

HOPE Round Up

January 2023

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities



Hope News

Congratulations



HOPE Services staff celebrated some milestones in 2022. Pictured from left to right: Cheryl Lewis 10 years, Cassandra Seesholtz, 5 years, Christina Clark 5 years and Robin Sinn 20 years. Congratulations to all and thank-you for your dedication.

January 2023

The office will be closed on Monday January 2, 2023 for the New Year Holiday we will also be closed on Monday January 16th for Martin Luther King Jr. Day.

Board

The next Board Meeting will be held on Wednesday January 18th at 4pm at C.O.R.E.E Residential 824 East Riverview.

Upcoming Voices of HOPE

Michael Marshall will be Speaking at Family Christian Center in Defiance on January 19th at 6:00 P.M.

Carolyn Badenhop, SNAP-Ed Program Assistant from OSU Extension office will be speaking about Healthy food and budgeting for grocery shopping and meal planning. This is a three-part class that will be held on Fridays January 6th January 13th and January 20th, 2023, from 5PM to 6PM. Location is at 2525 Oakwood Ave Napoleon, Ohio 43545.

We Are Celebrating

January Anniversaries:

John Hoover - 12 years at HOPE Services

Johnathon Ickes - 7 years at It Is Not Just Pizza

Amanda Etter - 6 years at Good Will

Melissa Beman - 2 years at HOPE Services

Dawn McBride - 2 years at HOPE Services

Stephani Arnette - 2 years at Easy Living, LLC



Here are the people celebrating birthdays in January:

Jessica Clapp

Theresa Peper

Selena Hernandez

Jennifer Nagy

Elizabeth Helberg

Kelly Aldrich

Pedro Garza, Jr

Emilee Schwiebert

Phil Etoll

Amanda Laver

Brian Baringer

Eric Alonzo

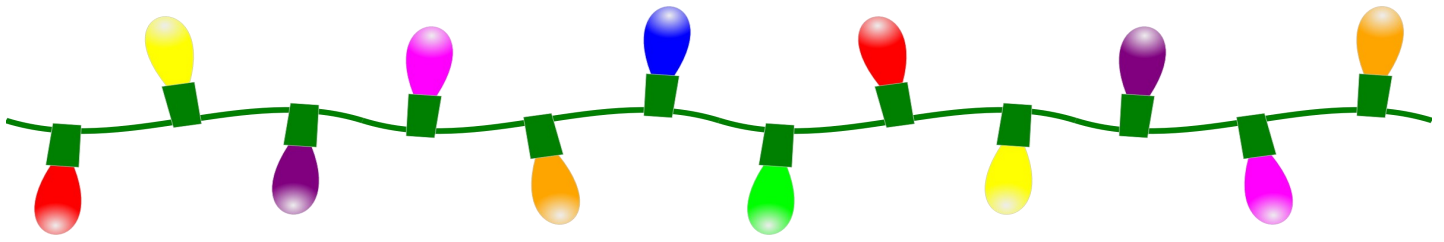


Early Intervention Celebrates the Christmas Season



On Wednesday, December 7th the Henry County Early Intervention Team hosted their annual Holiday Party. This year we had several tabletop activities, cookie decorating, and Lindsey Miller of LEMiller Photography took candid and family photos during the party. For the past few months Christ United Methodist Church in Napoleon has graciously opened their doors to host all our playgroups while the weather isn't ideal for being outdoors and HOPE Services is going through their remodel. During the winter months the EI team plans to continue monthly playgroups and loves seeing the families connect and the kiddos socialize. We hope to see you all at a playgroup in 2023. We are so incredibly thankful for our Early Intervention Families, Christ United Methodist Church, LEMiller Photography, and all the others that have made our playgroups possible and successful!





Christmas Exchange Store

The Christmas Exchange Store was open December 1st, 2nd and 3rd. Many donations were brought in and the store was a success bringing in over \$1500 for COREe Residential. Thank-you to all that donated and shopped. A big thank-you to COREe's World of Work, Zachary, Leland, Tiffany, Melinda and Chris for their help working in the store and to the Work Transition Classroom at Four County Career Center for collecting donations.



HOPE's Giving Tree



A HUGE Thank You to staff and the members of Voices of HOPE for your participation in this year's Giving Tree. Your donations to the PATH Center Emergency Shelter were much appreciated!



Brain Stem Cell Injury

Brain stem cell injury is the result of either a prolonged loss of oxygen to the brain or forceful trauma to the head in which the brain violently collides with the skull. The brain stem cell not only controls bodily stem cell functions, but also acts as the link between the rest of the brain and the spinal cord. It means any damage to the brain cell can affect other functions.

The brain stem cell is susceptible to injury because of its location and is often fatal. It affects the quality of life as brain stem injury can change the patients memory and personality. Also damage to the brain stem cell can paralyze the person, and very few patients recover from severe injury.

Symptoms of brain cell injury include:

- *dizziness
- *irregularity in breathing
- *repetitive jerky eye movements
- *impaired vision
- *loss of sense of smell
- *paralysis
- *balance issues
- *coma
- *loss of some reflexes
- *altered heart rate

HARC Recreation Events

January - March 2023

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up **ONE WEEK prior to the event**

DATE	EVENT	TIME	COST	Sign up required	LOCATION
Wednesday, January 4, 2023	Game Night	6:00-8:00pm	\$5.00	yes	Filling Home Community Center
Sunday, January 8, 2023	Craft Day	2:00-4:00pm	\$5.00	yes	Nap Naz Church
Sunday, January 15, 2023	Walleye game	4:00-9:30pm	\$24.00	yes	Huntington Center
Wednesday, January 18, 2023	BINGO	6:00-8:00pm	\$5.00	yes	Filling Home Community Center
Friday, January 27, 2023	Hollywood Casino	5:00-10:00 pm	?	yes	Toledo
Saturday, January 28, 2023	BGSU basketball at UT	12:30-6:00pm	\$30.00	yes	University of Toledo
Wednesday, February 1, 2023	Game Night	6:00-8:00pm	\$5.00	yes	Filling Home Community Center
Tuesday February 14, 2023	Valentines Dance	6:00-9:00pm	\$5.00	yes	Filling Home Community Center
Wednesday, February 22, 2023	BINGO	6:00-8:00pm	\$5.00	yes	Filling Home Community Center
Sunday, February 26, 2023	Kalahari Summer in Winter	8:00 am-8:00 pm	\$65.00	yes	Sandusky, OH
Wednesday, March 8, 2023	Movie Night	6:00-8:30pm	\$5.00	yes	Filling Home Community Center
Sunday, March 12, 2023	Monster Jam (Detroit)	1:00-9:00pm	\$55.00	yes	Detroit, Ford Field
Saturday, March 18, 2023	Craft Day	2:30-4:30pm	\$5.00	yes	Nap Naz Church
Thursday, March 23, 2023	Riverdance	5:30-11:00pm	\$45.00	yes	Fort Wayne Embassy theater
Wednesday, March 29, 2023	Outdoor Game Night	6:00-8:00pm	\$5.00	yes	HOPE

Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.

Ryan's Restaurant Review

Hello this is Ryan, bringing you another delicious restaurant review.

This month I went to get Ohio's best New York style pizza at The Stubborn Brother Pizza Bar in Toledo. The sports bar and pizza restaurant is close to the University of Toledo, at 3115 West Bancroft Street. I have been going here with my family since it opened in 2018, and it has been our favorite New York style pizza since our first visit.

This time, we started with a tasty wedge salad, and then got two kinds of pizzas. One pizza had cheese and half pepperoni. Our second pizza was a Gracie's Veggie pizza with cheese, roasted mushrooms, caramelized onions, sweet peppers, shaved garlic, and we added pepperoni. We asked for a side of hot honey to drizzle on our pizzas, and I would recommend that everyone should try it! Stubborn Brother's pizza is a really good New York style pizza. A New York style pizza is a hand tossed thin crust style pizza. The caramelized onions, sweet peppers, and hot honey are my favorite toppings. They add a zesty type of sweetness that melts in your mouth from the great taste!

I have also tried the Garlic Romano Oven Baked Wings on other visits, and they tasted great! My dad and I also love the Chicago Beef sub, with shaved sirloin, provolone, sweet onions, roasted mushrooms, and giardiniera, which is a spicy Italian relish. Stubborn Brother's has a wonderful variety of salads, subs, and specialty pizzas. They even sell pizza by the slice if you want, but you will probably want more! You can see photos of all the flavorful menu items on stubbornbrother.com. Is your mouth watering yet?? If your mouth's not watering yet, it will when you see my pictures folks!

Just a helpful tip when you go, parking is behind the building.

I hope you take my advice and go enjoy some of the best pizza around!

"Stubborn Brother's pizza is a 5-star rating every time!!"



Voices of HOPE

Voices of HOPE recently held their first annual Christmas party. More than 25 members enjoyed a potluck dinner and had the option to participate in a gift exchange and a few party games. Members also donated items for HOPE's giving Tree.



Special Olympic News



FILLING HOME GYM
GAMES START AT 6 PM
NO ADMISSION FEE
COMMUNITY WELCOME
SNACK STAND

Henry County Special Olympics Home Game Schedule

12/21 - HC vs Williams Cty - SchoolAge/Team 1
1/24 - HC vs. Fulton Cty - Ladies/T1
1/25 - HC vs Lucas Cty - Team 1
1/31 - HC vs. Wood Cty - T1/T2
2/8 - HC vs Sandusky Cty - T1/Ladies



Basketball games are now underway. The Cougars had their first game on December 12 against the Williams County Sharks. The School Age team won 16-8. Men's Team 1 won their game 42-24. Our Home game schedule is listed below. All games are open to the public. They are held at the Filling Home Gym, N160 St Rt 108, Napoleon. No admission charge to come and cheer on the Cougars. We will have a snack stand at all home games with the proceeds being donated to Henry County Relay for Life. Please wear a mask in the hallways of the building.

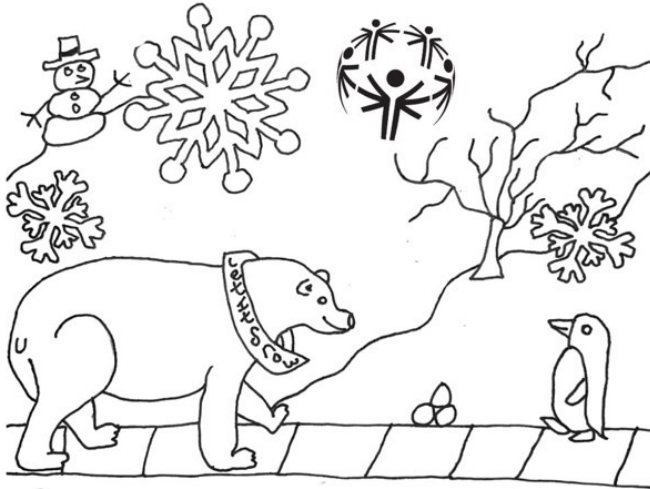
On December 17, some of our Cougars were spotted helping the Salvation Army campaign in Napoleon. They said bellringing was upper body workout.



On December 18, the Defiance College Women's basketball team hosted the Lady Cougars for their games against Wooster. The Cougars cheered Defiance College onto a victory. We had a great time and took notes on improving our game.

Special Olympic News

2023 Henry County Special Olympics Polar 5K/Athlete Walk



Sign-ups are open for our 2023 Polar 5K & Athlete Walk. Our event will be held on Saturday, February 25, 2023. You can sign up on [Runsignup.com](https://www.runsignup.com) or call 419-601-2372. The winner of our T-shirt design contest this year is Tyra Knepper.



All registrations prior to 2/15 will receive a race shirt and swag bag full of goodies, after that date we cannot guarantee a race shirt. Remember all proceeds from this race stay in Henry County to help our athletes reach their sports goals. Watch for our online Silent Auction that will start that week. If you would like to donate items/baskets for this auction, please contact Zach or Renita.

Be sure to follow our Facebook page to stay on top of the Cougar basketball games, bowling scores, swim meets, and activities.

Stay Warm and Keep Living Your Best Life!

Happy Winter!

Request a Speaker



HOPE Services is committed to educating the community about what our agency and partnered providers are doing to help people with Developmental Disabilities living in Henry County.

Presentations can vary in length and include a question-and-answer session. We are happy to talk with groups including, but not limited to county agencies, schools, civic clubs, church organizations, as well as area businesses.

To schedule a presentation, please contact HOPE Services at 419-599-2892 or email HOPEServices@henrydd.org.



Special Olympic News



2023 HENRY COUNTY SPECIAL OLYMPICS

POLAR 5K/ATHLETE WALK

WHEN: SATURDAY, FEBRUARY 25, 2023

TIME: 9 AM

**WHERE: GLENWOOD PARK, NAPOLEON, OHIO
AMERICAN LEGION**

500 GLENWOOD AVENUE, NAPOLEON, OHIO

COST: \$25.00/DAY OF RACE: \$30.00

IF REGISTERED BY 2/15 - GUARANTEED A RACE SHIRT/BAG

INTERESTED? - CALL 419-601-2372

OR SEARCH ON RUNSIGNUP.COM



2023 HENRY COUNTY
SPECIAL OLYMPICS
POLAR 5K &
ATHLETE WALK

MUSIC - ART - FOOD - FUN

REGISTRATION/CHECK-IN

OPENS AT 8 AM

AMERICAN LEGION -

MAIN BUILDING

SILENT AUCTION 8- 11:30 AM



2023 Cheerleading Showcase

**Sunday, February 26, 2023 @ 2 pm
Napoleon High School, 701 Briarheath Dr, Napoleon, OH. 43545**

Cost - * \$20.00 per team

All Proceeds will be donated to Henry County Relay for Life

*** Complete and return team roster with payment before February 12th, 2023**

- * Jr. High and Varsity Divisions
- * Tumble and Non-Tumble Divisions
- * All Star and Mini Teams Welcome

Divisions - Varsity Tumble, Varsity Non-tumble, Jr. High Tumble, Jr. High Non-tumble, Spirit Division Tumble, Spirit Division Non-Tumble

Please Register each division individually.

**For more information contact:
Renita Kuehner 419-601-2372 or rkuehner@henrydd.org
Amanda Seiler 419-654-3235 or amanda.barnes2017@gmail.com**

Christmas Parade



Christmas Parade 2022

Many braved the cold and came out to walk in the Christmas Parade.

Voices of HOPE

The Voices of HOPE advocacy group once again braved the weather to ring the bells to raise money for the Salvation Army.



Seeing Potential – Inspiring Opportunities

Contact Us

www.henrydd.org

HOPE Service Office 419-599-2892

Special Olympics 419-260-2176

HARC Recreation 419-591-6798



Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

