

HOPE Round Up



News from HOPE Services

Seeing Potential ~ Inspiring Opportunities

May 2024

Early Intervention partnered with Soaring Arts for the April Early Intervention playgroup. Families sculpted and decorated donuts to celebrate each person's differences for a community project Soaring Arts is working on. The donuts will be distributed throughout the community when they are completed. Our families had the opportunity to work together for the good of our community.



Youth Services



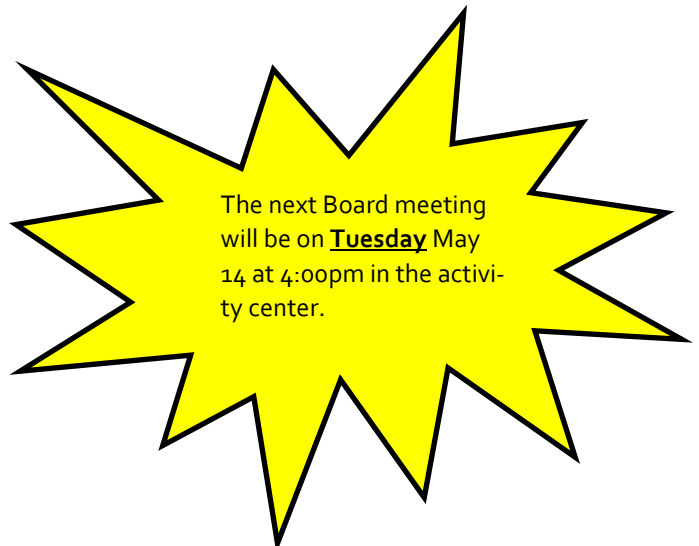
Youth, along with parents and staff from Four County Career Center recently had the opportunity to gain experience about Triangular Processing and The Studio when they toured the facilities. The tour was a fantastic opportunity for them to see several types of work, the atmosphere and ask any questions they may have. This information will assist them with determining if they would be interested in completing a summer experience at one of these programs.




HOPE Services staff wore blue on April 10th for Child Abuse Prevention Month




The office will be closed on May 27 for the Memorial Day Holiday. The office will reopen on May 28 at 8:00a.m Enjoy the day with family and friends.

The next Board meeting will be on **Tuesday** May 14 at 4:00pm in the activity center.



Kent, was our former Media Editor who brought joy to our newsletter for many years. His infectious smile and passion for sports were evident in every issue of Kent's Korner, where he shared his insights and love for the game. Kent's contributions to our community will never be forgotten, and his legacy will continue to inspire us. He touched the lives of so many, and his absence will be deeply felt. Rest in peace, Kent. You will be dearly missed.



Family Regulation Kits

Mental health concerns continue to impact our community and many families struggle with gaining access to mental health



services. In an effort to provide education and tools that are easy and fun to use the Northwest Ohio Trauma Informed Care Collaborative (NWOTICC) has purchased Family Regulation Kits. These kits promote families talking and supporting one another. The Activities can be used for all ages of children. The kits are play-based and help families see and experience the powerful change that can happen through play. Through play families can create happy and joyous family times. Play can increase closeness and positive feelings. The kit contains 4 "mystery" envelopes. Each envelope provides a prompt for each individual to check in with one another on how they are feeling that day, coping skills strategy, and a prop with suggested activities. The props are a magnifying glass, a feather, a die/dice, and index cards. Opening one kit per week provides a family an opportunity to experience positive and fun relationships with one another. Studies have shown it takes approximately 400 repetitions to create a new synapse in the brain UNLESS it is done with PLAY. With play it takes between 10 – 20 repetitions. If you are interested in trying out these activities contact your child's SSA to request a kit.



Ryan's Restaurant Review

Hola, Amigos! It's time to celebrate Cinco de Mayo. This month I'm going to share my top five Mexican restaurants. It's too hard to narrow it down to one, so here are some great choices for delicious Mexican food!

1. La Jaliscience, Defiance, Ohio. I like the dip sampler. The dips include bean dip, carne con queso, chorizo queso, guacamole. They have the best fruity drinks called Agua frescas. My favorites are the Pina (pineapple) and the Tropical (mango orange pineapple).
2. Azul Tequila, Napoleon. One of my favorite menu items is the Enchilada Bandera- the three sauces are made to look like the Mexican flag.
3. Te'kela, Perrysburg. They have amazing street tacos. I like the El pastor and the Korean BBQ. According to my Dad, they have the best margaritas in the area.
4. El Vaquero, Toledo, at the Docks. My favorite dish is the Shrimp Enchiladas filled with beans and topped with grilled shrimp and covered with cheese sauce.
5. Casa Vieja, Archbold. You must try the enchiladas suprema! It is a sampling of 4 different types of enchiladas – bean , chicken, cheese and beef.

I hope the list is helpful to you when planning your Cinco de Mayo dinner celebration.

Gracias for being my readers and friends. Till next time!

Ryan Moore





Kelly's Column

Caregivers are the unsung heroes whose selfless dedication and compassion have a profound impact on those in need. Their tireless efforts offer crucial support and comfort, often going unnoticed but greatly appreciated by those they assist. The impact of caregivers on the lives of others is immeasurable, making their presence an invaluable and cherished asset in our communities.

We extend our deepest gratitude and appreciation to all caregivers for their unwavering dedication and selfless service. Your compassion and tireless efforts make a world of difference in the lives of those you care for, and your impact does not go unnoticed. Thank you for all you do!

"Caregiving often calls us to lean into love we didn't know possible." - Tia Walker

Sincerely,

Kelly Aldrich



The HOPE Services Foundation shares in the Mission of the Henry County Board of Developmental Disabilities in that they are: Committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them. The

Board of trustees is comprised of a diverse group of caring community and business members who volunteer their time to make a difference in the lives of individuals with developmental disabilities.



Pictured is Lake who received assistance from the HOPE Foundation in purchasing a Wonderfold wagon.

WAYS TO GIVE

Your generosity helps us enrich the lives of people with developmental disabilities.

Any individual, family community group or business can give at any time. In addition to cash contributions, there are many ways to contribute.

One Time Gifts - Consider making a one-time gift to the Foundation.

Pledges - Provide ongoing support by making a quarterly or annual pledge.

Remembrance Gifts - Donations in memory of a loved one are a thoughtful way to honor their memory.

Planned Gifts - Include the HOPE Services Foundation in your estate plan, endowing future services for individuals with Developmental Disabilities in Henry County. Planned gifts can include making a bequest in your will, establishing a charitable remainder trust, transferring current interests, or donating a life insurance policy or retirement assets.

Let's get cooking

Cook Night sponsored by HARC Inc.

by using various toppings of their choice. This was a quick, easy and delicious meal! We added the new recipes to our cookbooks and discussed our thoughts about the recipes. If you are interested in joining the group sign up by contacting Randy Barnes at 419-591-6498 or 419-599-2892. Hope to see you next month!

This month we prepared pizza bobs, copycat Little Caesar's crazy bread, salads, and three ingredient sugar cookies. These recipes were prepared by Christina, Katelyna, Linda and Jacob. The group enjoyed creating their individual pizza bobs



Monthly Movie Quote from Jessica



"Look, I ain't in this for your revolution and I'm not in it for you, Princess, I expect to be well paid. I'm in it for the money."

~Hans Solo

We look forward to next month's quote.



Congratulations to those who are celebrating anniversaries and birthdays in May

Anniversaries:

Vincenzo Simon – 1 year at Sauder Village

Jacob Heath– 4 years at Walmart

Matt Hines– 6 years at Kroger

Cassandra Seesholtz- 7 years at HOPE Services

Stephanie Jones– 9 years at HOPE Services

Jody Farber– 9 years at HOPE Services

Chris Scarberry– 12 years at McDonald's

Bethany Mathers– 18 years at Chief

Theresa Myles– 22 years at HOPE Services

Birthdays:

Zach Meister

Stacy Jackson

Stephani Arnette

Joan Kerwin

Derrick Maassel

Kristin Willard

Matthew Wright

Amanda Grant

Tito Martinez

Jennifer Jenkins

Steve Burkholder

Cadince Ramirez

Britany Cole

Jordan Guerrette

Maysin Salinas

Shane Swartzlander

Bret Light

Molly Boylon

Lance VanZandt



VOICES of HOPE

SELF ADVOCACY GROUP

On April 23rd, the Tech Ambassadors wowed the advocacy group with real-life examples of how technology is transforming everyday life. The presenters shared insightful stories and perspectives, sparking a flurry of questions and discussions. Through their presentation, the Tech Ambassadors demonstrated the power and potential of technology to positively impact our lives and communities.



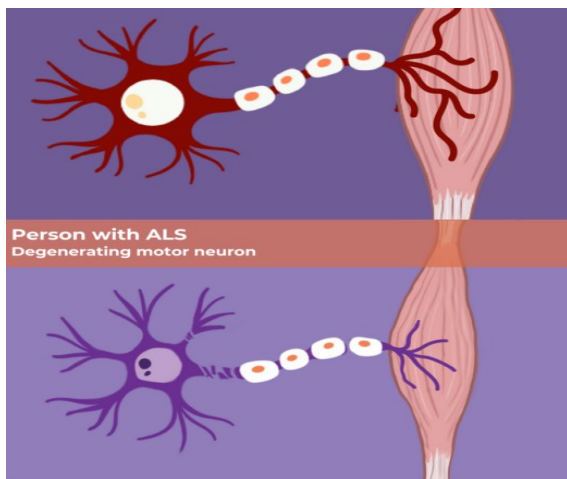
The Voices of HOPE will be having a meeting on May 31st. We will be having cosmetologists come in to talk about hair, nails and proper hygiene. We will also be shown how to do facials. It will be a night of fun. HOPE to see you there.



Shannon, Christina, LaNae, Melinda, and Tiffany recently attended a NW OSDA Meeting in Tiffin where they learned how to become Dementia Friends. The seminar featured informative presentations on how to effectively communicate with individuals who are living with dementia. After completing the seminar, each attendee was awarded a certificate recognizing them as a certified Dementia Friend. By becoming Dementia Friends, this group gained valuable knowledge and skills to better support those living with dementia in their community.

ALS

Amyotrophic Lateral Sclerosis is a progressive neurological disorder that damages nerve cells, causing disability. This condition is known as Lou Gerig's disease, after the New York Yankee's baseball player who was diagnosed with the disorder in the late 1930's. ALS damages motor neurons, the nerve cells that control voluntary movements, causing them to shrink and die. ALS is caused by the progressive dysfunction and death of nerves that send messages from the brain to the spinal cord and those that run through the spinal cord and connect to the muscles.



ALS runs in families because disease-associated mutations are passed from parents to their children.

-submitted by Stephanie Jones

Information taken from "Helping You Understand ALS The ALS Association"

ALWAYS DANCING PROJECT

Free Zoom Dance Classes for People with Developmental Disabilities

SATURDAYS

ALL TIME PST

9-9:30AM (Ages 3-6)

9:30-10AM (Ages 7-12)

10-10:30AM (Ages 13-17)

10:30-11AM (Ages 18+)

Zoom Info:
Click on icon



ALWAYS DANCING PROJECT

Clases de Baile con Zoom Gratis Para Gente con Discapacidades del Desarrollo

SÁBADOS

TODO EL TIEMPO PST

9-9:30AM (Edades 3-6)

9:30-10AM (Edades 7-12)

10-10:30AM (Edades 13-17)

10:30-11AM (Edades 18+)

Zoom:

Haga clic en el
icono



Any Questions?

Please email
alwaysdancingproject@gmail.com

WEBSITE:

<https://sites.google.com/view/alwaysdancingproject/home>



@alwaysdancingproject



@alwaysdancing6



¿Alguna pregunta?

Por favor envíe un correo
electrónico
alwaysdancingproject@gmail.com

EL SITIO WEB

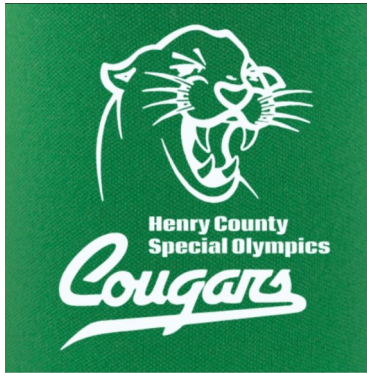
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April has been a month of concentrating on preparing our skills for the Northwest Ohio Regional competition in May. The volleyball teams played two games during the month. The modified team won against Fulton County and lost against Wood County, while the traditional team won against both counties. April also brings the start of bocce, outdoor track, and cycling.

At the end of March, our athletes had a momentous opportunity to compete in the 2024 Northwest Senior Classic in Hicksville, Ohio. With their exceptional skills, Vinnie Simon, Cody Steen, Lydia Knepper, Krysta Delgado, Anthony Delgado, and Tracy Rose had the honor to pair up with Fulton Special Olympics for this East vs. West challenge. With their outstanding performance, our East group emerged victorious that night against the western counties of our region, Defiance County, Williams County, and Paulding County Special Olympics. Tracy Rose's win in the Special Olympics 3-point contest was a testament

to our athletes' hard work and talent. Congratulations to our Cougars, a moment of celebration for all!

The spring session of Young Athletes is well underway. Every week, we meet at the Filling Home Gym on Saturdays from 10 to 11 a.m. In the spirit of inclusion, this program is open to all children ages 2 to 7. There is no cost to participate. Each session includes free play and exploration on our obstacle course, learning how to work together, and very early sports skills, and we finish each session with song and dance. If you would like to participate in this session or want more information for fall, be sure to contact us for more details.

Our esports team has been exploring Minecraft this month with weekly and monthly build challenges. They are also practicing more Rocket League gameplay. They will host their first tournament on May 12 with Wood County Special Olympics. We are always in need of equipment for this growing sport. Please contact us if you have any gaming laptops, newer Xbox or PlayStation systems, or even physical copies of games you could donate. I promise this set of gamers will put it to good use!

This month, we also took our first set of Special Olympics Ohio Athlete Leaders to their Introduction training. They spent the day learning about the Special Olympics organization, its structure, and how to be the best leaders. They explored what leadership looks like and how you can use this information on and off the court. This training is not sports-specific, so we look forward to the new heights that our leaders will reach with us, in their personal lives, and in our community. Currently, they are co-captains of our Relay for Life team. They are also working on getting a Pilates group up and running within our program. They just met for their first session. Great Job, Cougars! We cannot wait to see all your new ideas implemented.

Our bocce team traveled to Fulton County Special Olympics home to participate in a bocce match. We have several new members, and it was a great time refreshing our rules and learning new ones. Thank you to Fulton County for hosting us.

We have some big events coming up. Our Summer Games fundraiser begins on May 1. We will be selling raffle tickets to win either half a hog from Sattler Meats or \$300.00. Tickets are \$10.00 each or 3 for \$25.00. You can contact us to purchase tickets or contact any athlete to get set up. The drawing will be held June 1, 2024.

On June 8, you can visit Hawk's Pizza for lunch or dinner. That day, the restaurant's sales proceeds will be donated to Henry County Special Olympics.

Our Community Flag Football game will be held on Monday, September 9, starting at 5 p.m. If you would like to come out and play flag football with us, please contact us to sign up. We are excited to offer this opportunity to play unified with our State Championship flag football team. All monies raised at our event will benefit our athletes heading to State Flag football.

Our Golf Scramble will be held at Ironwood Golf Club in Wauseon on Sunday, September 15. The start is at 2 p.m., and registration opens at 1 p.m. Team signups and hole sponsorships are open. Please contact Renita if you have any questions or want to sign up.

We have so many people to thank for their support, including Henry County United Way, which makes an annual contribution to our program. We cannot do all that we do without your help. Henry County is simply the BEST!

Everyone have a wonderful and warm May!!

Coach Zach (419-260-2176) and Coach Renita (419-601-2372)



HENRY COUNTY SPECIAL OLYMPICS
PORK RAFFLE
 to raise funds for
2024 Summer State Games
Columbus, OH
 Drawing for a chance to win :

HALF A HOG FROM SATTLER FAMILY MEATS Or **\$300 CASH**



Tickets:

\$10.00 each or
 3/\$25.00

Can purchase tickets from athletes or contact the coaches.



Questions? Contact
 Zach 419-260-2176
 Renita 419-601-2372

Drawing Held
 Monday, June 3



HARC SUMMER CAMP CAMP PALMER

- Who: Adults 16 & up
- When: July 31-Aug. 3
- Cost: \$250 (scholarships available)
- Day Rate \$75
- Swimming
- Camp Fires, S'mores, singing
- Games
- Nature hikes
- Canoeing
- Animal Study
- Tall Tales
- Arts and Crafts

July 31-Aug. 3
 4 days/3 nights
 \$250 per person
 Day Rate \$75
 (Scholarships available)
 Camp Palmer
 Fayette, Ohio
 Sign up by calling:
 Randy at:
 419-591-6798

HELP! We need somebody!
 HELP! Not just anybody!
 HELP! We need you!

HARC Rec needs workers for helping with Recreation activities and camps.

Paid or volunteer.
 Contact Randy at:
 419-591-6798



Special Announcement!

2025 HARC Trip

Lancaster, PA

Sept./Oct. 2025

5 days/4 nights

Dates and Price to be released in the fall

HARC SUMMER CAMP CAMP PALMER

- Who: School Age (ages 6-15)
- When: Aug. 4-7
- Cost: \$250 (scholarships available)
- Come for just the day \$75
- Swimming
- Camp Fires, singing
- Nature Hikes
- Crafts
- Canoeing
- Animal Study
- Tall Tales
- Games

Aug. 4-7
 4 days/3 nights
 \$250 per person
 (Scholarships available)
 Camp Palmer
 Fayette, Ohio
 Sign up by calling:
 Randy at:
 419-591-6798



SPONSORED BY:
HARC, INC.
 Henry County Abilities
 Resource Council
 Find us On Facebook!!

Contact Us

www.henrydd.org

HOPE Services Office	419-599-2892
Special Olympics	419-260-2176
HARC Recreation	419-591-6798

Seeing Potential – Inspiring Opportunities



Our Mission

HOPE Services is committed to creatively working in partnership with eligible individuals and their families to discover, pursue and achieve what is important to them.

HOPE Services does not discriminate in provision of services or employment because of disability, race, color, creed, national origin, sex or age.

Napoleon, OH 43545

135 E. Maumee

