

HOPE Round Up

March 2024

News from HOPE Services

Seeing Potential ~ Inspiring Opportunities



March is National Disability Awareness Month

History

National Developmental Disabilities (DD) Awareness Month officially began in 1987 with a proclamation from President Reagan to help bring awareness and acceptance for people of every ability. Since then, families, self-advocates, advocacy groups and Ohio's County Boards have been working to increase opportunities for people with disabilities. But there's still more progress to be made.

Get Started!

We are committed to helping people reach their full potential. But we need your help to make lasting progress. This March, ask yourself if you are doing all you can to make your community welcoming for people of every ability.

- **Looking to hire people with disabilities? We can help connect and support your business.**
- **Want to get involved or volunteer? Check out opportunities with some of our partners.**
- **Does your organization need help to become more inclusive? Contact us and let us help!**
- **GET INVOLVED and BE PART OF THE CHANGE!**



To celebrate Developmental Disabilities Awareness Month we have placed four billboards across the county highlighting some of the individuals we serve as well as their friends and family.

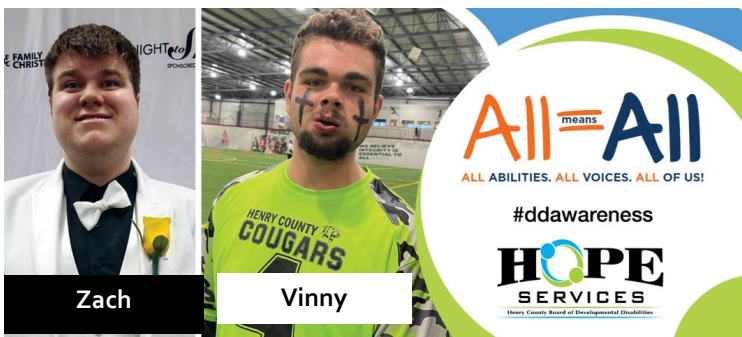


It is our mission to raise awareness to the barriers that people with disabilities still sometimes face in connecting to the communities in which they live.

The Americans with Disabilities Act or ADA, was passed in 1990, making it illegal to discriminate against people with disabilities.



The month of March reminds us that we're all part of a broad spectrum of intellectual and physical functioning. It is a chance to be more empathetic and to remind ourselves of the challenges we face in our own lives, regardless of our IQ or diagnosis.



Volunteering for an organization working on disability is a great way to improve your own social and interpersonal skills, even if we're just doing office work. It is a great way to learn something new about ourselves and about another person with a different lifestyle and differing abilities.





In 1987, President Reagan recognized March as Developmental Disabilities Awareness month to increase “public awareness of the needs and potential of Americans with Developmental Disabilities to provide the “encouragement and opportunities they need to lead productive lives and achieve their full potential.”

Developmental Disabilities are defined as impairments in physical, learning, language or behavior areas, according to the CDC, and include:

- *Autism Spectrum Disorder
- *Cerebral Palsy
- *Attention-Deficit Disorder/Attention-Deficit Hyperactive Disorder
- *Learning or intellectual disorders
- *Hearing loss
- *Vision impairment
- *other developmental delays

Through a campaign each March, The National Association of Councils on Developmental Disabilities, Association of University Centers on Disabilities, and the National Disability Rights Network join forces to highlight the ways in which people with and without disabilities unite to form strong communities.

The information was taken from <https://www.nationaldisabilityinstitute.org/press/march-is-developmental-disabilities-awareness-month/>

-submitted by Stephanie Jones



The next Board meeting will be held on March 20th at 4:00pm in the activity center.



Ryan's Restaurant Review



Hello to all my fellow restaurant lovers! For the month of March, I am excited to review a fun Irish restaurant. If you want to celebrate St. Patrick's Day, Logan's Irish Pub has traditional and delicious Irish specialties. It's located at 414

S. Main Street in Findlay. It's a bit of a drive, but the food is great and downtown Findlay is a nice small town to visit. I have visited Logan's twice with my family, and we enjoyed the flavorful Irish food.

On our visits to Logan's, we had fun trying different Irish foods. The bangers and mash, which I learned was the Irish version of sausage and mashed potatoes, was hearty and full of flavor. We also ordered the Shepherd's pie that had both ground beef and lamb baked with mashed potatoes and a mix of different vegetables.

Another Irish specialty dish that we enjoyed was Guinness chicken that featured a grilled chicken breast covered in Guinness onion gravy with lots of sauteed mushrooms. It was served with mashed potatoes and garlic green beans.

The final item that we tried was the roasted salmon served on wooden plank, served with wild rice and garlic green beans. This was a tasty and healthy specialty that would be an excellent choice for fish lovers!

My family and I enjoyed all these items and gave them all five stars! Logan's Irish Pub is worth the drive to Findlay, and I hope you can visit soon! This has been another review from Ryan, thanks for reading! Happy St. Patrick's Day!



VOICES of HOPE

SELF ADVOCACY GROUP



Advocacy groups from 5 surrounding counties recently were able to get together and listen to a presentation from Wood County Board of DD on technology. The group learned how technology such as adaptive pieces, lending libraries, remote supports and many other devices can enhance the lives of many. After the presentation the group enjoyed an indoor "snowball fight".



The next Voices of HOPE will be on March 5th at 6PM at HOPE Services in the activity center. This meeting will be about healthy eating and how to shop for healthy foods.

Hope to see you there.

Kelly's Column



Developmental Disabilities Awareness Month is a time to recognize and promote the rights of individuals with developmental disabilities. It serves as a reminder to society about the importance of inclusion and acceptance for people with all abilities. By raising awareness, we can challenge stereotypes and promote understanding, fostering an environment where everyone can thrive. By raising awareness, we can work towards breaking down barriers, promoting equal opportunities, and ensuring that individuals have access to live fulfilling and independent lives.

"Inclusion is not a matter of political correctness. It is the key to growth and progress." – John F. Kennedy

Sincerely,

Kelly Aldrich

Let's get cooking

Cook Night sponsored by HARC Inc.



This month we prepared a chili cheese crescent hot dog bake, French fries and no bake chocolate oatmeal cookies. These recipes were prepared by Derrick, LaNae, Christina, Brayden, and Kateena. We added the new recipes to our cookbooks and discussed our thoughts about the recipes. The group felt this would be an excellent game day meal. If you are interested in joining the group sign up by contacting Randy Barnes at 419-591-6498 or 419-599-2892. Hope to see you next month!



Monthly Movie Quote from Jessica



"This is a weapon of a Jedi Knight, not as clumsy or random as a blaster; an elegant weapon for a more civilized age."

-Obi-Wan

We look forward to next month's quote.



Listen to WNDH 103.1 every Thursday at 12:20 p.m. for more information about HOPE Services.



Do you have an article to submit or pictures to share? We are always looking for stories. Submit items of interest to: tswihart@henrydd.org



Parker's Purpose was founded in 2008 as a result of people coming together to help out the Inks family in their time of need. The mission of Parker's Purpose is to provide the highest level of service to individuals or groups in need. The organization is committed to service with integrity and respect to all individuals or groups and also hope to foster a positive self worth and self esteem to the individual giving. They are currently accepting applications for monetary assistance of up to \$1,000. Deadline is March 31. Here is the link to learn more and/or complete an application.

<https://parkerspurpose.net/864-2/>

Who can receive assistance? Any family, who has a minor child (18 and under) with a life altering illness or disability that is having financial crisis due to unforeseen medical expenses
What type of Assistance Do We Provide? Financial assistance can be given for specific bills, equipment, needs stated within the application as the recipient deems necessary to their situation.

How Much Assistance Do We Provide? Our maximum grant can not exceed \$1000 per family.

How Often Can Assistance be received? A family can only receive assistance from Parker's Purpose Foundation 1 time every 3 years. The three-year time frame would be from the time the grant was awarded and not the date of the application.

How Are Applications reviewed: The Parker's Purpose executive committee makes decisions based on the financial and emotional needs of the applications; along with verification of referrals.

The Foundation awards grants contingent on the availability of funds

Grant Application Periods

January to March - applications accepted

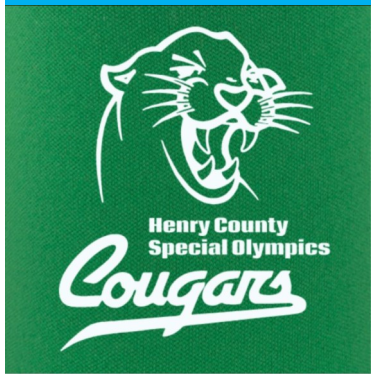
April (Closed for Decision - Funded by May 1st)

May to July - applications accepted

August (Closed for Decision - Funded by September 1st)

September to November - applications accepted

December (Closed for Decision - Funded by December 31st)



February was quite a month for our Henry County athletes. February usually means the end of the winter sports season. This year, we finished our basketball season with a fun Skills competition. It was a great way to show off the skills the athletes have been perfecting since October. Our D5 and D3 men's basketball teams competed in basketball regions on 2/3 and 2/4. Team 2 (D3 skill level) ended their season 2nd in our Region. Team 1 (D5 skill level) finished their season, getting to their 3rd bracket before taking a loss.

On 2/15, we participated in the River Rivalry game vs Defiance County Special Olympics. The Tigers hosted the Cougars at Good Sam this year for this great, competitive, fun game. In the end, the Cougars brought home the banner. We cannot wait until we get the opportunity for a rematch next season.

The powerlifting team is heading into full practice mode. They are preparing not only for Spring Regionals in May but also have been invited to participate in a lifting meet with Mercer County Special Olympics. This year, our team has grown by a few more athletes. We are very excited about the startup of powerlifting and will continue watching its growth.

On 2/23-2/25, many of our basketball, swimming, and competitive cheer athletes could attend the Special Olympics Ohio Indoor Winter State Games at BGSU. The weekend started with opening ceremonies. During the ceremonies, we had a lot of Henry County represented. Athlete David Rose was asked to give the Athlete Oath. Coach Kendyl Burkey was asked to recite the Coach's Oath. The athlete parade is a big event that allows the counties to show who is there to represent them. Henry County had over 30 athletes representing it this weekend. The results were amazing. The Competitive cheer squad brought home Gold in their Team-Non-Mount division. The Swim team consisting of Keith Rose, Ryan Moore, Savannah Rose, and David Rose brought home 1-1st, 2-3rd, and 3-4th placings. The Lady Cougars represented our basketball teams in Division 2 Female. They brought home Gold with a win over the Delaware County Racers, 41-20.

Another season has wrapped up, but that doesn't mean time away. It just means the start of Spring/Summer sports. This year, we have powerlifting, esports, modified and traditional volleyball, cycling, summer cheer, track and field, and bocce ball. Softball will be starting in May. ATHLETES...if you haven't signed up, contact Zach or Renita immediately. Volleyball is starting 2/29. Schedules have already been sent out for March. If you haven't received one, please also contact us. We look forward to all the fun the Spring/Summer season brings.

We are holding our 2024 Polar Walk/Pancake Breakfast/Silent Auction on 3/16 at the American Legion Post 300 in Napoleon. Please join us for our Community Resource fair. Meet some candidates on the ballot. Place a bid on one of the amazing Silent Auction items donated by NFL sports teams and local businesses. Or just come out for some amazing food and company. Pancake breakfast is a free-will donation. We want to thank Sattler Family Meats and Biggby Napoleon for helping us. Breakfast starts at 8:30 am. You can walk with our athletes down Glenwood Avenue at 10 am. Silent Auctions will conclude at 11 am. Remember, all monies are kept in Henry County for the direct support of our athletes.

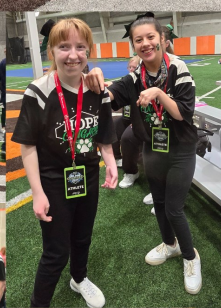
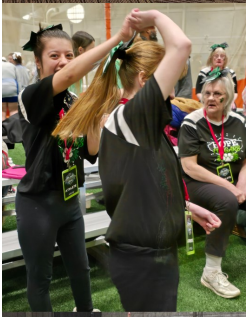
We cannot thank everyone enough for all your support. Without you, we would not be able to help everyone reach for their dreams.

Everyone have a great start to spring!

Coach Zach and Coach Renita



LADY COUGARS
DIVISION 2 - STATE CHAMPS



COUGARS CHEER
1ST - TEAM
NON-MOUNT



Congratulations to those celebrating birthdays and anniversaries in March:

Birthdays:

Melinda Camp

Marco Delgado, Jr.

Kent Spiess

Rockne Saunders

Heather Obermyer

Rebecca Plummer

Andrew Lause

Dalton Kidd

Heather Stoner

Sean Cushman

Suzanne Dewese

Chris Buchhop

Patricia Naveau



Anniversaries:

Todd Rothenberger - 36 years at McDonald's

Kathy Bishop - 34 years at HOPE Services

Tiffany Swihart - 26 years at HOPE Services

Eric Smith - 6 years at Shafer RV

Caitlin McCafferty - 3 years at Burger King

John Isaksen - 2 years at Grand Rapids PO

ATTENTION PERFORMERS!!
****REGISTRATION IS OPEN-SCAN THE QR CODE BELOW TO SECURE YOUR SPOT****

THE HENRY COUNTY ABILITIES RESOURCE COUNCIL PRESENTS
THE 2ND ANNUAL H.A.R.C. TALENT SHOW
ALL AGES - ALL ABILITIES
APRIL 14TH, 2024
 2:00PM AT SHADYBROOK ACRES IN NAPOLEON, OH

IF YOU NEED ASSISTANCE WITH REGISTRATION PLEASE MESSAGE US ON FACEBOOK OR EMAIL KBL777STAR@GMAIL.COM



HENRY COUNTY SPECIAL OLYMPICS
GOLF Scramble
 Sunday, September 15, 2024
 Registration starts at 1 pm
 Scramble start at 2 pm

Entry \$225/team
Includes cart/tees/lunch


4 Person Scramble Prizes - Longest Drive Marshmallow Drive Skins 50/50



Ironwood Golf Club
 1015 W Leggett
 Wauseon, OH

Questions?
 Sponsorship?
 Register Your Team?

Zach Meister 419-260-2176
Renita Kuehner 419-601-2372

 **HARC Recreation Calendar**
April - May - June 2024

Contact Randy Barnes at 419-591-6798 or 419-599-2892 to sign up and Pay **ONE WEEK prior to the event**

DATE	EVENT	TIME	COST	Sign up required	EVENT
Wednesday, April 3, 2024	BINGO	6-8:00pm	\$5.00	yes	HOPE Activity Center
Sunday, April 7, 2024	Magic Show	1:00-6:30pm	\$32 + money to eat	yes	Croswell in Adrian MI
Wednesday, April 10, 2024	Cook Night	5-7:00pm	\$5.00	yes	HOPE Activity Center
Friday, April 12, 2024	Movie at HOPE	6-8:30pm	\$5.00	yes	HOPE Activity Center
Sunday, April 14, 2024	HARC Talent Show	2-? pm	\$15.00	yes	Shadybrook Acres Road T
Saturday, April 20, 2024	Out to Eat and Movie	11-5:00pm	\$35 + money to eat on	yes	TBA
Sunday, April 28, 2024	Mud Hens	12:30-6:30pm	\$20.00	yes	Fifth Third Field
Wednesday, May 8, 2024	Cook Night	5-7pm	\$5.00	yes	HOPE Activity Center
Friday, May 10, 2024	Movie at HOPE	6-8:30pm	\$5.00	yes	HOPE Activity Center
Thursday, May 16, 2024	Cedar Point	8-8:00pm	\$42+ money to eat on	yes	Cedar Point
Wednesday, May 29, 2024	Outdoor Game Night	6-8:00pm	\$5.00	yes	HOPE Activity Center
Wednesday, June 5, 2024	Outdoor Game Night	6-8:00pm	\$5.00	yes	HOPE Activity Center
Sunday, June 9, 2024	Craft Day	1-3:00pm	\$5.00	yes	HOPE Activity Center
Monday, June 10, 2024	WWE	5:30-11:00pm	\$49+ money to eat	yes	Huntington Center
Wednesday, June 12, 2024	Cook Night	5-7:00 pm	\$5.00	yes	HOPE Activity Center
Sunday, June 16, 2024	Mud Hens	12:30-6:30pm	\$20.00	yes	Fifth Third Field
Saturday, June 22, 2024	Kings Island	8am-9pm	\$45+money to eat on	yes	Cincinnati
Wednesday, June 26, 2024	Dinner Cruise	5-11:00pm	\$50.00	yes	Maumee River

Contact Us

www.henrydd.org

HOPE Services Office	419-599-2892
Special Olympics	419-260-2176
HARC Recreation	419-591-6798

Seeing Potential – Inspiring Opportunities



Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

Henry County Board of Developmental Disabilities

