

HOPE Round Up

March 2023

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities



March is National Disability Awareness Month

History

National Developmental Disabilities (DD) Awareness Month officially began in 1987 with a proclamation from President Reagan to help bring awareness and acceptance for people of every ability. Since then, families, self-advocates, advocacy groups and Ohio's County Boards have been working to increase opportunities for people with disabilities. But there's still more progress to be made.

Get Started!

We are committed to helping people reach their full potential. But we need your help to make lasting progress. This March, ask yourself if you are doing all you can to make your community welcoming for people of every ability.

- Looking to hire people with disabilities? We can help connect and support your business.
- Want to get involved or volunteer? Check out opportunities with some of our partners.
- Does your organization need help to become more inclusive? Contact us and let us help!
- **GET INVOLVED** and be part of the change.

Henry County's Chamber of Commerce windows are decorated for DD Awareness Month



To celebrate Developmental Disabilities Awareness Month we have placed four billboards across the county highlighting some of the individuals we serve as well as their friends and family.



Nelda Irving and her daughter, Lori, have been involved with HOPE Services for many years. Lori receives services from HOPE, lives in Napoleon and rents a home from HARC, Inc. Lori enjoys swimming, playing video games, playing on the computer, coloring and spending time with her family. Lori hopes to one day work at a library and go on a vacation to Tennessee.

Tyra Knepper recently graduated from Orion Institute for Massage Therapy. Along with attending school, she works full time at Sauder Woodworking. Tyra enjoys spending time with her family, going to concerts, going camping, and going to Special Olympic events with her friends. Tyra would someday like to own her own massage therapy business.



Kayenne Silecchia receives services from HOPE and attends preschool at Patrick Henry Elementary School. Along with his friend, Nola, Ky enjoys playing with toys and listens while Nola talks to him. He likes music, reading books and cuddling with his mom and dad. You can often see Ky and his family taking walks through Deshler.

Sean Cushman lives in Napoleon with his parents and attends Napoleon High School. He also attends the Filling Home Community Center. When at school, Sean's favorite classes are art and gym. Sean also enjoys riding around town with his family, especially when they can use their golf cart. Sean also enjoys playing on his tablet and listening to music. In the summer, you can find Sean at the Napoleon City Pool.





The Henry County Commissioners welcomed several members of the community to their meeting March 2, 2023, to proclaim **March as Developmental Disabilities Awareness Month**. Shown above are Commissioners Glenn Miller and Bob Hastedt, Shana Wiseman, Tina Rader, HOPE Services' superintendent Kelly Aldrich, Nick and Charlotte Nusbaum, Joel Gerken and Commissioner Jeff Mires.

HOMECOMING

HOPE SERVICES VS.

HENRY COUNTY SPECIAL OLYMPICS

Friday, March 24, 2023

Game starts at 5 pm

- Dinner for athletes and families starts at 6 pm
- Games and Dance 6:30 - 9 pm

St Paul Gym
1075 Glenwood Ave
Napoleon, OH

Entry Fee:
Girls - Cookies
Guys - 2 liter
pop/drink

FUN!

We Are Celebrating

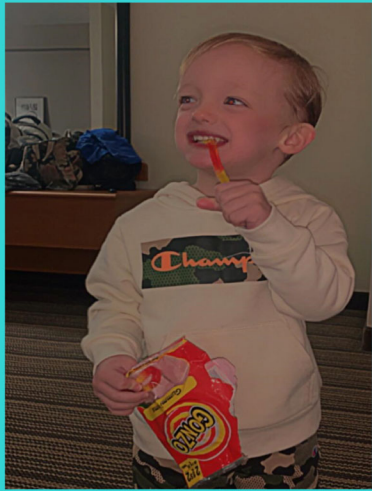
Here are the people celebrating birthdays in March:

Andrew Lause
Heather Stoner
Sean Cushman
Suzanne Dewese
Marco Delgado, Jr.
Rockne Saunders
Rebeccah Plummer
Dalton Kidd
Kent Spiess
Melinda Camp
Heather Obermyer
Chris Buchhop
Patricia Naveau



Anniversaries:

Todd Rothenberger - 35 years at McDonald's
Kathy Bishop - 33 years at HOPE Services
Tiffany Swihart - 25 years at HOPE Services
Kent Spiess - 9 years at HOPE Services
Eric Smith - 5 years at Shafer's RV
Caitlin McCafferty - 2 years at Burger King
John Isaksen - 1 year at CMTI/Grand Rapids Post Office



MEET ELIJAH

Elijah is almost three years old. He enjoys looking at books, playing with his trucks and playing with his blocks. He has been enrolled in HOPE Services Early Intervention program for more than a year. When Elijah started Early Intervention, he was not using words to communicate his wants and needs. He has made great progress over the last year! Currently, he is working on using words clearly in phrases and sitting at dinner

with his parents. Elijah has shown great progress in both areas. He is now sitting with his family during meals and is eating a greater variety of foods. Elijah is using at least 3-4 word phrases to tell his parents what he wants to eat and what activities he would like to do. At times parents have difficulty understanding Elijah, so they are using suggestions that the EI staff have given them so Elijah says words more clearly. Elijah turned three in February and is looking forward to preschool. It has been a pleasure working with Elijah, watching him grow and learn new things.



*The Henry County Board of
Developmental Disabilities
Regular Monthly Board Meeting
will be March 15 at 4:00 p.m.
Due to construction, the meeting
will be held at COREe
(824 E. Riverview, Napoleon).*

Earl Intervention Contact

If you have concerns with your infant or toddler or for more information about our Early Intervention Services, contact:

Kristie Humbert

Early Intervention Director

419-599-2892

Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.

HOSTED BY: HENRY COUNTY ABILITIES RESOURCE COUNCIL

H.A.R.C. PRESENTS
“HENRY COUNTY HAS TALENT”
TALENT SHOW

WHEN: SUNDAY, APRIL 16TH 2023
 WHERE: SHADY BROOK HITCHING POST
 15374 COUNTY RD T - NAPOLEON WHO: ALL
 AGES, ALL ABILITIES!

\$10 REGISTRATION FEE FOR PERFORMERS

YOU DON'T HAVE TO LIVE IN HENRY COUNTY TO PARTICIPATE!
 LIMITED SPOTS AVAILABLE

DOORS OPEN AT 4:00PM
SHOW STARTS AT 4:30PM
TICKETS AT THE DOOR:
ADULTS \$15
12 YRS AND UNDER \$7



SCAN TO REGISTER HERE (\$10)----- PAY HERE

CONTACT INFO: KRISTINE DICK (503)307-6806
RANDY BARNES (419)591-6798
FACEBOOK MESSENGER: HARC, INC.

RYAN'S RESTAURANT REVIEW



Hello restaurant lovers! I would like to share a fun place to celebrate St. Patrick's Day. It's also a great place to eat before Walleye games, Mud Hens games, or any event happening in downtown Toledo. My restaurant review for March is...

THE BLARNEY IRISH PUB!

Last Saturday, I had dinner with my parents at The Blarney. It is located across the street from the Mud Hens stadium at 601 Monroe Street. They have a big menu of both Irish and American favorites, including burgers, sandwiches, wraps, salads, soups, entrees, and desserts. They also have a kid's menu.

We started our meal with the Shamrock Sampler. My favorite appetizer on the sampler was the Reuben Egg Roll. They come with thousand island dipping sauce that tastes really good. The Reuben Egg Rolls were tender, juicy, flavorful and delicious. They are crispy on the outside and that is my favorite part. For my dinner I got the Irish Dip sandwich. The fresh baked hoagie bun was filled with tender corned beef, caramelized onions, melted Swiss cheese, and garlic chipotle mayo. It came with corned beef broth for dipping. The meat was juicy, tender and flavorful! It melted in my mouth! My sandwich was five stars!

My Dad ordered the Classic Celtic Reuben. It came on toasted marble rye bread. My Dad thought it needed more sauerkraut, so he gave it 4.5 stars. My Mom chose the Guinness BBQ chicken wrap. She loved this wonderful wrap filled with crispy chicken, tangy BBQ sauce, bacon, cheese, and lettuce. The hand cut fries were phenomenal, and the perfect side to the wrap. My Mom rated it five stars and would order it again. She added a little drizzle of ranch to make it extra tasty!

Next time I go to the Blarney, I might try the Shepherd's Pie, or The Blarney's Famous Fish and Chips! I know I will go back for more great food and fun times!



Voices Of HOPE



Voices of HOPE met on Wednesday, February 22. Lydia Knepper and Keegan Schroeder presented to the group. Lydia shared that she now has a spot at Downtown Marketplace in Napoleon where she sells her homemade candles, waxes, hand sanitizer and many other items. If interested in knowing more about her products or to purchase products, you can find her on Facebook under Angel Wings, email her at Lydialloyd95@gmail.com or contact her at 419-591-8420.

Keegan Schroeder talked about his technology business "Information Technology Service" where he offers individual and group technology classes. He also does computer clean-up, Wi-Fi trouble shooting and in home consultations.

Information Technology Service

Keegan Schroeder
IT Consultant

419-482-1194

informationtechnology832@gmail.com
informationtechi0tuc.com

Information
Technology Services

Voices of HOPE Contact

If you are interested in more information about the Voices of HOPE group, contact:

Tiffany Swihart

☎ 419-599-2892



SPRING/SUMMER SPORTS 2023

It is time to get signed up for the Spring Sport season. So, look over the list below and get signed up.



Track – Practices will be on Wednesdays 6-8 pm starting on March 15th and Tuesdays 4:30-6 pm starting May 2.

Cycling – Practice will be on Tuesdays 5-6 pm starting May 9th through June 13th. (Weather permitting)

Cheer – Practice will be held on Wednesdays from 6-7 pm starting May 3rd.

Golf – Golf will be on Tuesdays starting May 2nd 7-8 pm. Extra dates are added as needed for practice and course time. **There are fees associated with golf.**

Volleyball – Practice will be Wednesdays 4-6 pm and Thursdays 5-7 pm starting March 15.

Tennis – Practice will be Thursdays 7-8:30 pm starting March 16 through May 25.

Bocce - This is like lawn bowling. Practice will be every Friday 6-7:30 pm starting April 7th.

Horseback - There is a \$30 fee each week. Practice will be held every Monday from 5-9 pm starting March 27th.

If you would like to sign up to do any of these things, please do so on the attached sign-up sheet.



On February 18th, Henry County Special Olympics sponsored a local Individual Basketball Skills competition. Several of our basketball players worked to show off their skills they have worked on this season.

On February 5th, 6 Cougars bowlers joined with Defiance College in Indianapolis at the Heartland Collegiate Athletic Conference Unified Bowling tournament. Every year that we get the opportunity to bowl with these athletes, it is a fun time. This year our Unified team placed 6th out of the 10 teams. This unified bowling tournament is the only tournament like it in the United States. It is a great opportunity. We cannot thank Defiance College enough for sponsoring this event.



Also Follow us on our Facebook page for daily updates on practices, games, and events.

Henry County Special Olympics & Young Athletes: **@HenryCountySOCougars**

Name: _____ Contact Number: _____

I would like to sign up for:

____, yes, I want to do track this year.

____, yes, I want to do cycling this year.

____, yes, I want to do cheer this year.

____, yes, I want to try volleyball.

____, yes, I want to do tennis this year.

____, yes, I want to try bocce.

____, yes, I want to try golf. (golf has fees associated with it)

____, yes, I want to try horseback riding. (fees necessary)

Return to: Zach 419-260-2176 or Renita 419-601-2372 - or drop off at HOPE Services,
135 E. Maumee Ave. Napoleon, OH 43545

What a month that Henry County has had! Basketball, bowling, and swimming kept us plenty busy. On January 31, the swim team traveled to Mansfield for NW Ohio Regional Swim Meet. This year's team representatives were Tito Martinez, Domenik Neumeier, Jaeson Donnett, Ryan Moore, Tyra Knepper, Lydia Kuehner, and Caty Kuehner. The team brought home several medals this year.

Tito – 1st in 25 freestyle

Dom – 2nd in 25 freestyle

Ryan – 2nd in 25 freestyle, 4th in 50 freestyle

Caty – 1st in 25 backstroke, 1st in 50 backstroke

Tyra – 1st in 50 backstroke, 1st in 100 Freestyle

Jaeson – 1st in 25 backstroke, 1st in 25 freestyle

Lydia – 1st in 25 breaststroke, 1st in 50 breaststroke

Relay team – Tito, Dom, Ryan, and Jaeson – 2nd in Mens 100 freestyle



Next on the agenda for the Cougars was Regional Basketball for the Mens Teams. On February 4th, they traveled to Van Buren to play their first rounds. Both Teams 1 and 2 were victors on Saturday. On Sunday, February 5th, Team 1 played their next round, and were victorious again. Team 1 advanced and they played again on February 12, along with Team 2. Both teams traveled to Bowling Green. Mens Team 2 had a loss to Hancock County in a fast paced, nail-biting game.

Team 2 finished their season placing 2nd in the Northwest Ohio Regional Basketball Level D3 tournament.

Team 1 also had a nail-biting game. Team 1 won and placed 1st in the Northwest Ohio Regional Basketball D5 Tournament. They are headed to State Tournament undefeated on March 4th. Way to Go Cougars Basketball!



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YWCA Child Care Resource & Referral presents
BOOK BUDDIES
PROGRAM



Wednesday March 15th



4:00PM



Henry County Health Dept.
 1843 Oakwood Ave, Napoleon OH 43545



bit.ly/YWCABookBuddies

Scan the QR Code to Register Today!

Join us for this **FREE** literacy program where together we will...

- Read fun, engaging stories
- Enjoy story related activities
- Provide your family with an educational kit to take home and share again



CONTACT: YWCA CHILD CARE RESOURCE & REFERRAL
 ☎ TOLEDO- 419.255.5519
 ☎ MANSFIELD- 419.775.5179
 ☎ LIMA- 419.225.5465

YWCA Child Care Resource & Referral presents
BOOK BUDDIES
PROGRAM



Monday March 27th



4:00PM



Holgate Community Library
 204 Railway Ave, Holgate OH 43527



bit.ly/YWCABookBuddies

Scan the QR Code to Register Today!

Join us for this **FREE** literacy program where together we will...

- Read fun, engaging stories
- Enjoy story related activities
- Provide your family with an educational kit to take home and share again



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HARC Recreation Events

April, May June 2023

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up **+ MONEY TO EAT**

DATE	EVENT	TIME	COST	Sign up	LOCATION
Saturday, April 15, 2023	Walleye game	4:30-9:30pm	\$24 +	yes	Huntington Center
Sunday, April 16, 2023	HARC Talent Show	4-7:00pm	\$10.00	yes	Shady Brook Hitching Post
Wednesday, April 19, 2023	BINGO	6-8:00pm	\$5.00	yes	Filling Home Community Center
Thursday, April 20, 2023	Lion King	12:20-5:00pm	\$102+	yes	Huntington Center
Saturday, April 22, 2023	Craft Day	3-5:00pm	\$5.00	yes	Nap Naz Chruch?
Sunday, April 23, 2023	WWE	5:30-10:00pm	\$30 +	yes	Huntington Center
Thursday, April 27, 2023	OSU Stadium Tour	8:30am-6:00pm	\$10 +	yes	Columbus, OH
Saturday, May 06, 2023	Mud Hens	3:30-8:30pm	\$24 +	yes	Huntington Center
Saturday, May 13, 2023	Garden Club	3:00-4:00pm	\$5.00	yes	HOPE
Sunday, May 14, 2023	Out to eat and movie	11:00-5:00pm	\$30 +	yes	Maumee Theater
Thursday, May 18, 2023	ARC day at Cedar Point	8am-8pm	\$42 +	yes	Sandusky, OH
Sunday, May 21, 2023	Craft Day	1:00-3:00pm	\$5.00	yes	HOPE
Saturday, May 27, 2023	Garden Club	1:00-3:00pm	\$5.00	yes	HOPE
Sunday, May 28, 2023	Fort Wayne Zoo	8am-6:00pm	\$18+	yes	Fort Wayne , IN
Wednesday, May 31, 2023	Outdoor Game Night	6-8:00pm	\$5.00	yes	HOPE
Saturday, June 10, 2023	Craft Day/Garden Club	1-3:00pm	\$5.00	yes	HOPE
Sunday, June 11, 2023	Detroit Tigers vs. AZ	9-5:00pm	\$42 +	yes	Detroit MI
Tuesday, June 13, 2023	Bowl Lock In	4-10:00pm	\$5.00	yes	River City Bowl A Way
Saturday, June 17, 2023	Shipshewana Tour	8am-5:00pm	\$25 +	yes	Shipshewana IN
Tuesday, June 20, 2023	Taco Tuesday Dinner Cruise	5:00-10:00pm	\$40 +	yes	Toledo, OH
Wednesday, June 28, 2023	BINGO	6-8:00pm	\$5.00	yes	HOPE

For the month of March, I have chosen to write about cerebral palsy. I looked up the history of this birth defect and found it interesting that the first documented history dates back to the 1860's, when an English surgeon named William Little came across a puzzling condition. He wrote the first medical descriptions, detailing that it caused stiff, spastic muscles in the legs, as well as slightly in the arms of the individual. What was originally named Little's disease is now known as spastic diplegia cerebral palsy. According to cerebralpalsysource.com, it is caused when the brain damage occurs in the outer layer of the brain, the cerebral cortex. Spastic cerebral palsy is the most common form and affects 70 to 80 percent of patients. The symptoms include increased tone, or tension, in a muscle. Normal muscles work in pairs, but due to complications in brain-to-muscle communication, the normal degree of muscle tension is disrupted and effective movement is blocked. Today, spastic cerebral palsy is grouped along with other defects due to developmental brain injury, known as cerebral palsy.

Little didn't have much evidence as to the cause. He found that most children were born following premature or complicated deliveries and reasoned that extended time in the birth canal resulted in a lack of oxygen, causing their condition and that this oxygen shortage damaged sensitive brain tissue responsible for controlling movement.

It wasn't until 1897 that Little's theory would be challenged. Sigmund Freud, world famous psychiatrist, disagreed, saying that children with cerebral palsy were subject to other problems, such as mental retardation, visual disturbances and seizures. Freud believed that the condition might stem back earlier in life, during the brain's development in the womb. Freud suggested that a difficult birth was merely a symptom of deeper issues that influence fetal development.

-submitted by Stephanie Jones

HARC SUMMER CAMP

CAMP PALMER

Who: School Age (ages 6-15)

When: July 31-Aug. 2

Cost: \$250 (scholarships available)

Come for just the day \$85

Swimming

Camp Fires, singing

Nature Hikes

Crafts

Canoeing

Animal Study

Tall Tales

Games

July 31-Aug. 2

3 days/2 nights

\$250 per person

(Scholarships available)

**Camp Palmer
Fayette, Ohio**

Sign up by calling:

Randy at:

419-591-6798



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HARC SUMMER CAMP

CAMP PALMER

Who: Adults 16 & up

When: Aug. 3-6

Cost: \$250 (scholarships available)

Day Rate \$85

Swimming

Camp Fires, S'mores, singing

Games

Nature hikes

Canoeing

Animal Study

Tall Tales

Arts and Crafts

August 3-6

4 days/3 nights

\$250 per person

(Scholarships available)

Day Rate \$85

(Scholarships available)

**Camp Palmer
Fayette, Ohio**

Sign up by calling:

Randy at:

419-591-6798

Contact Us

www.henrydd.org

Administration Office	419-599-2892
Superintendent	419-599-2892
Early Intervention and Employment Services	419-599-2892
Family Support Services	419-599-2892
Transportation	419-592-8726
Special Olympics	419-260-2176
HARC Recreation	419-591-6798
Volunteer Opportunities	419-599-2892

Seeing Potential – Inspiring Opportunities



Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

