HOPE Round Up

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities





2023 Board Members



Pictured from left: Nelda Irving, Secretary; Greg Heath, Vice President; Monica Atkinson, President; Kelly Aldrich, Superintendent; Nicky Tripp, Board Member; Amy Rosebrock, Board Member and Dan Bischoff, Board Member. We thank our Board Members for bringing their passion, insight, experience, and resources to the table!

Hope News

The HOPE Services office will be closed on February 20th for Presidents Day. The office will reopen on February 21st at 8:00A.M.

The next Board meeting will be on February 15th at 4pm .



Retirement Honored

The Henry County Board of DD recognized Christine Schultz, Employment Specialist on January 18th as she was set to retire on the 30th after 22 years of service.

Chris has impacted many lives, and we are grateful for the dedication and compassion she demonstrated in her work and to the individuals we serve.

Chris was responsible for 200-plus job placements throughout her years at HOPE.

A retirement celebration was held for Chris on Monday January 30th.

February Birthdays

Renita Kuehner Jerry Rettig

Melissa Beman Brayden Kuehner

Stephanie Jones Rhett Kovar

Melinda Dachenhaus Theodore Schnabele

Hunter Carpenter Sharon Lamphier

Ricky Hofacker Robert Bauer

Andrew Ellerbrock Jacob Perry

Abby Weaver

Conner Hockenberry

Michael Davis

Michelle Crouch

Brooke Wilcox

Brian Baringer

Eric Alonzo



February Anniversary

Kelly Verbeke - 27 years at HOPE Services

Kris Banister - 9 years at HOPE Services

Joann Elston - 7 years at HOPE Services

Phillip Etoll - 2 years at HQPE Services

Jessica Clapp - 2 years at Genacross Lutheran Services



A <u>HUGE</u> Thank you to the Work Transition Class at Four County Career Center for collecting and delivering Christmas donations for this year's Christmas Exchange Store.









Pictured are Virginia, Emma, Addy & Erick from the Work Transition Class.





If you recently received an Employment Satisfaction Survey, it is not too late to submit them. Your feedback helps us determine areas that we need to improve upon. If you need assistance with completing the survey or have misplaced it and need another one, contact Melinda Camp at 419-599-2892 Ext.



Ryan's Restaurant Review

Hello restaurant lovers! This is Ryan Moore, bringing you another delicious restaurant review. I know there are a lot of pizza lovers around town, so my pick for this month is

Brick N Brew in Napoleon.

Henry County is lucky to have this little place that serves brick oven pizza! They are located across from the courthouse in Napoleon. Their menu lists fresh dough pizza, thin crust pizza, subs, and a variety of breadsticks including stuffed breadsticks. We ordered an 18-inch fresh dough pizza that was so tasty. The brick oven baked crust was smokey and crisp outside, with charred spots full of great flavor. The pizza sauce was sweet, savory and smokey. I'd rate the brick oven pizza five out of five stars! We also tried the Italian Beef sub and the Chicken Bacon Ranch sub for my review. The Italian beef sub was our favorite. It was on a 6-inch bun, filled with tender sliced beef, and covered with peppers, onions, and shredded cheese, and came with a cup of au jus for dipping. Au Jus is a seasoned broth, and it adds rich flavor and juiciness to the sub. I would rate the subs 4 stars. Some friends at the table next to ours had the stuffed breadsticks, filled with the toppings from a supreme pizza. They said the breadsticks were great with the dipping sauces. I would recommend this local Henry County restaurant to my readers. They have 6 small tables for dine in, or you can call 419-717-9554 for takeout. I hope you give it a try!







Kudos Jason!

Honorable actions rarely go unnoticed. Recently, Jason who works at Chief Supermarket found a customer's personal belonging and turned it into the office. The customer was so grateful she bought him a sweatshirt and some Buckeyes to show her gratitude. Fantastic job Jason!

Employment News



Tyler began working 9-27-2022 as a lot attendant at Walmart in Napoleon. Tyler enjoys his job and gets along with his co-workers. Tyler is also training to work in the Maintenance area at Walmart and hopes to increase his hours. If you shop at Walmart, you will see Tyler in the parking lot or entrance areas at the store Tyler also assists customers load purchases in their vehicles.



Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.

Voices of HOPE

Carolyn Badenhop from the OSU Extension Office met with the group to discuss eating healthy. This was three-part series that met weekly. Among the topics were My Plate, eating out using My Plate, meal planning and grocery shopping on a budget. The participants received handouts and participated in activities.





SELF ADVOCACY



Some of our Henry County advocates recently had a chance to listen to Self-Advocate Speaker Michael Marshall. Mr. Marshall is a person living with a rare developmental disability. He believes everybody deserves the opportunity to fulfil their potential. If you have an opportunity to hear him speak, take it. Thank you, Defiance County Board of DD, for sponsoring this.

Brain Stem Cell Injury

Brain stem cell injury is the result of either a prolonged loss of oxygen to the brain or forceful trauma to the head in which the brain violently collides with the skull. The brain stem cell not only controls bodily stem cell functions, but also acts as the link between the rest of the brain and the spinal cord. It means any damage to the brain cell can affect other functions.

The brain stem cell is susceptible to injury because of its location and is often fatal. It affects the quality of life as brain stem injury can change the patients memory and personality. Also damage to the brain stem cell can paralyze the person , and very few patients recover from severe injury.

Symptoms of brain cell injury include:

- *dizziness
- *irregularity in breathing
- *repetitive jerky eye movements
- *balance issues
- *loss of sense of smell
- *impaired vision
- *altered heart rate
- *paralysis
- *coma
- *loss of some reflexes

-submitted by Stephanie Jones



January has been a flurry of activity for the Cougars. Basketball games are underway. Swimming team is prepping for Regionals, and the cheerleaders are practicing for their upcoming 2023 Cheers to End Cancer Cheer Showcase.

So far this is the 2022-2023 standings for the for the basketball teams:

Men's Team 2 (2-0)

Men's Team 1 (6-o)

Lady Cougars (0-2)

School age (0-2)

Mens Teams 1 & 2 will be playing their regional tournaments the weekend of February 4 & 5 to determine their state placements. The Lady Cougars will not be advancing to state this year.

On January 7, the Cougars Esports team travelled to Northwest State Community College to participate in Game Con 23. Derrick Maassel and Caty Kuehner participated in the Cosplay contest. Joey Kuehner, Tito Martinez, Zach Hopkins, Domenik Neumeier, Josh Babcock, Brayden Kuehner, Samantha Dorrington, and Amanda Laver competed in Esports game tournaments with Rocket League and Smash Brothers. It was a great time, and everyone is prepping for our next event. They also participated in Lego building, a digital drawing contest, played retro video games, and met Star Wars characters.







On January 7, the Defiance College Men's basketball team hosted our Men's teams Cougars for their game against Transylvania. We had a great time.

Special Olympic News

January 10, a Group of Cougar basketball players headed to Wood County for a Regional Basketball Skills tournament.

Cody Steen, Bethany Mathers, Brayden Kuehner, Joey Kuehner all received 1st placings. Samantha Dorrington and Nate Vogelsong received 2nd place, and TJ Stover received a 3rd place.





On January 14, the Cougars were invited to the Fulton County Jaguars Homecoming. We played a basketball exhibition against them and then had dinner and danced the night at their Glow Party. Everyone had a great time.



We have 6 bowlers that have been practicing with Defiance College athletes to attend the Unified Bowling event with the Heartland Collegiate Athletic Conference in Indianapolis. Linda Baser, Caty Kuehner, Derrick Maassel, Bob Rosebrock, Brayden Kuehner, and Jerry Rettig will be representing Henry County this year. They will be heading out next month for that event.

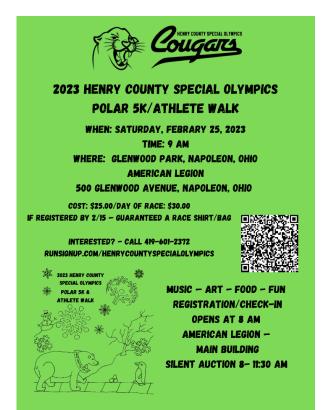
Be sure to follow our Facebook page to stay on top of the Cougar basketball games, bowling scores, swim meets, and activities.

Stay Warm and Keep Living Your Best Life!

Happy Winter!

Coach Zach and Coach Renita

Special Olympic News



Sign-ups are open for our 2023 Polar 5K/Walk with the Athletes. Our event will be held on Saturday, February 25, 2023. You can sign up on Runsignup.com (Search Henry County Special Olympics) or call 419-601-2372. Athletes, please see Zach or Renita for your special participation forms.

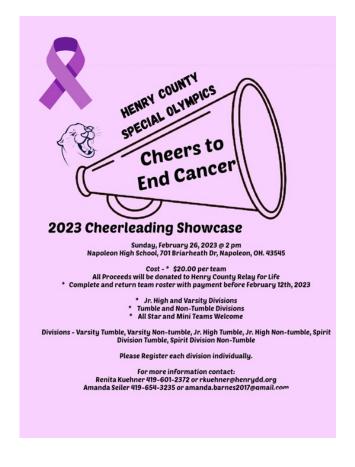
All registrations prior to 2/15 will receive a race shirt

and swag bag full of goodies. Remember all proceeds from this race stay in Henry County to help our athletes reach their sports goals.



There are still openings for the 2023 Henry County Special Olympics Cheers to End Cancer Cheer Showcase being held on February 26 at Napoleon High School. If you would like to donate baked goods for our bake sale, please contact 419-601-2372.

It's hard to believe but Spring/ Summer Sports signups will be sent out soon. So watch for those. You will have opportunities for track/field, volleyball, cycling, tennis, and bocce. Summer cheer will start in May also.





HARC Recreation Events

February - March 2023

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up ONE WEEK prior to the event

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up				ONE WEEK prior to the event	
DATE	EVENT	TIME	COST	Sign up required	LOCATION
Wednesday, February 1, 2023	Game Night	6:00-8:00pm	\$5.00	VAS	Filling Home Community Center
Tuesday February 14, 2023	Valentines Dance	6:00-9:00pm	\$5.00	I VAS	Filling Home Community Center
Wednesday, February 22, 2023	BINGO	6:00-8:00pm	\$5.00	I VAS	Filling Home Community Center
Sunday, February 26, 2023	Kalahari Summer in Winter	8:00 am-8:00 pm	\$65.00	yes	Sandusky, OH
Wednesday, March 8, 2023	Movie Night	6:00-8:30pm	\$5.00	VAS	Filling Home Community Center
Sunday, March 12, 2023	Monster Jam (Detroit)	1:00-9:00pm	\$55.00	yes	Detroit, Ford Field
Saturday, March 18, 2023	Craft Day	2:30-4:30pm	\$5.00	yes	Nap Naz Church
Thursday, March 23, 2023	Riverdance	5:30-11:00pm	\$45.00	i ves	Fort Wayne Embassy Thea- ter
Wednesday, March 29, 2023	Outdoor Game Night	6:00-8:00pm	\$5.00	yes	НОРЕ



Independent Provider

My name is Jeanette Ledyard. I left my office job of 17 years to become an independent provider. After covid hit my friends group home was closing and there was nowhere for her to go. Her last option was to be sent to a nursing home. With her difficulties I knew that would not be ideal. My friend now lives in an apartment for the first time. This helps her live an adult life and make decisions that she has never been able to make. I have known her for 30 plus years and have never seen her so happy and content, which was worth giving up my previous job. This job is more rewarding than any job I could have imagined. It has changed the lives of my family and my friends' family in a positive way. I never feel like I am going to "work", I feel like I am going to hang out with a friend and help her in ways I would not otherwise be able to. Our families have grown together and there is nothing like having people so close. Since I have started I have had the privilege of working with others that need help also. I schedule different people for different days and am able to grow close and help others, while getting paid!

The benefits of being an independent provider are you can make your own schedule. You decide if you want to work full time or part time. Not only is it a rewarding job, but independent providers also get paid more than a lot of jobs. The best part of being an independent provider is you get to pick your clients and they pick you. This helps to build stronger relationships and how often do you get to pick the people you work with? This helps to keep everyone happy and content which works well for the independent provider and the client. This is by far the most rewarding job one could have!

Becoming an Independent Provider is very simple. Everything is done online and mainstreamed. The requirements are about the same as a DSP; it is simply doing it yourself. The requirements include fingerprinting and background check which can be done at the sheriff's department, a drivers abstract that you can get from your local BMV, completing your CPR/First Aid certificate, obtaining a NPI number which can be done from the DODD website, and creating an application.







HARC Valentines Dance! Feb. 14

What: Valentines Dance/Super Bowl Party

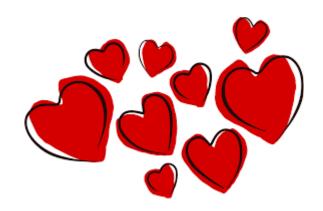
When: Tuesday, Feb. 14

Time: 6-9:00pm

Location: Filling Home Community Center

Cost: \$5.00

SOUNDWAVE MUSIC!
OLD TIME GAMES!
PRIZES, FOOD, DRINK
FUN!!!



Please Contact Randy at 419-591-6798 or call HOPE 419-599-2892 to sign up for this activity.

HARC SUMMER CAMP

CAMP PALMER

Who: School Age (ages 6-15)

When: July 31-Aug. 2

Cost: \$250 (scholarships available)

Come for just the day \$85

Swimming

Camp Fires, singing

Nature Hikes

Crafts

Canoeing

Animal Study

Tall Tales

Games



July 31-Aug. 2 3 days/2 nights

\$250 per person (Scholarships available)

Camp Palmer
Fayette, Ohio
Sign up by calling:
Randy at:

Sponsored By:

419-591-6798

HARC, INC.

Henry County Abilities Resource Council

Find us On Facebook!!

HARC SUMMER CAMP

CAMP PALMER

Who: Adults 16 & up

When: Aug. 3-6

Cost: \$250 (scholarships available)

Day Rate \$85

Swimming

Camp Fires, S'mores, singing

Games

Nature hikes

Canoeing

Animal Study

Tall Tales

Arts and Crafts



August 3-6 4 days/3 nights

\$250 per person

Day Rate \$85

(Scholarships
available)

Camp Palmer
Fayette, Ohio
Sign up by calling:
Randy at:

419-591-6798

Sponsored By:

HARC, INC.

Henry County Abilities Resource Council

Find us On Facebook!!

Seeing Potential – Inspiring Opportunities

Contact Us

www.henrydd.org

HOPE Service Office 419-599-2892

Special Olympics 419-260-2176

HARC Recreation 419-591-6798



Our Mission

HOPE Services is

committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

135 E. Maumee Napoleon, OH 43545

