

HOPE Round Up

May 2023

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities



Happy 35th Anniversary, Todd! Todd has always been a dedicated employee who shows up on time every time and enjoys doing what he does, all with a smile. We have really enjoyed working with you over the years. Thank you for all you do! ☆ -
Courtesy of Rivello's McDonald's FB page



Atlas has been working with the Henry County Early Intervention program to improve his communication skills. His family has been implementing strategies in their daily routines that their Primary Service Provider/Speech Language Pathologist has been coaching them on to improve Atlas's speech and language skills. He is making huge improvements and is now saying more words, speaking in short phrases, following directions, answering questions, and participating in conversations. Some of the below strategies are what his family has worked on.

The next board meeting will be held on May 17 at 4:00pm at HOPE Service.

The office will be closed on May 29 due to Memorial Day and we will reopen on Tuesday May 30 at 8am.



- Modeling words and short sentences to talk about what he is doing throughout his day.
- Pairing words/sounds with actions/gestures to help him to imitate.
- Helping him to follow directions.
- Having him point to different body parts and named pictures in books.
- Giving him choices (i.e. Do you want milk or water?).
- Waiting and allowing him time to communicate.
- Expanding on what he says to encourage him to expand his vocabulary and use longer phrases.

May Birthdays:

Zach Meister

Stacy Jackson

Stephani Arnette

Lance VanZandt

Joan Kerwin

Derrick Maassel

Kristin Willard

Matthew Wright

Amanda Grant

Tito Martinez

Jennifer Jenkins

Steve Burkholder

Bret Light

Cadince Ramirez

Britany Cole

Jordan Guerrette

Maysin Salinas

Molly Boylan



Work anniversaries:

Jacob Heath - 3 years at Walmart

Matt Hines - 5 years at Kroger

Jody Farber - 8 years at HOPE Services

Stephanie Jones - 8 years at HOPE Services

Cassandra Seesholtz - 6 years at HOPE Services

Rebeccah Plummer - 10 years at McDonald's

Chris Scarberry - 11 years at McDonald's

Bethany Mathers - 17 years at Chief

Theresa Myles - 21 years at HOPE Services

VOICES of HOPE

The group toured The Smart House on Monday April 24th. This house is located in Findlay and is equipped with different kinds of technology for people to be able to live independently. We were able to try out some of the adaptive equipment and technology. The house gives people an opportunity to try a few days living on their own with remote support to see if this is something they want to pursue. Thank you so much Blanchard Valley Center for al-



lowing us to visit and a huge shout out to Nicole Bowen, SSA Director, for the informative tour.





Active Day of Defiance

Participants at Active Day have been very busy with various outings to the Sauder Manufacturing Company, JBO's Fine Art Academy, Defiance Fire Department and Cabin Fever Coffee. They also surprised the SSA department with a visit and basket of goodies.



Zachary Celebrates Employment Success

Zachary Wendt graduated from High School in 2022. Since graduation, he worked three days a week at Pizza Hut in Wauseon, Ohio, and attended Triangular Processing Inc. to continue gaining vocational skills. As of April 17, Zachary successfully increased to working five days a week and was able to move on from vocational habilitation to utilize his skills in the workforce each week-day. Way to go, Zachary!

Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.



The HOPE Foundation assists in enriching the lives of individuals served by HCBDD. Please contact us at 419-599-2892 for more information.



Important
Dates You
Don't Want to
Miss!



2023 CONTRIBUTION AMOUNTS

- Accountholders can contribute up to **\$17,000 per year**.
- If employed, they may contribute up to an additional **\$13,590** of income.

STABLEACCOUNT.COM

ROBERT SPRAGUE
OHIO TREASURER



What is a STABLE account?

A STABLE account is an investment account available to eligible individuals with disabilities. STABLE accounts allow you to save and invest money without losing eligibility for certain public benefits programs, like Medicaid or Supplemental Security Income (SSI). Earnings in your STABLE account are not subject to federal income tax, so long as you spend them on qualified disability expenses.

Still have questions?

STABLE accounts have some similar features to normal bank accounts, but they are not checking or savings accounts. STABLE accounts are investment accounts, similar to 529 college savings accounts or 401(k) retirement accounts. When you deposit money into your STABLE account, your money will be invested in different options that you choose. While you can still withdraw and spend your money whenever you need it, STABLE accounts also allow you to grow your money and to save long-term for disability expenses.

Please join Alaina Bowers from the office of the Ohio Treasurer of State to learn more information on the STABLE account.

When: June 12, 2023

Where: HOPE Services

Time: 5:00pm



This event is open to parents, providers and individuals served. Please RSVP to Tiffany Swihart by June 7th.

Soaring Arts

Congratulations goes out to Emilee Schwiebert and Amanda Goheen on the reveal of your recent artwork that was commissioned and purchased by Northwest State Community College for their Engineering, Industrial and Science wing!

For the featured pieces, these ladies worked hard for many months, creating different styles of large acrylic pours that will hang permanently at the college! (Acrylic pours are a type of painting where the Artist doesn't use a brush. Instead, they use all sorts of different and sometimes crazy techniques, including but not limited to, fire to create the unique results you see below! No pour is ever the same, but each one is beautiful!)

Northwest State Community College hosted a wonderful reception and Artist Meet-and-Greet on April 25th to show off the artwork and allow everyone to meet the artists.

Emilee and Amanda will each be teaching Acrylic Pouring Classes to the community at Soaring Arts in May, so be sure to call the studio to sign up! (419) 592-0535



Kelly's Column

April has been a fantastic month at the Henry County Board of Developmental Disabilities. Construction of our new building addition is nearing an end. Everyone has been extremely helpful and flexible during this ten-month project. The Hope Services staff are excited to get back into the office again. We will soon start planning an open house for the community and hope to see you there!

This month I was able to check out two service providers in Defiance County. Active Day and We Are Limitless were kind enough to show Blake and I around their spaces that provides Adult Day Services to individuals from Henry County. Thank you, Greg, Zach and Nikol!

Special Olympics is active and busy. We are always looking for volunteers to help coach and officiate games, events, and practices. If you are interested in helping the Henry County Cougars, let us know.

Kelly Aldrich



RYAN'S RESTAURANT REVIEW

Hi, this is your friend Ryan Moore with another restaurant review. I am excited to review one of Napoleon's newest restaurants,
TOP DOG!

Top Dog has a menu full of hot dog creations, with 11 different kinds of specialty hot dogs to choose from. You can also choose to build your own dog from a huge list of toppings.

So far, I have visited 3 times, and I have enjoyed 3 different choices from the menu. I give all 3 hot dogs **5 stars!** The first hot dog I tried was the Wildcat, then the Taco Dog, and then the Philly. My favorite hot dog was the Wildcat, topped with chili, bacon, nacho cheese, onions and jalapenos (I ordered it without the jalapenos). My next hot dogs to try will be the Reuben Dog, topped with corned beef, sauerkraut, Swiss cheese, 1000 Island, and then the South of the Border, with toppings of corn salsa (corn, black beans, onion, green pepper) shredded cheese, black olives and jalapenos! There are SO MANY delicious options! Top Dog will also be featuring a weekly Top Dog special, with new creations each week. On my last visit, the special was the Mac and Cheese dog. The hot dog was topped with a giant scoop of mac and cheese, plus crispy bacon and crushed tortilla chips. The hot dogs are huge, and the toppings are very generous, so you might need a fork and knife!

Top Dog also has a great salad bar, sandwiches, and sides. They will also have ice cream, floats, and milkshakes sometime soon, when Mya's Sweet Treats moves into the building. I am looking forward to getting shakes with my hotdogs! I also want to try their pulled pork sandwich cause that's one of my favorite kinds of sandwich. Top Dog is located at 2525 Oakwood Avenue, Napoleon. You can also check them out on Facebook @ TopDogNapoleon.



All Spring/Summer sports have started their practices and we also have started playing volleyball games. We did have a bit of basketball to finish when we took four of our basketball players to the Northwest Ohio Senior Classic. Chad Fritz, Aaron Delgado, Tyra Knepper, and Sammi Adkins represented Henry County in this East Vs. West battle.

Northwest Ohio Senior Classic

Tyra Knepper



Chad Fritz



Northwest Ohio Senior Classic

Aaron Delgado



Sammi Adkins



Two of our Equestrian Teams have been invited to compete at the 2023 YEDA Nationals in June. Carrie Fuller and Lydia Kuehner both placed in the top 20% of their respective riding classes. Carrie placed 1st in her class – EWD Amber Assist division. Lydia placed 6th/90 in Pattern Horsemanship and 25th/90 in Rail in Sr. High Emerald Division. Both will be moved up in classes next season.



We also started our Spring Session of Young Athletes. This inclusive program is open to ALL children ages 2-7 in Henry County. We encourage basic sports skills through interactive play. This session has 35 children enrolled. It's always fun on Saturday morning.

The end of bowling was signaled by the 2023 Coree Bowling Tournament that was held on 4/15 at River City-Bowl-A-Way. There were 120 bowlers from Henry, Fulton, Williams, Wood, and Sandusky County Special Olympics programs. It was a busy time of seeing old friends and making new ones.



Our bocce teams are out practicing and enjoying the spring weather also.



Special Olympics Golf truly has a spirit of inclusion, since many of our teams golf Unified. One night during practice though, some of the members of the Defiance College Golf Team joined our expanded golf team at The Golf Shop Driving Range for tips and help with our swings. It was a great time. Thanks so much to Grant, Will, and Adam for helping us out.

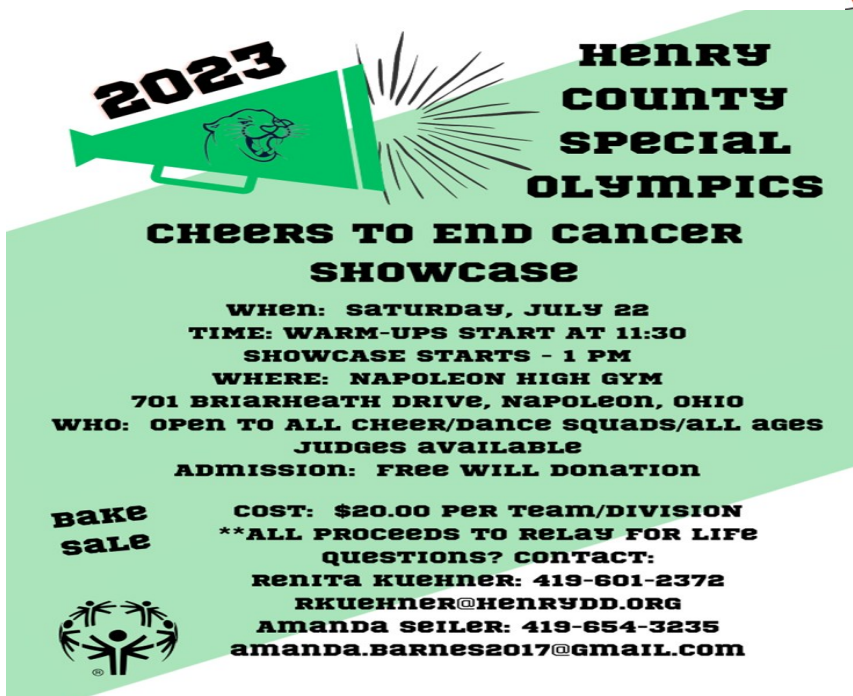
As the weather warms, we are loving being outside as much as possible. This spring/summer we will be offering track/field, equestrian, bocce, esports, golf, volleyball, and powerlifting. Coming for summer/fall, we will be offering Softball, Flag Football, esports, and bowling. If you have any interest in signing up for any of these sports, please contact Zach or Renita.

All of our Cougars interested in playing Flag Football this summer/fall, please check your calendars to attend the Flag Football Clinic that is being presented to us at Defiance College. This is a rescheduled date due to weather. Clinic will be held on Saturday May 27 from 2-3 pm. Please RSVP to Zach or Renita by 5/19.

Also Mark your Calendars for our 2023 Henry County Special Olympics Cheers to End Cancer Cheer Showcase. It will be held at Napoleon High School on 7/22 from 1 – 5 pm. Cost to attend is a Free Will donation to Relay for Life. There will be booths to shop and a bake sale with some great goodies to take home. Please contact Zach or Renita with questions.

Enjoy the Spring! Keep Living Your Best Life!

Coach Zach and Coach Renita




2023
HENRY COUNTY SPECIAL OLYMPICS
CHEERS TO END CANCER SHOWCASE

WHEN: SATURDAY, JULY 22
TIME: WARM-UPS START AT 11:30
SHOWCASE STARTS - 1 PM
WHERE: NAPOLEON HIGH GYM
701 BRIARHEATH DRIVE, NAPOLEON, OHIO
WHO: OPEN TO ALL CHEER/DANCE SQUADS/ALL AGES
JUDGES AVAILABLE
ADMISSION: FREE WILL DONATION

BAKE SALE

COST: \$20.00 PER TEAM/DIVISION
****ALL PROCEEDS TO RELAY FOR LIFE**
QUESTIONS? CONTACT:
RENITA KUEHNER: 419-601-2372
RKUEHNER@HENRYDD.ORG
AMANDA SEILER: 419-654-3235
AMANDA.BARNES2017@GMAIL.COM




ATTENTION COUGARS



DEFIANCE
FLAG FOOTBALL CLINIC

OPEN TO ALL COUGARS INTERESTED IN PLAYING FLAG FOOTBALL THIS FALL

Saturday, May 27, 2023
2-3 pm
BUS LEAVES AT 1:15 PM FROM HOPE

RSVP to Zach or Renita by 5/19



TJ Stover at her first horse-back session.

Our Summer cheerleading will be starting soon. The cheerleaders showed off part of their routine at the HARC Rec – Henry Has Talent Show on 4/16/23.



Putting Learning into Action

These three have been working hard to learn the driving laws, safety rules, road signs, and lane markings to become responsible drivers.

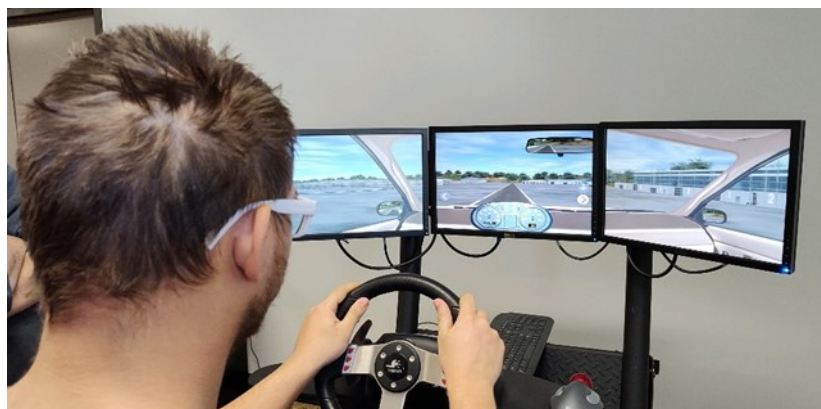
Being a responsible driver starts with learning this important information and continues with looking out for your safety and the safety of others.

Recently, they had the opportunity to apply what they have learned by utilizing the driving simulator at Four County Career Center.

With the guidance of Scott Palmer, Adult Education they were able to experience what it would be like behind the wheel in a parking lot and country setting in clear conditions and snow-covered roads. This training introduced them to the importance of maintaining speed control, being alert and the significance of their surroundings. Another date will be scheduled to further their experiences with stopping distance, hazards and driving in rain/snow conditions along with city driving and merging into traffic.

A HUGE Thank you Scott and Four County Career Center for partnering with HOPE to offer this training experience.

If you are interested in being added to the list for future classes, contact your SSA or Melinda Camp at 419-599-2892.





May is Mental Health Awareness month. In researching this topic, mental health is a general term for the range of illnesses that it encompasses. Unfortunately, mental health issues can make it difficult for someone to cope with work, relationships and other demands and stress can make mental issues worse, but most people can manage this with medication, counseling or both.

Anxiety disorders: Anxiety disorders are a group of mental health disorders that includes generalized anxiety disorders, social phobias, fear of tight spaces, obsessive compulsive disorder (OCD) and post traumatic Stress disorder (PTSD). If left untreated, anxiety disorders can lead to significant impairment on people's daily lives.

Behavioral and emotional disorders in children: Common behavior disorders in children include oppositional defiant disorder (ODD), conduct disorder (CD), and attention deficit hyperactivity disorder (ADHD).

Bipolar disorder: Bipolar disorder is a type of mood disorder, previously referred to as 'manic depression'. A person with bipolar disorder experiences episodes of mania (elation) and depression. This person may or may not experience psychotic symptoms. The exact cause is unknown, but a genetic predisposition has been clearly established.

Depression: Depression is a mood disorder characterized by low mood, loss of interest and enjoyment, and reduced energy. It is not just feeling sad. There are different types and symptoms of depression, as well as varying levels of severity and depression.

Obsessive-compulsive disorder: Obsessive compulsive disorder is an anxiety disorder. Obsessions are recurrent thoughts, images or impulses that are intrusive and unwanted.

Post-traumatic stress disorder: Post-traumatic Stress Disorder (PTSD) is a mental health condition that can develop as a response to people who have experienced any traumatic event.

-Stephanie Jones



The Second Annual Henry County Farm Bureau Shine in the Show Ring will be held Tuesday, August 15th, 2023 at 6 pm in the Livestock Show Arena at the Henry County Fairgrounds. This unique opportunity provides individuals with special needs an experience to know what it's like to exhibit an animal at the fair. Participants will work with Jr. Fair Exhibitors

and their animals to participate in an alternative livestock show to share what they have learned. The animal options include: calves, sheep, goats, rabbits, and pigs. The Junior Fair exhibitors, or mentors, you will be working with will be in at least the 5th grade and have had at least two years of experience with their animal project. As a showman you will work alongside your mentor and learn how to care for the animal as well as how to safely and properly show the animal at the fair. We know that your time is valuable, but we are expecting that you are able to meet with your Shine in the Show Ring partner at the dates listed below to ensure the most positive experience for all involved.

Important Shine in the Show Ring Dates

Thursday, July 13th 6:30 pm - Ag Hall - Meeting

August 10-14th - Set up a meeting with your partner during fair week

Tuesday, August 15th 5:00 - meet at the Show Arena

Event and awards sponsored by the Henry County Farm Bureau. For questions please contact:

Bailey Elchinger - bailey.elchinger@gmail.com 517-719-1853

Stacy Elchinger - stacy.elchinger@gmail.com 419-966-4215

Farm Bureau Office - 419-445-0723

Contact your SSA if you are interested in a form.

Contact Us

www.henrydd.org

Administration Office	419-599-2892
Superintendent	419-599-2892
Early Intervention and	
Employment Services	419-599-2892
Family Support Services	419-599-2892
Transportation	419-592-8726
Special Olympics	419-260-2176
HARC Recreation	419-591-6798
Volunteer Opportunities	419-599-2892

Seeing Potential – Inspiring Opportunities



Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

