michael, Kathy Michael, Lydia Knepper, Jessica Clapp, Bethany Mathers, Samantha Dorrington, Amanda Laver, Caitlin McCafferty, Sammi Adkins

Team 1 – Joey Kuehner, Brayden Kuehner, Chris Scarberry, Juan Delgado, Chad Fritz, Cody Steen, Robby Bauer, Scott Michael, Keith Rose, Tito Martinez, Domenik Neumeier, Aaron Delgado, Andy Ellerbrock, Nate Vogelsong, Josh Kristek, Matt Wright

Team 2 – Anthony Delgado, Job Knepper, Vinnie Simon, Tracy Rose, Brett Mason, Matt Hines, Skylar Miller, Jacob Heath, Keith Vardinakis

Be sure to follow our official Facebook page: Henry County Special Olympics and Young Athletes @HenryCountySOCougars. We keep all the latest information posted on this platform.

Have a very warm and safe December!

Coach Zach (419-260-2176) and Coach Renita (419-601-2372)



Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.

This is our current Home game schedule:

12/21 - Henry County vs Williams County - School age team and Team 1

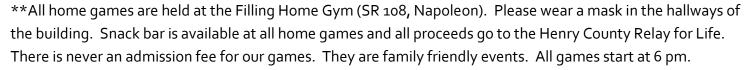
1/23 - Henry County vs Sandusky County - Team 2

1/24 - Henry County Vs Fulton County — Team 1, Lady Cougars, and Skills team

1/25 - Henry County vs. Lucas County — Team 1 and Team 2

1/31 - Henry County vs. Wood County - Team 1 and Team 2

2/8 - Henry County vs Sandusky County - Team 1 and Lady Cougars



We are still looking for some help refereeing at our home basketball games. If you are interested in helping us out, please contact Zach or Renita with questions. While we are looking for referees for basketball season, let's look ahead to volleyball starting in April – June. If you can help us with any of our home volleyball games, please contact us.

Be sure to mark your calendars for these upcoming Community events:

2/25 – Henry County Special Olympics Polar 5K/Athlete Walk and Silent Auction – registration opens at 8 am, Race starts at 9 am, Athlete Walk at 10 am. – American Legion, Glenwood Park.

**2/26** – **Henry County Special Olympics Cheers to End Cancer Cheerleading Showcase** – Napoleon High School – Starts at 2 pm.

We could use some volunteers at each of these events. If you would like to help us at either event, please contact us.

Thank you again for your support of our athletes! They appreciate every cheer, comment, and volunteer hour. We truly have the best fans!

Stay Warm and Hope to see you at our Home Games cheering on our Cougars!

Be sure to follow our official Facebook page: Henry County Special Olympics and Young Athletes @HenryCountySOCougars. We keep all the latest information posted on this platform.

Have a very warm and safe December!

Coach Zach (419-260-2176) and Coach Renita (419-601-2372)



Competition and Basketball cheerleading will be starting on December 7<sup>th</sup>. Practices will be on Wednesdays 5-6 pm at the Filling Home. Cheerleaders will be able to cheer at Home games during the season. If you haven't signed up, please contact Zach or Renita as soon as possible to get on the list.



#### 2023 Cheerleading Showcase

Sunday, February 26, 2023 @ 2 pm Napoleon High School, 701 Briarheath Dr, Napoleon, OH. 43545

Cost - \* \$20.00 per team

All Proceeds will be donated to Henry County Relay for Life

\* Complete and return team roster with payment before February 12th, 2023

- \* Jr. High and Varsity Divisions
- \* Tumble and Non-Tumble Divisions
- \* All Star and Mini Teams Welcome

Divisions - Varsity Tumble, Varsity Non-tumble, Jr. High Tumble, Jr. High Non-tumble, Spirit Division Non-Tumble

Please Register each division individually.

For more information contact:
Renita Kuehner 419-601-2372 or rkuehner@henrydd.org
Amanda Seiler 419-654-3235 or amanda.barnes2017@gmail.com



### 2023 Henry County Special Olympics Polar 5k/Walk

When: Saturday, February 25, 2023 Time: 5K – 9 am / Athlete Walk 10 am Where: Glenwood Park 521 Glenwood Avenue Napoleon, Ohio

Cost: \$25.00/Day of Race: \$30.00

If registered by 2/15 – guaranteed a Race shirt/bag

Interested? - Call 419-601-2372 Or search on runsignup.com

Music – Art - Food - Fun Registration/Check-in opens at 8 am

American Legion – Main Building Silent Auction 8- 11:30 am



# Did you Know?

Psychotic disorders are a group of disorders that affect the mind. They make it hard for someone to think clearly, make good judgements, respond emotionally, communicate effectively, understand reality, and behave appropriately. When symptoms are severe, people with psychotic disorders have trouble staying in touch with reality, and often are unable to handle daily life.

The different types of psychotic disorders are:

- -Schizophrenia. People have changes in behavior and have hallucinations or delusions that last longer than 6 months
- -Schizoaffective disorder. People have symptoms of both schizophrenia and a mood disorder. It is viewed and treated as combination of someone hallucinating or having a mood disorder such as bipolar
- -Schizophreniform disorder. Symptoms of schizophrenia are included, but they last between 1 and 6 months
  - -Brief psychotic disorder, often in response to a very stressful event
  - -Delusional disorder
  - -Shared psychotic disorder
  - -Psychotic disorder due to a medical condition
  - submitted by Stephanie

Information was found at www.webmd.com/schizophrenia/guide/mental-health-psychotic-disorders

## Contact Us www.henrydd.org

HOPE Service Office 419-599-2892

Special Olympics 419-260-2176

HARC Recreation 419-591-6798

Henry County Board of Developmental Disabilities



Seeing Potential - Inspiring Opportunities

#### **Our Mission**

**HOPE** Services is

committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

135 E. Maumee Napoleon, OH 43545

