

HOPE Round Up

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities

February 2024



Blooming in Community Voc Hab

Ian Komorny was welcomed to HOPE Services at the end of 2023. He was looking for a job where he could earn money while learning employment skills. Ian toured Triangular Processing Inc. and chose to attend their community vocational habilitation site at Blooms Flower Company in Wauseon. Vocational Habilitation can help someone learn how to interact with customers, co-workers, and other people in the workplace, speak up for themselves at work, and advance on the path to community employment. Ian loves his job and the people he works with! He's enjoying gaining experience of day-to-day functions of how a floral shop works. He hopes to continue working at Blooms Flower Company while he grows his employment skills to one day become community employed! He shares that he completes a lot of the cleaning responsibili-



Your feedback is important to us!

If you received an Employment Satisfaction Survey, it is not too late to submit them. If you have misplaced your survey and need another one or need assistance with completing the survey, please contact Melinda Camp at 419-599-2892 Ext. 240.

Early Intervention

Early Intervention hosted a December playgroup at HOPE Services for EI families to come and socialize with others. At this playgroup there were various activities such as cookie decorating, holiday photos by a professional photographer, play doh, holiday coloring pages, gross motor obstacle course, and children's books to take home. Families were able to decorate festive cookies with their children to bring home. The kids had lots of fun playing with each other with all the different toys and activities.



The office will be closed on February 19 due to Presidents Day. the office will reopen on February 20 at 8:00am



The next Board meeting will be held on February 21st at 4:00pm in the activity center.



Congratulations to these HOPE Services employees that hit milestone anniversaries in 2023.

Melinda Camp 30 years, Tiffany Swihart 25 years, Theresa Myles 20 years, Heather Obermyer 20 years, Zach Meister 5 years and Jessica Harmon 5 years.

Monthly Movie Quote

Jessica's quote this month comes from Frosty the Snowman



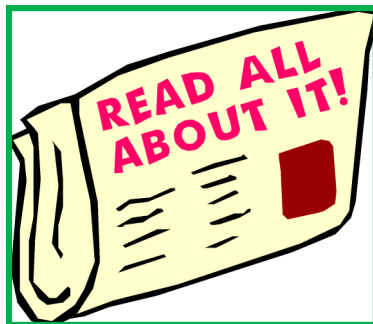
"Are you sure your ready? Cause once you go down this path there's no turning back."

- Johnny Lawrence, character of Cobra Kai

We look forward to next month's quote.



Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.



Do you have an article to submit or pictures to share? We are always looking for stories. Submit items of interest to: tswihart@henrydd.org

VOICES of HOPE

SELF ADVOCACY GROUP



Watch for questionnaires to be coming in the mail soon. Please complete and return by the end of February.

The VOH group enjoyed a presentation from Tante Lovins from the Henry County Health Department. She talked to the group about ways to manage stress. Thanks Tante for the great tips.



UPCOMING EVENTS

FULTON COUNTY'S
COME TOGETHER ADVOCACY

ANNUAL Snowball Fight

WHEN | THURSDAY
FEBRUARY 22, 2024
5:30-7 PM

PRESENTATION | Technology
Wood County Board of DD

WHERE | Hope Services
135 E MAUMEE AVE
NAPOLEON, OH 43545
Use the Side Door

Join us and friends from other counties for an indoor snowball fight with marshmallows! Bring \$2 for pizza and cookies. We will have water and hot chocolate.

RSVP to Tiffany Swihart at 419-599-2892 or email tswhart@henrydd.org no later than Friday, February 16, 2024

CFAES COLLEGE of FOOD, AGRICULTURAL, and ENVIRONMENTAL SCIENCES
Ohio State University Extension
Family and Consumer Sciences

OHIO SNAP-ED
Better food choices for healthier Buckeyes

Celebrate Your Plate with Jodi

Nutrition Education classes:
Hope Services
135 East Maumee Ave.
Napoleon, OH 43545

Series Dates:
Tuesdays
February 20, 27 and
March 5
6:00 PM – 7:00 PM

Ohio State University Extension Office
104 East Washington St.
Napoleon, OH 43545
Suite 302
Spade.22@osu.edu
419-592-0806

SNAP-Ed is a federally funded program
We will discuss the following topics:

- MyPlate (Healthy Food Choices)
 - Food Stamps and What Can Be Purchased
- Portion Size
 - Eating Healthy Makes You Feel Good Mentally and Physically
- Food Shopping

This institution is an equal opportunity provider. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.

THE OHIO STATE UNIVERSITY
EXTENSION

go.osu.edu/snap-ed
Family and Consumer Sciences

College of Food, Agricultural, and Environmental Sciences

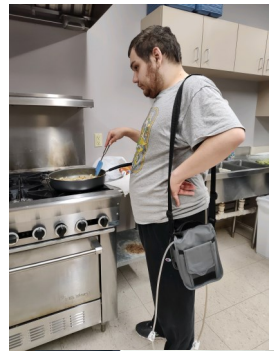
CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information, visit diversity.osu.edu. For an accessible format of this publication, visit ohio.edu/accessibility.

Let's get cooking

Cook Night sponsored by HARC Inc.

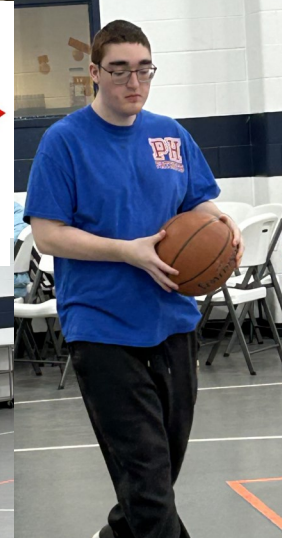


This month we prepared a delicious breakfast meal! The menu consisted of a sausage & crescent roll breakfast casserole, hashbrowns, peanut butter-banana yogurt parfaits and orange juice. These recipes were prepared by Derrick, LaNae, Abbie, Brayden, and Kateena. We added the new recipes to our cookbooks and discussed our thoughts about the recipes. If you are interested in joining the group sign up by contacting Randy Barnes at 419-591-6498 or 419-599-2892. Hope to see you next month!



HOOPS for Voices for HOPE

A big thank you to those that came out to help raise money for our Voices of HOPE advocacy group. We were able to raise over \$500. Congratulations Christina Clark, she raised the most money.



February birthdays:**Renita Kuehner****Jerry Rettig****Melissa Beman****Brayden Kuehner****Stephanie Jones****Rhett Kovar****Melinda Dachenhaus****Theodore Schnabele****Hunter Carpenter****Sharon Lamphier****Andrew Ellerbrock****Jacob Parry****Abby Weaver****Skylar Miller****Conner Hockenberry****Michael Davis****Michelle Crouch****Brooke Wilcox****Mary Lou Casillas****Robert Bauer****James Guinn****Griffin Paradyse****Anniversaries:****Kelly Verbeke - 28 years at HOPE Services****Kris Banister - 10 years at HOPE Services****Jo Ann Elston - 8 years at HOPE Services****Phillip Etoll - 3 years at HOPE Services****Jessica Clapp - 2 years at Genacross Lutheran Services****Elizabeth Helberg - 1 year at Dollar Tree****Johnathon Ickes - 1 year at Goodwill**

Kawaski Awareness Day

January 26 is known as Kawaski Day. Kawaski, Also known as Mucocutaneous Lymph Node, is a rare disease that causes inflammation or swelling of the blood vessels throughout the body, most commonly effecting children. The causes are high fever and peeling of the skin.

-It is a rare disease. There are fewer than 200,000 cases in the U.S.

-treatable by a medical professional

-requires lab tests or imaging

-can last several days or weeks

-family history increases likelihood

-effects children 5 or younger

The disease is believed to be caused due to bacteria, viruses or other environmental factors. Certain faulty genes can increase the chances of getting the disease. Japanese or Korean children are at higher risk.

Symptoms include joint pain, fever, swollen lymph nodes, a rash or the trunk, and irritability, among others.

-submitted by Stephanie Jones



Kelly's Column

The Henry County Board of Developmental Disabilities is incredibly grateful for the dedication and commitment of its seven-member Board of Directors. Their selfless volunteer service has a profound impact on individuals we serve and our community as a whole. Through their tireless efforts, they ensure

that our organization is operating at its fullest potential, providing vital support and resources to individuals with developmental disabilities. Their passion and expertise help improve the lives of those in need, fostering a more inclusive and compassionate community. We extend our heartfelt gratitude to Monica Atkinson, Greg Heath, Nelda Irving, Nichole Tripp, Amy Rosebrock, Dan Bishoff and Tim Davis for their invaluable contributions.

"The best way to find yourself is to lose yourself in the service of others." – Mahatma Gandhi

If you are an individual eligible for county board services and would like to explore the opportunity to serve on the board, please reach out to me directly at 419-599-2892.

Sincerely,

Kelly Aldrich



We would like to welcome Kyleigh Davis as our Agency Intern. Kyleigh is currently enrolled in the Human and Social Services program at Northwest State Community. Kyleigh lives in Defiance and has three children. She also works at the YMCA and enjoys painting, sewing, and reading.

Welcome Kyleigh!





Welcome to Winter! As we are coming out of the first winter freeze of January, the Cougars have been on fire. Basketball has been the sport that has kept us the busiest. With 4 basketball teams, there is usually a practice or a game almost every day of the week. The first weekend in January, our adult teams were able to participate in the 2024 Paulding Knights of Columbus Basketball Tournament. The Mens Teams fought hard for wins. The Ladies came up just shy but fought hard.

The same weekend we took part of our bowling team to the 2024 Wood County Special Olympics bowling tournament. They brought home many medals and placings from this tournament. It was a great afternoon of friends and fun. We thank Wood County for hosting this great event!

The Powerlifting team has been working hard getting practices in. They were planning to attend a lifting meet in Cleveland, but weather deterred their plans. So they continue working on their form and strength in preparation for Northwest Ohio Regional Games in May. They will be attending a meet in June with Mercer County Special Olympics.

Defiance College hosted our adult basketball teams to come and watch their game versus Transylvania College. The Cougars cheered on the Yellow Jackets.

Another sport that we do have during the winter is Horseback. They only attend a few times during the winter season, but everyone has a great time relaxing with the horses and getting to feed them treats.

The swimmers are working on their form and endurance during practice. They will be competing at Northwest Ohio Regional Swim Meet on Sunday, January 28th. We have several new swimmers this year, so we cannot wait to see the team compete. Thanks to the YMCA in Defiance, they can swim during practice with their coaches but can also attend with their staff and families outside of practice time. Special Olympics Ohio has paired with the Ohio Alliance of YMCAs to provide SOOH athletes this opportunity. If you are a Henry County athlete in good standing and do not have your Y membership yet, please contact Zach or Renita. They can get you the information to be signed up.

Another great opportunity that our Cougars were able to do this month was for our cheerleaders. They got to practice with the Defiance College cheerleaders and will be cheering at a Defiance College Men's basketball game. The cheer squad enjoyed hanging out and having pizza and making new friends. Watch for more pictures from this event in February.

Even though we are just coming out of our first thaw of winter, it's already time to start thinking about Spring/Summer sports. We start while it's still cold!! Volleyball and track will be starting the last week in February. Sign-ups are open for track and field, cycling, bocce, summer competition cheer, horseback, volleyball, softball, and golf. Please contact Zach or Renita to sign up or get more information.

We look forward to seeing everyone at our upcoming 2024 Homecoming game that will be held on Friday, March 8. The games start at 5:30 pm. Dinner for athletes and their families/staff start at 6:30 pm and starting at 7 pm is our dance and carnival. This is open to all Henry County Athletes. If you are interested in attending and not part of the basketball teams, please contact Zach (419-260-2176) or Renita (419-601-2372) to RSVP.

On Saturday, March 16 we will be holding our 3rd annual Polar 5k/Athlete walk and Silent Auction. We will be holding this at the American Legion, Glenwood Avenue. This year we are excited to be adding a pancake breakfast!! The check in for the 5K starts at 8 am. Breakfast will start around 8:15 and run through 10 am. We will have Coffee provided by Biggby Coffee, Napoleon, a pancake bar, and sausage provided by Sattler Family meats. The Athlete Walk will take place down Glenwood Avenue at 10 am. The Silent Auction will begin online the week of the 5K and end at 11 am during the 5K. There are already amazing donations floating in!! You can sign up through [Runsignup.com](https://www.runsignup.com) and search 'Henry County Special Olympics' or you can contact Zach (419-260-2176) or Renita (419-601-2372) to RSVP or ask questions. If you would like to donate or volunteer, please also contact us. All monies raised stay in Henry County and benefit our athletes directly.

We thank you Henry County for your support!

Everyone Stay Warm and Keep Active!!

Coach Zach and Coach Renita



RIVER RIVALRY

Game

Join us for an exciting rivalry basketball game!!

FEB
15

LOCATION
GOOD SAMARITAN
195 ISLAND PARK DR
DEFIANCE, OHIO

TIME
6:00 P.M.



"The court is our stage, let's put on a show!"

Cheer on both teams as they show off their basketball skills!

Questions? Contact
Zach 419-260-2176
Toby 419-782-6621



HENRY COUNTY SPECIAL OLYMPICS HOMECOMING

FRIDAY, MARCH 8, 2024

BASKETBALL GAME STARTS AT 5:30 PM

DINNER AT 6:30 PM

CARNIVAL/DANCE STARTS AT 7-9 PM

ST PAUL GYM
1075 GLENNWOOD AVE
NAPOLEON



GAMES, FOOD, MUSIC, FUN

Entry Fee:

Girls - Cupcakes/Cookies

Guys - 2 liter pop/drink



2024 Knights of Columbus Paulding Basketball Tournament




2024
Henry County
Special Olympics
POLAR
5K/Athlete Walk

Saturday, March 16, 2024
Starting at 9 am
American Legion
500 Glenwood Avenue, Napoleon, OH
5K | 1 mile walk | Pancake
Breakfast | Silent Auction |
Music

Questions? Or to sign up, call...
Zach 419-260-2176
Renita 419-601-2372




HARC SUMMER CAMP CAMP PALMER

Who: School Age (ages 6-15)

When: Aug. 4-7

Cost: \$250 (scholarships available)

Come for just the day \$75

Swimming

Camp Fires, singing

Nature Hikes

Crafts

Canoeing

Animal Study

Tall Tales

Games

HARC SUMMER CAMP CAMP PALMER

Who: Adults 16 & up

When: July 31-Aug. 3

Cost: \$250 (scholarships available)

Day Rate \$75

Swimming

Camp Fires, S'mores, singing

Games

Nature hikes

Canoeing

Animal Study

Tall Tales

Arts and Crafts



Aug. 4-7

4 days/3 nights

\$250 per person

(Scholarships available)

**Camp Palmer
Fayette, Ohio**

Sign up by calling:

Randy at:

419-591-6798

July 31-Aug. 3

4 days/3 nights

\$250 per person

Day Rate \$75

(Scholarships available)

**Camp Palmer
Fayette, Ohio**

Sign up by calling:

Randy at:

419-591-6798

SPONSORED BY:

HARC, INC.
Henry County Abilities

Resource Council

Find us On Facebook!!

Contact Us

www.henrydd.org

HOPE Services Office	419-599-2892
Special Olympics	419-260-2176
HARC Recreation	419-591-6798

Seeing Potential – Inspiring Opportunities



Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

Henry County Board of Developmental Disabilities

